

Patient Information

Antihypertensive treatments for Stroke patients

These drugs can be used separately or in combination. They reduce blood pressure, which reduces the risk of further stroke events. Some drugs are preferred in certain situations and the doctor will decide which drug is the most appropriate

Perindopril (Coversyl)

Perindopril is an effective antihypertensive (treatment for hypertension) and is generally well tolerated. Perindopril is effective in preventing TIA and strokes.

How much will I take?

The initial dose will be between 2mg and 4mg. A maintenance dose is 4mg to 8mg.

What are the potential risks and side effects?

It can initially cause a profound drop in blood pressure, persistent dry cough or rash. Other less common side effects include dizziness, fatigue, malaise and taste disturbances.

How will I feel after I start taking the drug?

You should not feel any different, however if you start to suffer any of the side effects noted above then you should contact your GP.

Sources of information

Stroke Association

Helpline: 0845 30 33 100

www.stroke.org.uk

Your GP**NHS Direct**

Telephone 0845 4647

www.nhsdirect.uk

Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments please contact our Patient Advice and Liaison Service (PALS) – details below.

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

This information is available in alternative formats such as large print or electronically on request. Interpreters can also be booked. Please contact the Patient Advice and Liaison Service (PALS) offices, found in the main reception areas:

Patient Information

Conquest Hospital

Email: **palsh@esht.nhs.uk** - Telephone: **01424 758090**

Eastbourne District General Hospital

Email: **palse@esht.nhs.uk** - Telephone: **01323 435886**

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:
Dr MJH Rahmani, Consultant Lead in Stroke at Conquest Hospital, Hastings
Dr LCA Conrad, Consultant Lead in Stroke at Eastbourne District General Hospital
Jane Gallagher, Stroke Specialist Nurse (Information Originator)

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