An introduction to the multidisciplinary team for Urological Cancers

Introduction
This leaflet introduces the multidisciplinary team (MDT) for urological cancers. The urological cancer team work at both Conquest Hospital and Eastbourne DGH. The team also works closely with the Sussex Cancer Centre in Brighton and the Kent Cancer Centre in Maidstone.

Urological cancers include cancers of the kidney, bladder, prostate and testicle.

Who is in the multidisciplinary team?
The multidisciplinary team consists of doctors, nurses and other healthcare professionals who all have specialist training and experience in the diagnosis, care and treatment of urological cancers. Listed below are some of the people in the team caring for you. Contact telephone numbers are listed on pages 3 and 4.

Consultant surgeons
All perform general urological surgery, but some have a specialist interest in major surgery for a particular cancer site.

Mr S Ahmed  Specialist interest laparoscopic (keyhole) kidney cancer surgery
Mr S Garnett  Specialist interest laparoscopic and robotic (keyhole) prostate and kidney cancer surgery, and open kidney cancer surgery. Lead consultant for Multidisciplinary Team
Mr F Kapasi  Specialist interest in diagnosis of urological cancers. Holds rapid access clinics
Mr J Moore  General and reconstructive urology
Mr R Plail  Specialist interest bladder and prostate cancer surgery.
Mr P Rimington  Specialist interest major laparoscopic and robotic (keyhole), bladder cancer and prostate surgery.
Mr G Watson  Specialist interest in laser treatment to bladder and kidney cancers.

Consultant oncologists - give radiotherapy/chemotherapy
Dr S Beesley  Based at Kent Cancer Centre Maidstone
Dr A Clarke  Based at Kent Cancer Centre Maidstone
Dr D Gilbert  Based at Sussex Cancer Centre Brighton - holds clinics at Eastbourne DGH
Dr C Manetta  Based at Sussex Cancer Centre Brighton - holds clinics at Eastbourne DGH
Dr F McKinna  Based at Sussex Cancer Centre Brighton - holds clinics at Conquest Hospital

Urological Cancer Nurse Specialists
Sally Sawyer  Based at Eastbourne DGH
Jo Gainsford  Based at Eastbourne DGH
Kelly Murrey  Based at Eastbourne DGH
Tessa Rodgers  Based at Eastbourne DGH
Nicola Jebbett  Based at Eastbourne DGH
Oncology Nurse Specialists
Rose Errington  Based at Eastbourne DGH and Conquest Hospital
Russell Langley  Based at Eastbourne DGH
Claire Nunn  Based at Conquest Hospital

Consultant radiologists - review scans and x-rays
Dr N Barwell  Based at Eastbourne DGH

Consultant histopathologists - review tissue samples
Dr M Jones  Based at Eastbourne DGH
Dr K Ramesar  Based at Eastbourne DGH

How does the multidisciplinary team work?
The team works closely together to plan and deliver the most effective treatment and care for each individual patient. This is done in consultation with the patient and his or her family and occurs at each stage of care.

The multidisciplinary team meets weekly to review scans, x-rays and tissue samples. Every patient newly diagnosed with a urological cancer is discussed, and an individualised plan of treatment and care formulated. This plan is then discussed with the patient and family.

Hospital treatment and investigations
Investigations are usually performed in the hospital closest to your home. Depending on your tumour type and location you may receive one, or a combination of treatments. These can include surgery, radiotherapy (strong x-rays), chemotherapy (drug treatment) or a treatment/procedure that will help with symptoms.

All urological cancer surgery is carried out in Eastbourne DGH.

If you need radiotherapy and live in the Eastbourne area, your treatment will usually be given in the Sussex Cancer Centre at the Royal Sussex County Hospital in Brighton.

If you live in the Hastings area and radiotherapy is required, your treatment will usually be given in the Kent Cancer Centre in Maidstone Hospital.

Very occasionally, a patient may require referral to a London hospital for a highly specialised treatment. If this is the case the team looking after you will discuss this with you.

The role of your Urological Cancer Nurse Specialist - also called your 'Key Worker'
Your Nurse Specialist is also known as your Key Worker because she takes a key role in coordinating your care with different members of the multidisciplinary team and ensures you have the advice and support you require. You will meet her around the time of diagnosis.

1. To give information and support
People can experience a wide range of emotions when the possibility of having cancer is mentioned and it can be devastating when the diagnosis is confirmed. It can be a frightening and unsettling time for patients and their families. Whatever you are feeling at present, it may help to talk with someone. Your Nurse Specialist is available to talk to you
about your feelings, and to answer any questions you may have about your diagnosis or the proposed treatment.

2. **To act as a link between different members of the MDT**
   There will be a number of people involved in your treatment and care and your Nurse Specialist can act as a link between them. She can explain their different roles and speak to them on your behalf if you wish. Your Nurse Specialist can also put you in touch with services that may be useful for you when you are at home. There are also a number of support organisations that you may like to know about.

3. **To provide support for your family if required**
   Your Nurse Specialist can provide support to you, your partner and your family. The people who love and care for you may need support with their own feelings about your illness or information as to how they can best support you. Encourage them to read this leaflet.

   Your Nurse Specialist can make an appointment to see you if you wish or speak to you on the telephone. Contact details for the Nurse Specialist in both hospitals are detailed below.

**Clinical trials**

These are research studies which compare new or different treatments with existing treatments. If you are asked to join a clinical trial you are free to choose whether or not you take part. To help you to decide we will provide you with information on all other possible treatments including the benefits and disadvantages.

We hope these details are of help to you. If you have any worries or queries do not hesitate to contact your Nurse Specialist.

**Sources of information**

**NHS Choices Website**

www.nhs.uk

This is a good source of information regarding diagnosis, treatment, and general advice eg. travel advice

**Support Groups – Many offer complementary therapies and counselling**

**Facing Cancer Together** – Heathfield
Women with any cancer or women supporting someone with cancer
Email: facingcancertogetherheathfield@gmail.com
Tel: 07413 311382
Website: www.facingcancertogetherheathfield.org.uk

**Friends Thru Cancer** – St Leonards
Drop in Centre
1st Tues – 10.30am-12.30pm
3rd Tues – 18.30pm- 20.30pm
Tel: 01424 423687 (Anytime)
Email: friendsthrcancer@sky.com

**The Pickering Cancer Drop-In Centre**

Tunbridge Wells
Tel: 01892 511880
Website: http://pickeringcancercentre.org.uk/

**Sara Lee Trust**
St Michaels Hospice
Tel: 01424 445608 (Mon-Fri 09.00-16.00)
Email: saraleecentre@stmichaelshospice.com
Website: www.saraleetrust.org

**The Survivors Club**
Eastbourne
Tel: 07590 695521 (During office hours)
Email: sue@tit4tats.com

**You Me and Cancer Makes Three**
Peacehaven
Tel: 01273 587315
Email: audrey242@sky.com
Benefits Advice
Local Benefits Advice – East Sussex Macmillan Welfare Benefits Advice Service
Tel: 01323 635989
National Benefits Advice - Macmillan Cancer Support
Tel: 0808 808 2000
Website: www.macmillan.org.uk   Email: macmillan@moneyadviceplus.com

Eastbourne District General Hospital
Sally Sawyer, Tessa Rodgers, Jo Gainsford, Kelly Murrey, Nicola Jebbett, Urology Nurse Specialists - Tel: (01323) 438246 (answer phone) or (01323) 417400 ask for bleep 8246 (more urgent calls)
Rose Errington, Oncology Nurse Specialist - Tel: Mob: 07833046896 or (01323) 417400 ask for bleep 0669
Russell Langley, Oncology Nurse Specialist - Tel: Mob: 07833046869
Claire Nunn, Oncology Nurse Specialist - Tel: Mob: 07833047087

Consultant secretaries
Mr Ahmed     (01424) 755255 Ext 8468 (C)     Dr Manetta     (01323) 435813 (direct line)
            (01323) 417400 Ext 3008 (E)     Dr McKinna      (01424) 755255 Ext 8391
Dr Beesley   (01622) 225026 (direct)     Mr Moore       (01323) 438296 (direct line)
Dr Clarke     (01622) 227035 (direct)     Mr Plail        (01424) 755255 Ext 8468
Mr Garnett   (01424) 755255 Ext 8344 (C)     Mr Rimington    (01323) 413700 (direct)
            (01323) 413701 (direct) (E)     Mr Watson       (01323) 413703 (direct)
Dr Gilbert     (01424) 435813 (direct)
Mr Kapasi     (01424) 755255 Ext 8344

Important information
The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments
We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: (01323) 417400 Ext: 5860 or by email at:  esh-tr.patientexperience@nhs.net

Hand hygiene
The Trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats
If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 01424 755255 Ext: 2620
After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

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Reference

The following clinicians have been consulted and agreed this patient information:
Consultant Urologists: Mr S Garnett, Mr R O Plail, Mr P Rimington
Miss Alison Gidlow, Urology Nurse Specialist,

Next review by:          October 2021
Responsible clinician:  Miss Alison Gidlow, Urology Nurse Specialist

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