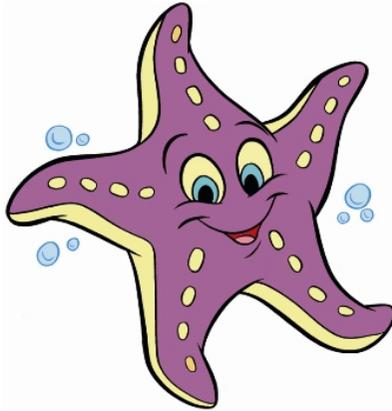


Starfish Trail

(West Harbour Family Walking Trail)



Approximate distance: 1 mile
15 minutes walk at a good pace
30 minutes at a slow pace

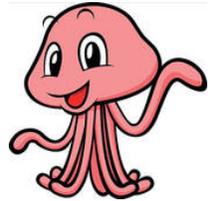


Child Safety Information

Supervise your child at all times: the Harbours are very deep and many parts of the trails are beside water. Encourage small children to hold your hand or consider using a walking rein.



Be prepared for changes in the weather - the Harbour is an exposed area.



This trail is suitable for pushchairs.





Starfish Trail

This circular walk starts at the blue signpost for the Waterfront at Sovereign Harbour Village. The village and waterfront area has a central position between South and North Harbours, giving easy access to both.



Walk past all the shops and turn right onto the waterside path alongside the Inner Harbour. Continue past all the eating places until you reach West Bridge.



Can you find this post box?



Cross West Bridge turning right to walk by the water, then bear left following the waterside path alongside West Harbour. Walk right round to the other side of West Harbour.



Are the red lights flashing?



Continue along the waterside path until it veers up into the housing development of Daytona Quay. Follow the road up to the roundabout at Atlantic Drive. You can see the Harbour Bus and Dotto Train stops on your left.



Can you see any fish in the water?



Turn right at the roundabout and cross over the road to join the footpath and cycle path, which takes you back to the Waterfront area where you started. You can see the large retail and parking area for Sovereign Village on your left.



Anchors are used when boats want to stay in one place. They lie deep in the sea to stop the current or wind causing the boat to drift away.



See if you can find this anchor nearby.



Sovereign Harbour officially opened in 1993. Original plans included 3000 new homes, 'village centre' with bars, restaurants and shops, a retail park, a commercial area and a 150-bed hotel. All but the hotel have been built. Now there is a dentist and a hair salon.



The Dotto Train runs from April to October taking passengers from the South Harbour along Eastbourne seafront to Holywell near Beachy Head. It's another option to get to the Town Centre.



The retail area at Sovereign Harbour has a large supermarket, well known stores and shops as well as a 6-screen cinema.

If the red lights are flashing, the barrier is down and the siren sounds, you have to stop and keep out of the yellow hatched area. The swing bridge will be up so that a tall boat can go through. When the bridge returns to a normal position, the siren will stop, the red lights will stop flashing and the barrier will go up so that you can safely cross the bridge.



Check out the other family walking trails available:

**Starfish
Jellyfish
Octopus
Crab
Lobster**

All varying in length and physical ability.

Acknowledgements/Further Information

www.eastbourne.gov.uk
www.pkharbourtours.co.uk
www.shra.co.uk

Information for Families

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Email: Informationforfamilies@eastsussex.gov.uk

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East Sussex Healthcare NHS Trust

Partners in delivery:
East Sussex Sure Start Children's Centres

Funded by NHS Sussex
www.esht.nhs.uk

