

Patient Information

Wound care following excision of ear or facial lesion

Excision refers to removal of a skin lesion (for example a tumour, mole or cyst) by completely cutting it out.

How will I feel afterwards?

You have had a local anaesthetic for the excision of a skin lesion from your ear/face.

The area will be numb for a short time and then a gentle throbbing sensation may be felt as the local anaesthetic wears off. If you experience any pain a simple painkiller such as paracetamol can be taken.

What should I do when I go home?

Dependant upon the local anaesthetic used and the procedure that you are having done, you may be advised not to drive or operate machinery for the rest of that day.

Try not to disturb the wound for the first 24 to 48 hours. This will minimise the risk of causing re-bleeding.

Wash the wound gently twice a day with warm water. If you have been given an ointment to put on the wound you should do this after washing the wound.

If the wound starts to bleed apply pressure for 20 minutes. If bleeding continues telephone one of the contact numbers at the end of this information sheet or your GP.

If your wound appears inflamed, you observe a discharge or you experience increased pain contact one of the telephone numbers at the end of this information sheet or your GP.

Will I have to come back to hospital?

You will have stitches that will need to be removed in -----days' time. Please make an appointment for this with your Practice Nurse at your GP surgery.

You will have stitches that will need to be removed in-----day's time. An appointment will be sent to you in the post.

You will be advised of your histology results within six weeks. An outpatient appointment will be sent to you in the post if required. If you have not been advised of your results by eight weeks then contact your GP.

Help or advice

Use the helpline telephone numbers below should you require help or advice:

Conquest Hospital**Tel: (01424) 755255**

Richard Ticehurst Surgical Unit: Ext 7008

ENT department: Ext 8200 or 8201

Emergency department

Eastbourne District General Hospital**Tel:(01323) 417400**

Glynde Ward: Ext 4054

ENT department: Ext 3704

Emergency department.

Maxillofacial department: Ext 4980

Patient Information

NHS Direct Telephone: 0845 4647
www.nhsdirect.nhs.uk

Bexhill Hospital, tel: (01424) 755255
Jethro Arscott Day Surgery Unit, Ext 5273

Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments please contact our Patient Advice and Liaison Service (PALS) – details below.

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

This information is available in alternative formats such as large print or electronically on request. Interpreters can also be booked. Please contact the Patient Advice and Liaison Service (PALS) offices, found in the main reception areas:

Conquest Hospital

Email: palsh@esht.nhs.uk - Telephone: **01424 758090**

Eastbourne District General Hospital

Email: palse@esht.nhs.uk - Telephone: **01323 435886**

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:

Tristan Sherwood, Clinical Nurse Specialist
Mr Andrew Moody, Consultant Maxillofacial Surgeon
Mr Paul Kirkland, ENT Consultant Surgeon
Dr Jan von der Werth, Consultant Dermatologist

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Responsible clinician: Tristan Sherwood