

Patient Information

An introduction to the Multidisciplinary Team in Lung Cancers and Mesothelioma at Eastbourne District General Hospital

Who are the Multidisciplinary Team?

The Multidisciplinary Team consist of doctors, nurses and other healthcare professionals who all have specialist training and experience in the diagnosis, care and treatment of lung cancers and mesothelioma.

Here are some of the people in the team who will be caring for you:

Physicians	Dr J Wilkinson, Dr D Maxwell, Dr W Perera
Clinical Oncologist	Dr J Simpson
Clinical Nurse Specialist	Ann Markham and Jackie Dawson
Radiologist	Dr N Barlow
Surgeons	Mr T Routledge based at Guys Hospital, London
Histopathologist	Dr Stanford Mathe
MDT Co-ordinator	Lara Tozer

How do we work?

We work closely together to plan and deliver the most effective treatment and care for each individual patient. This is done in consultation with the patient and his/her family, and occurs at each stage of care. If there is anything about your care and treatment that you do not understand please don't be afraid to ask, we are all here to help. The Multidisciplinary Team meet at Eastbourne District General Hospital on a weekly basis to discuss the proposed treatment and care of newly diagnosed patients. Decisions from the meeting are discussed with the patients by a Consultant and the Clinical Nurse Specialist.

Hospital treatment and investigations

Investigations are usually initially carried out at Eastbourne District General Hospital. Depending on the type of tumour you may receive one or a combination of treatments. These can include surgery, radiotherapy (strong x-rays), chemotherapy (drug treatment), or a treatment/procedure that will help with symptoms. If you need radiotherapy your treatment will be based at the Royal Sussex County Hospital, Oncology Centre in Brighton, and if you need chemotherapy it will be based at Eastbourne District General Hospital. Both treatments are given as an outpatient. Surgery is performed at Guy's Hospital, London.

Pre-treatment advice

If you and your doctors decide to proceed with a treatment it would help to be as well and strong as possible. You can ask for a referral to a dietician who will be able to give you dietary advice and leaflets. CancerBackup have a leaflet on diet and their contact details are at the end of this leaflet. Try and ensure that you get enough rest as well as exercise. If surgery is the treatment

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suggested for you by the team, research has shown that if a person gives up smoking before an operation that it will help decrease the risk of post-operative complications.

Clinical Trials

These are research studies, which compare new or different treatment with existing ones. If you are asked to join a clinical trial, you are free to choose whether or not to take part in it. The Clinical Nurse Specialist and specially trained research nurses will provide you with the information you need to make that decision.

Someone to talk to

The diagnosis and subsequent treatment(s) of lung cancer or mesothelioma can have a major emotional effect on a person and those close to them. Whatever you are feeling at present, it may help to talk with someone. The Clinical Nurse Specialist will act as your Key Worker from the time of your diagnosis and will provide supportive care, advice and information about your particular type of cancer and its treatment.

There may be periods in your care when the CNS will recommend the input and support of other healthcare professionals.

We hope that this information is of help to you.

Contact Numbers

Dr Wilkinson, Respiratory Medicine Consultant	01323 41318 (Secretary)
Dr Maxwell, Respiratory Medicine Consultant	01323 435802 (Secretary)
Dr Perera, Respiratory Medicine Consultant	01323 413874 (Secretary)
Dorcas Ward, Guy's Hospital	020 7955 2915 / 2916
Oncology Centre, Brighton	01273 696955

Useful sources of support and information

Further support and information can be obtained from one of the following sources:

Lung Care Clinical Nurse Specialist Ann Markham	(01323) 417400 Bleep 3113
Lung Care Clinical Nurse Specialist Jackie Dawson	(01323) 417400 extension 4617 Mobile 07825 385210 Bleep 0126
Benefits enquiry line Telephone Website	0800 882200 www.directgov.co.uk
Citizens Advice Bureau Telephone Website	01323 417177 www.citizensadvice.org.uk

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Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments please contact our Patient Advice and Liaison Service (PALS) – details below.

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

This information is available in alternative formats such as large print or electronically on request. Interpreters can also be booked. Please contact the Patient Advice and Liaison Service (PALS) offices, found in the main reception areas:

Conquest Hospital

Email: palsh@esht.nhs.uk - Telephone: **01424 758090**

Eastbourne District General Hospital

Email: palse@esht.nhs.uk - Telephone: **01323 435886**

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:

Dr J Wilkinson, Dr D Maxwell, Dr W Perera

Date agreed:	November 2011
Review date:	November 2012
Responsible clinicians:	Lung Care Clinical Nurse Specialists Ann Markham, Jackie Dawson