

## An Introduction to the Multidisciplinary Team for Urological Cancers

### Introduction

This leaflet introduces the multidisciplinary team (MDT) for urological cancers. The urological cancer team works at Eastbourne DGH. The team also works closely with the Sussex Cancer Centre in Brighton and the Kent Cancer Centre in Maidstone.

Urological cancers include cancers of the Prostate, Bladder, Kidney, Penis and Testicle.

### Who is in the Multidisciplinary team?

The multidisciplinary team consists of doctors, nurses and other healthcare professionals who all have specialist training and experience in the diagnosis, care and treatment of urological cancers. Listed below are some of the people in the team caring for you.

### Consultant Surgeons

All perform general urological surgery, but some have a specialist interest in major surgery for a particular cancer site.

<b>Mr P Rimington</b>	Specialist interest major laparoscopic and robotic (keyhole), bladder cancer and prostate surgery
<b>Mr S Ahmed</b>	Specialist interest laparoscopic (keyhole) kidney cancer surgery
<b>Mr S Garnett</b>	Specialist interest laparoscopic and robotic (keyhole) prostate and kidney cancer surgery, and open kidney cancer surgery. Lead consultant for Multidisciplinary Team
<b>Mr F Kapasi</b>	Specialist interest in diagnosis of urological cancers. Holds rapid access clinics
<b>Mr J Moore</b>	General and reconstructive urology
<b>Mr R Plail</b>	Specialist interest bladder and prostate cancer surgery
<b>Mr G Watson</b>	Specialist interest in laser treatment to bladder and kidney cancers

### Consultant Oncologists - give radiotherapy/chemotherapy

<b>Dr S Beesley</b>	Based at Kent Cancer Centre Maidstone
<b>Dr A Clarke</b>	Based at Kent Cancer Centre Maidstone
<b>Dr S Zuber</b>	Based at Sussex Cancer Centre Brighton - holds clinics at Eastbourne DGH
<b>Dr C Manetta</b>	Based at Sussex Cancer Centre Brighton - holds clinics at Eastbourne DGH
<b>Dr A Soultati</b>	Based at Sussex Cancer Centre Brighton - holds clinics at Eastbourne DGH and Conquest Hospital
<b>Dr F McKinna</b>	Based at Sussex Cancer Centre Brighton - holds clinics at Conquest Hospital

### Uro-Oncology Clinical Nurse Specialists

<b>Sally Sawyer</b>	Lead Uro-Oncology Clinical Nurse Specialist
<b>Kelly Murrey</b>	Senior Uro-Oncology Clinical Nurse Specialist
<b>Portia Durnford</b>	Uro-Oncology Clinical Nurse Specialist
<b>Tansy Frew</b>	Uro-Oncology Clinical Nurse Specialist
<b>Nicola Jebbett</b>	Uro-Oncology Clinical Nurse Specialist

## Oncology Nurse Specialists

<b>Gemma Ingram-Adams</b>	Oncology Clinical Nurse Specialist
<b>Andy Yardy</b>	Oncology Clinical Nurse Specialist
<b>Russell Langley</b>	Acute Oncology Clinical Nurse Specialist, Eastbourne
<b>Caroline Heasman</b>	Acute Oncology Clinical Nurse Specialist, Conquest Hospital

## Consultant Radiologists - review scans and x-rays

<b>Dr N Barwell</b>	Interventional Radiologist
<b>Dr T Raudsepp</b>	Radiologist

## Consultant Histopathologists - review tissue samples

<b>Dr K Ramesar</b>	Based at Eastbourne DGH
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## How does the multidisciplinary team work?

The team works closely together to plan and deliver the most effective treatment and care for each individual patient. This is done in consultation with the patient and his or her family and occurs at each stage of care.

The multidisciplinary team meets weekly to review scans, x-rays and tissue samples. Every patient newly diagnosed with a urological cancer is discussed, and an individualised plan of treatment and care formulated. This plan is then discussed with the patient and family.

## Hospital Treatment and Investigations

Investigations are usually performed in the hospital closest to your home. Depending on your tumour type and location you may receive one, or a combination of treatments. These can include surgery, radiotherapy (strong x-rays), chemotherapy (drug treatment) or a treatment/procedure that will help with symptoms.

All urological cancer surgery is carried out in Eastbourne DGH. Radiotherapy will be given at the radiotherapy centre at Eastbourne DGH.

Very occasionally, a patient may require referral to a London hospital for a highly specialised treatment. If this is the case the team looking after you will discuss this with you.

## The Role of your Uro-Oncology Clinical Nurse Specialist - also called your 'Key Worker'

Your Clinical Nurse Specialist is also known as your Key Worker and takes a key role in co-ordinating your care with different members of the multidisciplinary team, ensuring you have the advice and support you require. You will meet your Clinical Nurse Specialist around the time of diagnosis.

### 1. To give information and support

People can experience a wide range of emotions when the possibility of having cancer is mentioned and it can be devastating when the diagnosis is confirmed. It can be a frightening and unsettling time for patients and their families. Whatever you are feeling at present, it may help to talk with someone. Your Clinical Nurse Specialist is available to talk to you about your feelings, and to answer any questions you may have about your diagnosis or the proposed treatment.

## 2. To act as a link between different members of the MDT

There will be a number of people involved in your treatment and care and your Clinical Nurse Specialist can act as a link between them. They can explain their different roles and speak to them on your behalf if you wish. Your Clinical Nurse Specialist can also put you in touch with services that may be useful for you when you are at home. There are also a number of support organisations that you may like to know about.

## 3. To provide support for your family if required

Your Clinical Nurse Specialist can provide support to you, your partner and your family. The people who love and care for you may need support with their own feelings about your illness or information as to how they can best support you. Encourage them to read this leaflet.

Your Clinical Nurse Specialist can make an appointment to see you if you wish or speak to you on the telephone. Contact details for the Clinical Nurse Specialists are detailed below.

## Clinical Trials

These are research studies which compare new or different treatments with existing treatments. If you are asked to join a clinical trial you are free to choose whether or not you take part. To help you to decide we will provide you with information on all other possible treatments including the benefits and disadvantages. If you choose not to take part, this will not adversely affect your treatment.

We hope these details are of help to you. If you have any worries or queries do not hesitate to contact your Clinical Nurse Specialist.

## Sources of Information

NHS Website [www.nhs.uk](http://www.nhs.uk)

This is a good source of information regarding diagnosis, treatment, and general advice eg. travel advice

## Support Groups

**PCaSO Eastbourne** [www.pcasoeastbourne.org.uk](http://www.pcasoeastbourne.org.uk)

**PCaSO Bexhill** [www.pcasoprostatacancersouth.org/pcaso-bexhill-group](http://www.pcasoprostatacancersouth.org/pcaso-bexhill-group)

**Sara Lee Trust** [www.saraleetrust.org](http://www.saraleetrust.org) - 01424 445608

## Benefits Advice

East Sussex Macmillan Welfare Benefits Advice Service 01323 635989  
Macmillan Cancer Support [www.macmillan.org.uk](http://www.macmillan.org.uk) 0808 808 2000

## Clinical Nurse Specialists

Sally Sawyer	Lead Uro-Oncology Clinical Nurse Specialist	0300 131 4500 Ext: 770653
Kelly Murrey	Senior Uro-Oncology Clinical Nurse Specialist	0300 131 4500 Ext: 770658
Portia Durnford	Uro-Oncology Clinical Nurse Specialist	0300 131 4500 Ext: 770664
Tansy Frew	Uro-Oncology Clinical Nurse Specialist	0300 131 4500 Ext: 770655
Nicola Jebbett	Uro-Oncology Clinical Nurse Specialist	0300 131 4500 Ext: 770656

If you are unable to reach your CNS on the above number and your call is urgent, please dial 0300 13 14 500 and ask for bleep 8246

Gemma Ingram-Adams Oncology Clinical Nurse Specialist 0300 131 4500 Ext: 4723

Andy Yardy	Oncology Clinical Nurse Specialist	07970 635735
Russell Langley	Acute Oncology Nurse Specialist, Eastbourne	07833 046869
Caroline Heasman	Acute Oncology Nurse Specialist, Conquest	07833 047087

### Consultant Secretaries

Oncology Secretaries, Eastbourne	01323 435813
Oncology Secretaries, Conquest	0300 131 4500 Ext: 8391
Dr Beesley	01622 225026
Dr Clarke	01622 227035
Mr Ahmed, Eastbourne	0300 131 4500 Ext: 3008
Mr Ahmed, Conquest	0300 131 4500 Ext: 8468
Mr Garnett, Conquest	0300 131 4500 Ext: 3703
Mr Garnett, Eastbourne	0300 131 4500 Ext: 8344
Mr Kapasi	0300 131 4500 Ext: 8344
Mr Moore	01323 438296
Mr Plail	0300 131 4500 Ext: 8468
Mr Rimington	01323 413700/01323 413701

### Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

### Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 or by email at: [esh-tr.patientexperience@nhs.net](mailto:esh-tr.patientexperience@nhs.net)

### Hand hygiene

The Trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

### Other formats

**If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.**

**Tel: 0300 131 4500 Email: [esh-tr.AccessibleInformation@nhs.net](mailto:esh-tr.AccessibleInformation@nhs.net)**

### Reference

The following clinicians have been consulted and agreed this patient information:  
 Consultant Urologists Mr S Garnett and Mr P Rimington  
 Lead Uro-Oncology Clinical Nurse Specialist Sally Sawyer

Next review by: July 2022  
 Responsible Clinician: Sally Sawyer, Lead Uro-Oncology Clinical Nurse Specialist