

Other Careers Events

Confident Career Transitions: Stepping into the consultant role

Tuesday 26th November 2024 09:30 - 13:00

<https://lasepgmdeevents.hee.nhs.uk/events/psu/9597771a-79da-4233-a8b2-00d91486c924>

The NHSE Careers Unit London & KSS team is running a 3.5-hour workshop aimed at senior medical registrars and dentists who are 12 months or less from taking up a consultant post. This workshop aims to support you at this significant transition point in your career.

You will have the opportunity to take part in both reflective and future-focused activities with the following aims:

- *To reflect on the common themes and challenges experienced by newly appointed consultants*
- *To identify core areas to enhance competence as a new consultant, such as effective communication, leadership, administration, mentorship and wellbeing*
- *To have the opportunity to appraise existing knowledge and skills against key requirements of the consultant role, and consider how gaps may be addressed during the first 100 days in post*
- *To have reflected on next steps and start to develop an action plan to enable a confident transition*

NEW SRTT Course - Taking Control of your Career Return with Confidence

Wednesday 27th November 2024 9.30-13.00

<https://lasepgmdeevents.hee.nhs.uk/events/psu/8600274a-1a53-4f48-8760-86667ec96078>

This half-day facilitated session focuses on building your career confidence and will provide practical steps that you can take to ease your transition back to clinical work. In this interactive workshop you will have an opportunity to share best practice and meet other clinicians virtually who are returning to clinical practice after a break.

By the end of the workshop you will have:

- *Experienced empowering and interactive techniques to build your self-belief and confidence*
- *Appreciated your strengths and new transferable skills*
- *Considered how transition points during your training could enhance your career and leadership potential*
- *Planned practical aspects of your return, integrating your work return and long-term objectives*
- *Identified resources available to you for your Supported Return To Training (SuppoRTT) and how to access them.*

NEW SRTT Course - Strategic Communication and Assertiveness

Friday 29th November 2024 14:00 – 17:00

<https://lasepgmdevents.hee.nhs.uk/events/psu/b43d4ece-f5e8-43f9-8421-9403acdd5a0e>

Effective communication is essential in clinical practice, particularly when facing challenging interactions with colleagues. In this workshop, we will adopt an explorative and strengths-based approach to help you understand and develop strategic communication skills. This will empower you to handle difficult situations assertively, enhancing your ability to manage conflicts without harming professional relationships.

Through interactive group discussion and breakout groups, we will share activities and practical tools focused on conflict resolution, negotiation, and influencing skills. By engaging collaboratively, you'll gain insights and techniques to enhance your capability with complex communications, ultimately contributing to a more positive and effective working environment in your clinical practice.

Learning Outcomes:

- *Communicate assertively in challenging situations without damaging professional relationships.*
- *Apply effective conflict management strategies when interacting with colleagues.*
- *Enhance negotiation and influencing skills to improve collaboration within hierarchical environments.*
- *Employ practical techniques to handle aggressive behaviours and navigate hierarchical challenges professionally.*