

## Nuclear Medicine Octreotide Scan

Your doctor would like you to have a Nuclear Medicine Octreotide scan and has arranged for you to visit our department. We would like your visit to be as pleasant as possible and hope this leaflet will answer some of the questions you may have. Should you have any questions regarding your appointment please contact us on the appropriate telephone number below:

Eastbourne Hospital Appointments – Tel: 0300 131 4797

Conquest Hospital Appointments – Tel: 0300 131 5147

### What is an octreotide scan?

An Octreotide scan looks for certain types of cells by labelling them with a small amount of radioactivity. A Gamma Camera produces pictures of where the radioactivity is absorbed within your body. The pictures will help your doctor understand your illness.

### Is the scan safe?

The amount of radiation you receive is as small as possible and is similar to other X-ray procedures. The radioactivity leaves the body very quickly and it will not make you feel sick or sleepy.

### Do I need to prepare for the scan?

Please contact the department as soon as you receive this appointment to confirm you are able to attend as the injection is ordered specially for your test. Please let us know if you are prescribed any Octreotide medications, these include **Lanreotide, Octreotide, Sandostatin and Somatuline**. You can eat and drink normally and keep taking your other tablets. You should also take a mild laxative daily starting the day before your appointment until your final scan. These can be purchased from all Pharmacies. You should wear loose fitting comfortable clothing.

### Is there anything I should tell the staff before the scan?

Women should tell us as soon as possible after receiving this appointment if they are pregnant, if they think they may be pregnant or if they are breast-feeding. Women between the ages of 12 and 60 will be asked to sign a form on the day of their test to confirm their pregnancy status. If there is any doubt then by law we have to perform a pregnancy test before we can do the test.

### What is involved?

Shortly after you arrive you will be given a small injection in a vein in your arm or hand. The injection is a radioactive tracer that is absorbed by Somatostatin receptor cells. We do not expect you to have any side effects to the injection. Your first scan will take place approximately 4 hours later and will take about 1 hour. You will be asked to empty your bladder just before your scan and to remove any clothing containing metal and to empty your pockets. The scan involves taking pictures while you lie on your back on a bed. The camera is placed close to the part of your body being studied. Typically the camera will slowly move from your head down to your toes after which we may do scans where the camera moves slowly around part of your body. In addition the camera may perform a CT scan to help further assess your condition. It is important you keep very still during your scan. Your scan will be repeated after 24 hours and 48 hours. The repeated scans take 1 to 2 hours.

## Precautions after the injection

After your injection you should avoid prolonged close contact with pregnant women and children for 72 hours. Children and pregnant women should not accompany you to the department. You should also avoid blood tests and dental visits during this time. If you are planning to travel abroad within 4 weeks after your appointment please inform the staff during your appointment.

## What can I do between the injection and scans?

You can leave the hospital or stay with us. Meals and snacks may be bought in the hospital. If possible you should drink plenty of fluids and empty your bladder frequently.

## What can I do after the scan?

You can go home or to work. You can drive a car and eat and drink normally.

## What happens to the results?

We cannot give you the results of your test. We will send a report to the doctor who asked for the scan as soon as possible.

## Consent

Although you consent for this treatment, you may at any time after that withdraw such consent. Please discuss this with your medical team.

## Sources of information

British Nuclear Medicine Society (BNMS)

## Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

## Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 or email: [esh-tr.patientexperience@nhs.net](mailto:esh-tr.patientexperience@nhs.net)

## Hand hygiene

The Trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

## Other formats

**If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.**

**Tel: 0300 131 4500 Email: [esh-tr.AccessibleInformation@nhs.net](mailto:esh-tr.AccessibleInformation@nhs.net)**

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

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## Reference

The following clinicians have been consulted and agreed this patient information:

Dr Emma Owens, Consultant Radiologist, ESHT

Dr David Sallomi, Consultant Radiologist, ESHT

The directorate group that have agreed this patient information leaflet:

Diagnostics, Anaesthetics and Surgery Division

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Responsible clinician/author: Mr Christopher Salt, Nuclear Medicine Modality Manager

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