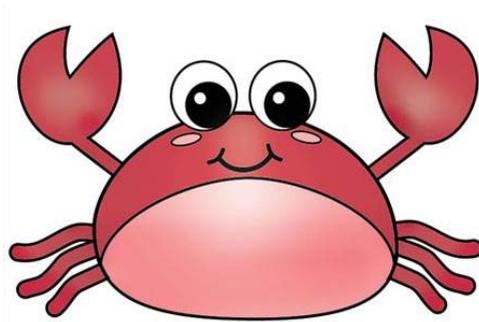


Crab Trail

North and South Harbour Family Walking Trail

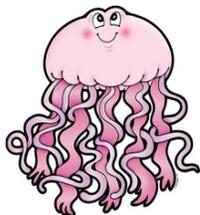


Approximate distance: 1 mile
30 minutes walk at a good pace
45 minutes at a slow pace

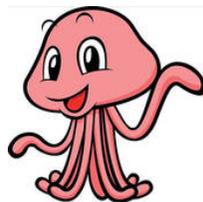


Child Safety Information

Supervise your child at all times: the Harbours are very deep and many parts of the trails are beside water. Encourage small children to hold your hand or consider using a walking rein.



Be prepared for changes in the weather - the Harbour is an exposed area.



This trail is suitable for pushchairs.





Crab Trail

Start this circular walk at the Waterfront area of Sovereign Harbour Village (1) or at point (2) on the map. The waterfront area has a central position between South and North Harbours, giving easy access to both.



Look in the shop windows - what are they selling?



Walk past the shops and post box to the large blue swing bridge called "North Bridge". The large area of water on your left is North Harbour. Cross over the bridge, turn right and follow the waterside path alongside the Inner Harbour.



Are any people on the boats? What are they doing? Listen! Do the boats make any noise?



Ignore the path when it bears right by the water and continue ahead up to the main road where there is a roundabout (junction of Pacific Drive and Midway Quay) (2). Opposite the roundabout, take the wide footpath on the other side and turn right onto a waterside path. Walk along until you reach the Marina Office and the Lifeboat Station.



Where is the lifeboat? What colour is it?



Can you find this big red buoy?



Go back to the roundabout along the same path. After crossing the main road, Pacific Drive, take the footpath down to the right of Hamilton Quay. On your right, the boats in North Harbour come into view.



Keep straight on, ignoring the path on your right until you arrive back at North Bridge. Cross over to return to the Waterfront.



Are there any boats going in or out through the lock gates?



Over the last 10 years Sovereign Harbour has developed into a predominantly residential area of 3300 dwellings, mainly flats and apartments, with a population of approximately 7600 people. Under the flats ahead of you is car parking for residents, visitors and berth holders. The marina at Sovereign Harbour is popular with sailors from around the world. It is one of several along the south coast run by Premier Marinas. It has berths for 1300 vessels, most of which are moored off floating pontoons.



Eastbourne's first lifeboat station was opened in 1822 in King Edward's Parade to the west of the pier and is now a museum. The current lifeboat and lifeboat station is sited at the Outer Harbour.



Sovereign Harbour is reported to be the largest, manmade, land locked harbour in the United Kingdom. There are two locks, each with two pairs of sector gates, which operate 24 hours a day. These gates are part of the flood defences for a large part of Eastbourne (see KGAAL consulting engineers in the Acknowledgements). Crossing the two bridges and lock gates here would take you into South Harbour and the seafront.



Buoys float in the sea so that sailors know which way to go.





Check out the other family walking trails available:

**Starfish
Jellyfish
Octopus
Crab
Lobster**

Acknowledgements/Further Information

www.eastbourne.gov.uk

www.kgal.co.uk

www.premermarinas.com

www.shra.co.uk

www.shyc.co.uk

Sovereign Harbour Public Exhibition
(Eastbourne Borough Council)

Information for Families

0345 60 80 192

Email: informationforfamilies@eastsussex.gov.uk

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