

Orthognathic Joint Planning Clinic

What is a Orthognathic Joint Planning Clinic

A Orthognathic joint planning clinic is a multidisiplinary clinic where Orthodontic Consultants and Maxillofacial Surgeons come together to discuss your care and treatment planning.

You have been invited to attend this clinic as orthodontics alone will not correct your bite alone, a surgical approach maybe a option for you, it will be discussed if you are a suitable candidate for a surgical approach and you will be able to discuss this with the Maxillofacial Consultant and your Orthodontic Consultant

Due to the nature of the detailed consultation the clinic is at risk of running late, we do however endeavour to keep to time, If the clinic is running late, nursing staff will inform you, and we do appreciate your patience.

Who Will Be Present

When entering the clinic room you will be greeted by several people, this is to ensure that there is a multidisciplinary approach to your care and each member of the team contributes with a different aspect.

The team may include the following:

- Mr N Maini - Consultant Maxillofacial
- Mr M Shastri - Consultant Maxillofacial
- Dr F Pantanali, Dr A Ahmad or Dr R Al-Klash- Consultant Orthodontist
- Maxillofacial Senior House Officer
- Julie Lewis-Clements - Orthognathic Specialist Dental Nurse
- Julia Cousins - Orthognathic Deputy Dental Nurse

The department supports a training programme for junior medical staff, if you have any concerns please speak with the Orthognathic Specialist Dental Nurse.

What will happen at the appointment?

- You will be introduced to each member of the team.
- Mr Maini or Mr Shastri will then update your medical and social history.
- Mr Maini or Mr Shastri will then take some detailed measurements of your face and mouth.
- Once the measurements have been taken, Mr Maini or Mr Shastri and the Consultant Orthodontist will explain and discuss the treatment options with you and your parent/carer if under 18.
- We do advise if over 18 your parent/carer/partner attends the consultation with you.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the patient experience team on 0300 131 4784 or esh-tr.patientexperience@nhs.net.

Sources of information

British Orthodontic Society

www.bos.org.uk/Public-Patients/Your-Jaw-Surgery/Patient-Journey

If you do not have access to the internet, please speak to the Specialist Nurse on clinic and she will arrange an appointment for you to come back to the hospital and view it.

Hand hygiene

We are committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of our leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department on 0300 131 4434 or esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:

Dr F Pantanali Consultant Orthodontist

Julie Lewis-Clements - Orthognathic Specialist Dental Nurse

Julia Cousins Orthognathic Deputy Dental Nurse

The Clinical Specialty/Unit that have agreed this patient information leaflet:

Diagnostic, Anaesthetic and Surgery - Outpatients

Next review date: June 2025

Responsible clinician/author: Julie Lewis-Clements - Orthognathic Specialist Dental Nurse

© East Sussex Healthcare NHS Trust – www.esht.nhs.uk