

## Patient Information

---

# Welcome to Cuckmere Ward

Cuckmere Ward looks after patients with general medical, gastrological and rheumatology problems. We hope you and your family find this information helpful. Further information can be obtained from information folders on the ward.

### Doctors

The Cuckmere ward has four consultants working within it:

Consultant	Ward round	Secretary contact No.
Dr A A Dunk	Monday and Thursday 8.30am	Secretary, ext: 3722/3748
Dr A Karunanyke	Monday, Wednesday and Friday 9.00am	Secretary, ext: 3720
Dr P G Mayhead	Wednesday and Friday 9.00am	Secretary, ext: 3722/3748
Dr D A Neal	Monday and Thursday 9.00am	Secretary, ext: 3722/3748

If you or your family would like an appointment with your consultant please contact their secretary.

Other consultants sometimes have patients on the ward.

Your medical team will consist of a consultant, registrar, senior house officer and house officer.

You will normally be seen by a member of the team Monday to Friday, however there is always a medical doctor on call for emergencies.

### Nurses and visiting times

Visiting times are from 2.30pm to 8.00pm. All nurses work 12½ hour shifts.

Patients have a 'rest' period between 1.00pm and 2.00pm. We hope that you appreciate that this period is an important part of your recovery and understand why visiting is restricted during this time.

For infection control purposes we ask that visitors use chairs from the day room. **Please do not sit on beds.**

### Sources of information

**Patient Advice and Liaison Service:** As a patient, relative or carer sometimes you may need to turn to someone for on-the-spot help, advice and support. This is where the Patient Advice and Liaison Service comes in. The service is confidential. Please see below for details.

### Important information

Please remember that this leaflet is intended as general information only. It is not definitive. We aim to make the information as up to date and accurate as possible, but please be warned that it is always subject to change. Please, therefore, always check specific advice on the procedure or any concerns you may have with your doctor.

## Patient Information

---

### Hand hygiene

In the interests of our patients the trust is committed to maintaining a clean, safe environment. Hand hygiene is a very important factor in controlling infection. Alcohol gel is widely available throughout our hospitals at the patient bedside for staff to use and also at the entrance of each clinical area for visitors to clean their hands before and after entering.

### Other formats

This information is available in alternative formats such as large print or electronically on request. Interpreters can also be booked. Please contact the Patient Advice and Liaison Service (PALS) offices, found in the main reception areas:

### Conquest Hospital

Email: [palsh@esht.nhs.uk](mailto:palsh@esht.nhs.uk) - Telephone: **01424 758090**

### Eastbourne District General Hospital

Email: [palse@esht.nhs.uk](mailto:palse@esht.nhs.uk) - Telephone: **01323 435886**

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

---

---

---

---

### Reference

The following clinicians have been consulted and agreed this patient information:  
Sister Carole Heather / Senior Sister Jayne Foy

Date agreed: June 2010  
Review date: June 2012  
Responsible clinicians: Sister Carole Heather / Senior Sister Jayne Foy