

Dear Student,

**Work Experience and Work Shadowing with East Sussex Healthcare NHS Trust (ESHT).**

Thank you for your interest in applying for a work experience/observational placement with ESHT.

We welcome students from **local** schools and colleges, ages 15-19 years, subject to departmental age restrictions. Due to the high volume of requests, **we will need 3 months notice to arrange a placement**, which depending on availability may be for 1 or 2 days, up to a maximum of 5 days (**Mon-Fri only**). We can only offer a one day placement in occupational therapy, physiotherapy or radiology.

The **minimum age** for non-clinical work experience within the Trust is 15, and for clinical placements 16, 17, 18 or 19 according to department. Placements in clinical areas are strictly observational/shadowing.

Non-clinical placements may be offered subject to availability, to students 15, with a particular interest in departments such as Health Records or Learning and Development.

Students aged 16 and over, who need work experience for their university applications to study medicine or allied professions such as physiotherapy and dietetics, may apply for clinical shadowing placements. Sixteen year olds may shadow a doctor in the ward and clinic environment only. The minimum age for observation in theatres, endoscopy, radiology, or cardiology is 17.

We are unable to offer placements in nursing, midwifery/Obstetrics, oncology, paediatrics, speech therapy, mortuary, Portering, or pathology laboratories, due to a range of reasons including the sensitive nature of the work carried out there or the need for the strictest confidentiality.

To apply, please complete the Trust work experience application form. This can be scanned and emailed to [esh-tr.workexperience@nhs.net](mailto:esh-tr.workexperience@nhs.net). Alternatively, they can be posted to:

Learning and Development,  
Duncan House,  
Eastbourne District General Hospital,  
Kings Drive,  
Eastbourne,  
BN21 2UD

**Please supply an email address** for acknowledgement and communications about your application.

**Acute Hospitals (Hastings Conquest or Eastbourne DGH).** Please state your preferred hospital site and department, the date(s) you are available and any dates to avoid (exams, travel etc).

**Community Hospitals** Lewes Victoria Hospital & Crowborough WMMH are managed by Sussex Community Trust. Please see their website: [www.sussexcommunity.nhs.uk](http://www.sussexcommunity.nhs.uk) for information and contact details.

**Uckfield Community Hospital** Availability is limited and priority will be given to students in local schools. Please contact Staff Nurse Louise Bage at UCH: 01825 769999 x 5051 before submitting an application form.

**Submission of an application form does not guarantee a placement.**

You will be notified by letter or email whether or not we are able to offer you a placement as requested. Only one placement is permitted with the Trust for each student; repeated applications will not be considered.

**Please let us know straight away if there is any change to your contact details or your availability after**

**submitting your application. Due to limited resources, once arranged, placements are not able to be re-scheduled.** We look forward to receiving your application.

Placement numbers are limited so please contact us in good time if you wish to obtain a placement.