

## Information for patients living with haematological malignancies

### Introduction

We would like to introduce you to the multidisciplinary team for Haematology in East Sussex Healthcare NHS Trust. We are a specialist cancer unit, who work closely with Kings College Hospital in London.

### Who is the Multidisciplinary Team (MDT)?

The team consists of Haematologists and their team, Radiologists, Histopathologists, Clinical Oncologists, Specialist Nurses and other Health care professionals who all have specialist training and experience in the diagnosis, care and treatment of haematological cancers.

### How do we work?

The multidisciplinary team meets weekly to discuss individual patient treatment and care. We work closely together to plan and deliver the most effective treatment and care for each individual patient. This is done in consultation with the patient and their family and occurs at each stage of care. If there is anything about your care and treatment that you do not understand please don't be afraid to ask. We are all here to help. Decisions from the meeting are discussed with the patients by the Consultant and the Clinical Nurse Specialist (CNS).

### Research

You may receive information on available research for clinical trials, which you could be involved with. Entry into trials is voluntary and a decision not to enter a trial will not prejudice your clinical care. The trial nurses will be available to discuss these treatment options with you.

### Your care and treatment

We will respect your privacy and dignity. We will be sensitive to and respect your religious, spiritual and cultural needs at all times.

### Someone to talk to

The diagnosis and subsequent treatment of a haematological cancer often has a major emotional effect on people. The Clinical Nurse Specialist (CNS) will support you from your diagnosis until you are discharged back to the care of your GP. The CNS and our support workers (CSWs) will provide supportive care and advice and information about your particular type of cancer. You will be provided with their contact details, if you, or your family, need any further advice or support or have any questions or queries.

### Where will my treatment be given?

Our two district general hospitals, Conquest hospital and Eastbourne DGH each have a nurse-led systemic anti-cancer treatment day unit where daycase treatments are administered.

In-patient treatments are given on Pevensey Ward at Eastbourne DGH.

## Members of the multidisciplinary team

### Consultant Haematologists

Dr Joel Newman, East Sussex Healthcare NHS Trust  
Dr Richard Grace, East Sussex Healthcare NHS Trust  
Dr Anna Cowley, East Sussex Healthcare NHS Trust  
Dr Abier Elzein, East Sussex Healthcare NHS Trust  
Dr John Jones, East Sussex Healthcare NHS Trust  
Dr Nigel Sargent, East Sussex Healthcare NHS Trust

### Clinical Oncologist

Dr Simon Page, University of Hospitals Sussex NHS Trust

### Histopathologist

Dr Keith Ramesar, East Sussex Healthcare NHS Trust

### Radiologists

Dr Gill Watson, East Sussex Healthcare NHS Trust  
Dr Vasileios Melissapoulos, East Sussex Healthcare NHS Trust  
Dr Jane Topple, East Sussex Healthcare NHS Trust  
Dr Amarah Kiani, East Sussex Healthcare NHS Trust

### Clinical Nurse Specialists

Tel: 03001315826

Maggie Saddleton, East Sussex Healthcare NHS Trust  
Theresa Street, East Sussex Healthcare NHS Trust  
Clare Evans, East Sussex Healthcare NHS Trust  
Lorraine Burt, East Sussex Healthcare NHS Trust

### Cancer Support Workers

Anita Langley, East Sussex Healthcare NHS Trust  
Sarah Nutley, East Sussex Healthcare NHS Trust

### Lead Cancer Services Pharmacist

Lucia Osul-Ochieng

## Important information

This patient information is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

## Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4784 or by email at: [esh-tr.patientexperience@nhs.net](mailto:esh-tr.patientexperience@nhs.net)

## Hand hygiene

We are committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

## Other formats

**If you require any of our leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department on 0300 131 4434 or [esh-tr.AccessibleInformation@nhs.net](mailto:esh-tr.AccessibleInformation@nhs.net)**

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

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## Reference

The haematology multidisciplinary team have been consulted and agreed this patient information:

The directorate group that has agreed this patient information leaflet:  
Medicine Division

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Responsible clinician/authors: Maggie Saddleton, Theresa Street, Haematology CNSs

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