



# Tasters for FY1s and FY2s

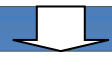
## How to arrange

**\*Other trainee grades may also benefit – so please enquire**

### TIMING

FY1s can take taster time during their final rotation (April – July) – up to 5 days are “borrowed” from FY2

FY2s can take taster time at any time in the year – but it is usually expected that it would be during the first and second rotations (August – March)



### SPECIALTY AND LOCATION

Decide on the specialty that you would like to take your taster in  
Please note STFS policy states that tasters will usually be taken in your employing Trust  
*(unless it is an area that we cannot provide\*)*

For FY2: EDGH [anitatodd@nhs.net](mailto:anitatodd@nhs.net) /Conquest [mina.wareham@nhs.net](mailto:mina.wareham@nhs.net)

For FY1: [luisatomasetti@nhs.net](mailto:luisatomasetti@nhs.net) to arrange to speak to a relevant specialty lead

*\*If you do take a taster in another Trust you will need to request an honorary contract from them. We also ask for a letter and schedule from the person approving the taster in the other Trust*



### DATES AND AGREEMENT

Agree dates with the taster specialty and agree time out of your department.

Complete a study leave form (FY2 only) found at

[www.esht.nhs.uk/medical-education/study-leave/](http://www.esht.nhs.uk/medical-education/study-leave/)

Complete an FY1 or FY2 Taster Application form via contacts as above



### TASTER REPORT IN EPORTFOLIO

Once the taster has taken place please ensure that you complete the “Taster Report Form” found in the in ePortfolio

Further information can be found at

<http://lonkssfoundation.hee.nhs.uk/horus>