

## FY1 Foundation Learning Programme

### Core Teaching

**9<sup>th</sup> August 2023 – 5<sup>th</sup> June 24**

Every Wednesday, 1.00 – 2.00 pm at the Education Centre, Conquest Hospital

*Please note that topics/dates/times are subject to change depending upon speakers clinical commitments*

<b>Key:</b>
<i>White background means - initial planning - but not yet requested</i>
<i>Blue background means - provisional- requested but not yet confirmed</i>
<i>Green background means confirmed</i>

Date	Topic	Speaker	Time	Room	Confirmation
02/08/23	No teaching this week/Rotation 1 Departmental Inductions				
09/08/23	Prescribing Support	Jane Starr (Medical Safety Officer/Pharmacy Department)/Iwona Ward	1-3.15 pm	Lecture Theatre	Yes
16/08/23	Exception Reporting	Dr Wiggins	2-2.30 pm	Lecture Theatre	Yes
Thurs 17/08/23	Safeguarding Webinar (My Learn e learning component also required)	Webinar	9.30-1.30 pm	Lecture Theatre	Yes
23/08/23	BMA Sponsored Lunch (Non-Core)	John Hayward	12.30-1 pm	Lecture Theatre	Yes
23/08/23	End of Life Care/Breaking Bad News Workshop/ Part One	Dr David Barclay	1-2.30 PM	Lecture Theatre	Yes
30/08/23	MDU Sponsored Lunch (Non-Core)	Tim Gurnee from MDU	12.30-1pm	Lecture Theatre	Yes
30/08/23	Antimicrobial Stewardship	Dr Diana Amoiridou (Consultant Microbiologist)	1-3 pm	Lecture Theatre	Yes
06/09/23	An Intro to Mental Health Act for Junior Doctors	Naomi Philpott and Jenny Winter (Sussex Partnership)	12.30-1.30 pm	Lecture Theatre	Yes
06/09/23	Clozapine, Mental Health Medicine Training	Sally-Ann Heasman Pharmacist -spt	1.30 – 2 pm	Lecture Theatre	

Date	Topic	Speaker	Time	Room	Confirmation
06/09/23	Holistic Half Hour (non-core)	Jolie Wilkinson	2-2.30 pm	Lecture Theatre	Yes
13/09/23	Clinical Coding	Carolyn Dowler	1-2 pm	Lecture Theatre	Yes
20/09/23	Opioid Prescribing - cancelled due to Drs strikes rearranged for 17/01/24	Jayne Winter's Team	1-2 pm	Lecture Theatre	Yes
27/09/23	Death Cert/Coroner	Karen Brown (Senior Coroners Officer)	12.30 – 1.30 pm	Lecture Theatre	Yes
27/09/23	The Referral Process	Moniba Waqar	1.30-2.30 pm	Lecture Theatre	Yes
04/10/23	Patient Flow cancelled due to Drs strikes - rearranged for 07/02/24	Elaine Ellis (Nurse Specialist)	1-2 pm	Room 5	Yes
11/10/23	End of Life Care/Breaking Bad News Workshop/ Part Two	Dr David Barclay	1-2.30 pm	Lecture Theatre	Yes
18/10/23	Junior Doctor Digital Network	Dr Marten Lau	12.30-1 pm	Lecture Theatre	Yes
18/10/23	Lessons Learnt	FY1 Lead - Dr Daniella Ratnarajah	1-2 pm	Lecture Theatre	Yes
25/10/23	Liver Failure & the Jaundiced Patient-	Dr Parweej Khan	1-2 pm	Lecture Theatre	Yes
25/10/23	PPE Training	Helen Tingley	2-2.30 pm	Lecture Theatre	Yes
01/11/23	The Emotional Burden Surrounding Discussions of Death and Dying	Graham Attfield	1-2 pm	Lecture Theatre	Yes
01/11/23	Holistic Half Hour (Non-Core)	Jolie Wilkinson	2-2.30 pm	Lecture Theatre	Yes
08/11/23	Dementia and Delirium	Dr Mucci	1-3 pm	Lecture Theatre	Yes
15/11/23	Clinical Nutrition	Sonja Olney & Elizabeth Howard	2-3 pm	Lecture Theatre	Yes

Date	Topic	Speaker	Time	Room	Confirmation
22/11/23	Acute Medicine	Dr Berliti	1-2 pm	Lecture Theatre	Yes
29/11/23	Focus/Feedback Session Combined FY1 and FY2	Jolie Wilkinson- confirmed, Dr Whitehead (poss)- requested Dr Rahmani TBC	1-2 pm	Lecture Theatre	
29/11/23	Insulin Training for FY1's	Erwin Castro (Diabetes Nurse Consultant)	2-2.30 pm	Lecture Theatre	Yes
06/12/23	No Teaching Rotation 2 Departmental Inductions-				
13/12/23	Parkinson's/movement disorders	Dr Mucci	1-2 pm	Lecture Theatre	Yes
13/12/23	Blood Transfusion Form for FY1 Doctors	Sally Richardson	2-2.30 pm	Lecture Theatre	Yes
13/12/23	Flu Vaccination Clinic	Occ Health Team	2.30-3.30 pm	Lecture theatre	Yes
20/12/23	No Teaching Christmas Break				
27/12/23	No Teaching Christmas Break				
03/01/24	Careers Workshop Cancelled due to Drs Strikes- rescheduled for 27 <sup>th</sup> March 24	Lisa Stone	1-2 pm	Lecture theatre	Yes
03/01/24	Holistic Half Hour (Non-Core) cancelled due to Drs Strikes-	Jolie Wilkinson	2-2.30 pm	Lecture theatre	Yes
10/01/24	Pain Management	Dr Jessica Spiteri	2-3 pm	Lecture Theatre	Yes
17/01/24	Opioid Prescribing	Jayne Winter- May have to reschedule due to sickness - waiting on conf from Jayne	1-2 pm	Lecture Theatre	Yes
24/01/24	Acute Chest Pain/Heart Failure	Dr McIntyre	1-2 pm	Lecture Theatre	Yes

31/01/24	Anxiety and Depression	Dr Akira Naito (face to face)-	1-2 pm	Lecture Theatre	Yes
31/01/24	Falls	Dr Win	2-3 pm	Le Theatr	Yes

07/02/24	Patient Flow	Elaine Ellis	1-2 pm	Lecture Theatre	Yes
07/02/24	Holistic Half Hour	Jolie Wilkinson	2-2.30 pm	Lecture Theatre	Yes
14/02/24	SALT	Vanessa Smith	1-2 pm	Lecture Theatre	Yes
14/02/24	Vessel Health Preservation for FY1 Doctors	Graham Howard	2-3 pm	Lecture Theatre	Yes
21/02/24	Total Parenteral Nutrition	Sonja Olney & Elizabeth Howard	2-3 pm	Teams - no classroom available	Yes
28/02/24	Frailty	Dr Win	1-2 pm	Lecture Theatre	Yes
06/03/24	Interventional cardiology	Dr Dickinson	1-2 pm	Lecture Theatre	Yes
06/03/24	Holistic Half Hour (Non-Core)	Jolie Wilkinson	2-2.30 pm	Lecture Theatre	Yes
13/03/24	Asthma and COPD and Oxygen Therapy	Dr Kankam	1-2 pm	Lecture Theatre	Yes
13/03/24	Non-Invasive Ventilation Training for FY1 Doctors	Sarah Ahmed (Respiratory Practice Educator)	2-3pm	Lecture Theatre	Yes
20/03/23	Intro to Radiology and X-Ray	Dr Kadir Hacikurt- face to face	1-2 pm	Lecture Theatre	Yes
27/03/24	Careers Workshop	Lisa Stone	1-2 pm	Lecture Theatre	Yes
27/03/24	Feedback session for FY1/FY2 (core)	Jolie Wilkinson (Conf), Dr Kankam (Conf) /Whitehead/Rahmani - requested	2-3 pm	Lecture Theatre	Yes
3/04/24	No Teaching Rotation 3 Departmental Inductions				
10/04/24	Stroke TIA	Dr Rahmani	1-2 pm	Lecture Theatre	Yes
10/04/24	Holistic Half Hour (Non-Core)	Jolie Wilkinson	2-2.30 pm	Lecture Theatre	Yes
16/04/24 Tues	Common Surgical Problems	Mr Basim Al-Robaie	2- 3 pm	Lecture Theatre	Yes
24/04/24	IBS	Dr Whitehead - requested	1-2 pm	Lecture Theatre	Yes

01/05/24	Basics of Emergency Health Preparedness	Luke Blackwell and Kevin Claxton- requested- I will contact at end of Jan to see if he can do it- don't contact until end of Jan	1-2 pm	Lecture Theatre	
01/05/24	(Alternative teaching) Eating Disorders	Dr Berglund & Dr Greg Baginski Consultant Psychiatrist (Recording) <a href="https://youtu.be/1HktQvGvHs">https://youtu.be/1HktQvGvHs</a> (click on browse you tube) connect on individual devices	1-2 pm	Online only	
08/05/24	Arrhythmia Management	Dr Dickinson	1-2 pm	Lecture Theatre	Yes
15/05/24	Experience of Life as an FY2	Dr Aimal Khan	1-2 pm	Lecture Theatre	Yes
15/05/24	Holistic Half Hour (Non-Core)	Jolie Wilkinson	2-2.30 pm	Lecture Theatre	Yes
22/05/24	F1 F2 QIP (Audit) Presentations	Dr Rahmani/Mina	1-3.30 pm	Lecture Theatre	Yes
29/05/24	Feedback Session FY1 and FY2 Combined (core)	Jolie Wilkinson (Conf), Dr Kankam (Conf)/Whitehead/Rahmani-requested	1-2 pm	Lecture Theatre	Yes
31/05/23	ARCP Deadline				

**Topics not covered:**

Introduction to Dermatology  
 Clinical leadership (joint FY1 and 2)  
 The Fitting/Unconscious Patient (from rotation 3)- try Mr Utham Shanker  
 Acid Base Fluid Balance  
 Common Fractures and early Management (rotation 1)- specialist registrar Dr Simi Kapoor or edgh Miss Scarlett McNally  
 Orthopaedic Emergency Dr Charlotte Willis Consultant  
 Ophthalmology emergencies Mr Saburan Pasu Consultant Opthamologist (year 2)  
 Pneumonia Dr Kankam  
 GI bleed not needed as Mina has haematological emergencies in year 2  
 Domestic Violence (Mina covers this in year 2 as links to her A and E rotations FY2 trainees)  
 Diabetic Foot/Foot Problems- Mika Dave (Podiatrist)  
 Acute Abdomen is covered in year 2 by Mina

## Psychiatry topics reserve list:

Mania  
 Psychosis  
 Personality Disorders - recording Dr Bekas- mina covers in year 2  
 Chronic Cognitive Impairment and there is no one to take: Somatisation Disorders including Functional Syndromes  
 An intro to Global health and its Applications to Everyday Practice within East Sussex by Dr Abia Noushad and Kaine Jackson - cancelled as out of the country

\*Discharge planning is now know as Patient Flow and is taught by Elaine Ellis