An Introduction to the Multidisciplinary Team for Urological Cancers

Introduction
This leaflet introduces the multidisciplinary team (MDT) for urological cancers. The urological cancer team works at Eastbourne DGH. The team also works closely with the Sussex Cancer Centre in Brighton and the Kent Cancer Centre in Maidstone.

Urological cancers include cancers of the Prostate, Bladder, Kidney, Penis and Testicle.

Who is in the Multidisciplinary team?
The multidisciplinary team consists of doctors, nurses and other healthcare professionals who all have specialist training and experience in the diagnosis, care and treatment of urological cancers. Listed below are some of the people in the team caring for you.

Consultant Surgeons
All perform general urological surgery, but some have a specialist interest in major surgery for a particular cancer site.

Mr P Rimington  Specialist interest major laparoscopic and robotic (keyhole), bladder cancer and prostate surgery
Mr S Ahmed  Specialist interest laparoscopic (keyhole) kidney cancer surgery
Mr S Garnett  Specialist interest laparoscopic and robotic (keyhole) prostate and kidney cancer surgery, and open kidney cancer surgery. Lead consultant for Multidisciplinary Team
Mr F Kapasi  Specialist interest in diagnosis of urological cancers. Holds rapid access clinics
Mr J Moore  General and reconstructive urology
Mr R Plail  Specialist interest bladder and prostate cancer surgery
Mr G Watson  Specialist interest in laser treatment to bladder and kidney cancers

Consultant Oncologists - give radiotherapy/chemotherapy
Dr S Beesley  Based at Kent Cancer Centre Maidstone
Dr A Clarke  Based at Kent Cancer Centre Maidstone
Dr S Zuber  Based at Sussex Cancer Centre Brighton - holds clinics at Eastbourne DGH
Dr C Manetta  Based at Sussex Cancer Centre Brighton - holds clinics at Eastbourne DGH and Conquest Hospital
Dr A Soultati  Based at Sussex Cancer Centre Brighton - holds clinics at Eastbourne DGH and Conquest Hospital
Dr F McKinna  Based at Sussex Cancer Centre Brighton - holds clinics at Conquest Hospital

Uro-Oncology Clinical Nurse Specialists
Sally Sawyer  Lead Uro-Oncology Clinical Nurse Specialist
Kelly Murrey  Senior Uro-Oncology Clinical Nurse Specialist
Portia Durnford  Uro-Oncology Clinical Nurse Specialist
Tansy Frew  Uro-Oncology Clinical Nurse Specialist
Nicola Jebbett  Uro-Oncology Clinical Nurse Specialist
Oncology Nurse Specialists
Gemma Ingram-Adams  Oncology Clinical Nurse Specialist
Andy Yardy  Oncology Clinical Nurse Specialist
Russell Langley  Acute Oncology Clinical Nurse Specialist, Eastbourne
Caroline Heasman  Acute Oncology Clinical Nurse Specialist, Conquest Hospital

Consultant Radiologists - review scans and x-rays
Dr N Barwell  Interventional Radiologist
Dr T Raudsepp  Radiologist

Consultant Histopathologists - review tissue samples
Dr K Ramesar  Based at Eastbourne DGH

How does the multidisciplinary team work?
The team works closely together to plan and deliver the most effective treatment and care for each individual patient. This is done in consultation with the patient and his or her family and occurs at each stage of care.

The multidisciplinary team meets weekly to review scans, x-rays and tissue samples. Every patient newly diagnosed with a urological cancer is discussed, and an individualised plan of treatment and care formulated. This plan is then discussed with the patient and family.

Hospital Treatment and Investigations
Investigations are usually performed in the hospital closest to your home. Depending on your tumour type and location you may receive one, or a combination of treatments. These can include surgery, radiotherapy (strong x-rays), chemotherapy (drug treatment) or a treatment/procedure that will help with symptoms.

All urological cancer surgery is carried out in Eastbourne DGH. Radiotherapy will be given at the radiotherapy centre at Eastbourne DGH.

Very occasionally, a patient may require referral to a London hospital for a highly specialised treatment. If this is the case the team looking after you will discuss this with you.

The Role of your Uro-Oncology Clinical Nurse Specialist - also called your 'Key Worker'
Your Clinical Nurse Specialist is also known as your Key Worker and takes a key role in coordinating your care with different members of the multidisciplinary team, ensuring you have the advice and support you require. You will meet your Clinical Nurse Specialist around the time of diagnosis.

1. To give information and support
People can experience a wide range of emotions when the possibility of having cancer is mentioned and it can be devastating when the diagnosis is confirmed. It can be a frightening and unsettling time for patients and their families. Whatever you are feeling at present, it may help to talk with someone. Your Clinical Nurse Specialist is available to talk to you about your feelings, and to answer any questions you may have about your diagnosis or the proposed treatment.
2. **To act as a link between different members of the MDT**

   There will be a number of people involved in your treatment and care and your Clinical Nurse Specialist can act as a link between them. They can explain their different roles and speak to them on your behalf if you wish. Your Clinical Nurse Specialist can also put you in touch with services that may be useful for you when you are at home. There are also a number of support organisations that you may like to know about.

3. **To provide support for your family if required**

   Your Clinical Nurse Specialist can provide support to you, your partner and your family. The people who love and care for you may need support with their own feelings about your illness or information as to how they can best support you. Encourage them to read this leaflet.

   Your Clinical Nurse Specialist can make an appointment to see you if you wish or speak to you on the telephone. Contact details for the Clinical Nurse Specialists are detailed below.

**Clinical Trials**

These are research studies which compare new or different treatments with existing treatments. If you are asked to join a clinical trial you are free to choose whether or not you take part. To help you to decide we will provide you with information on all other possible treatments including the benefits and disadvantages. If you choose not to take part, this will not adversely affect your treatment.

We hope these details are of help to you. If you have any worries or queries do not hesitate to contact your Clinical Nurse Specialist.

**Sources of Information**

NHS Website  
www.nhs.uk  
This is a good source of information regarding diagnosis, treatment, and general advice eg. travel advice

**Support Groups**

PCaSO Eastbourne  
www.pcasoeastbourne.org.uk

PCaSO Bexhill  
www.pcasoprostatecancersouth.org/pcaso-bexhill-group

Sara Lee Trust  
www.saraleetrust.org - 01424 445608

**Benefits Advice**

East Sussex Macmillan Welfare Benefits Advice Service  
01323 635989

Macmillan Cancer Support  
www.macmillan.org.uk  
0808 808 2000

**Clinical Nurse Specialists**

Sally Sawyer  
Lead Uro-Oncology Clinical Nurse Specialist  
0300 131 4500 Ext: 770653

Kelly Murrey  
Senior Uro-Oncology Clinical Nurse Specialist  
0300 131 4500 Ext: 770658

Portia Durnford  
Uro-Oncology Clinical Nurse Specialist  
0300 131 4500 Ext: 770664

Tansy Frew  
Uro-Oncology Clinical Nurse Specialist  
0300 131 4500 Ext: 770655

Nicola Jebbett  
Uro-Oncology Clinical Nurse Specialist  
0300 131 4500 Ext: 770656

If you are unable to reach your CNS on the above number and your call is urgent, please dial 0300 13 14 500 and ask for bleep 8246

Gemma Ingram-Adams  
Oncology Clinical Nurse Specialist  
0300 131 4500 Ext: 4723
Important information
The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments
We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene
The Trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats
If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4500 Email: esh-tr.AccessibleInformation@nhs.net

Reference
The following clinicians have been consulted and agreed this patient information:
Consultant Urologists  Mr S Garnett and Mr P Rimington
Lead Uro-Oncology Clinical Nurse Specialist Sally Sawyer

Next review by:    July 2022
Responsible Clinician:  Sally Sawyer, Lead Uro-Oncology Clinical Nurse Specialist

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