

Eye protection for patients receiving UVL treatment

All glasses will be tested to ensure 100% UVL filtering up to 400nm, prior to starting UVL treatment. If you are buying new glasses we advise you to keep the receipt until the glasses have been tested. The frames should be close fitting and large enough to adequately cover the eyes. Reactolite or two-toned lenses are not suitable as protection is not constant.

Options for glasses

- Sunglasses – plastic polarised sunglasses are usually acceptable or clip-ons can be used as long as they filter to 400nm.
- Clear safety spectacles can be provided to you if you cannot afford to purchase your own UV400 glasses.
- Clear lenses up to 400nm filter are also available from some fashion stores.
- Prescription Lenses – if you normally wear spectacles you can continue wearing them by having them coated with a clear coating which prevents the transmission of both UVA and UVB. It is advised that you ask your optician if your glasses can be coated with this UV protection.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4500 Email: esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:
Dr Felton, Consultant Dermatologist; Andrea Cooper, Dermatology Nurse Specialist;
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Reference: Phototherapy training manual, Phototherapy unit, Royal Gwent Hospital, Newport, 2011.
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