

Admissions Lounge - Conquest Hospital Information for the day of your Surgery

Where is the Admissions Lounge?

The Admissions Lounge at Conquest Hospital is located on Level 2 in the Richard Ticehurst Surgical Unit.

What time should I arrive?

Please arrive at the time stated on your admission letter. If your admission time is **7.30am** please aim to arrive for that time and not earlier. The Admissions Lounge opens at 7.00am to allow the staff time to prepare for the day ahead. Please be advised that the time you go to theatre does not depend on the time you arrive.

What should I bring with me?

- Your admission letter
- A list of your current medication and any medication that you will need during your stay in hospital
- Please do not bring large amounts of money or valuable items as the hospital does not accept responsibility for loss
- With the exception of wedding bands we advise that you remove all jewellery prior to your admission. If you are having upper limb or breast surgery you must remove all jewellery on the effected side prior to your surgery
- For Day Case operations we advise you bring a dressing gown and slippers if you wish. It is advisable to wear loose clothing that is easy to put on after surgery
- For operations requiring an overnight stay we advise you to bring a dressing gown, slippers and small overnight bag. Its is advisable to wear loose clothing that can be worn after your surgery and for leaving the hospital
- Wherever possible we ask that you only bring one relative or friend with you on admission. We cannot accommodate children under the age of 12 in the Admissions Lounge and ask that you make alternative arrangements regarding childcare
- Please do not wear makeup or nail varnish. Shellac nails and false eyelashes need to be removed prior to admission

What will happen before I go to theatre?

- Please check in at our Richard Ticehurst Surgical Unit Reception (Level 2) and you will then be directed over to the admissions lounge where you will be greeted by a member of staff and asked to take a seat.
- Please advise a member of staff if you are diabetic or take blood thinners.
- You will see a surgeon, an anaesthetist (if you are having General Anaesthetic) and a nurse prior to going to theatre. You will be asked lots of questions and you have the opportunity to ask questions too
- If you are female and between the age of 16 to 60 you will be required to provide a urine sample. We are required to check for pregnancy on all women of child bearing age prior to surgery

- When you are next to go to theatre, you will be asked to get changed into a hospital gown and surgical stockings (if required) and your dressing gown whilst you wait to be collected for your surgery.

Is there anything else I should know?

- Please note that your admission time is not the time of your surgery. Please be prepared for a wait as you will be on an operating list with other patients. On occasions the theatre list order will change due to emergencies
- Wherever possible we will advise you and your relative/friend of the ward you will be taken to after surgery. However on rare occasions we do not have this information prior to surgery. We will advise you on the day you come in for your procedure.
- Sometimes patients do remain in the Recovery Room for a prolonged period while waiting for a bed on a post-surgery ward, The Recovery room does not routinely accept visitors
- The main hospital ward visiting times are generally 2.30pm to 8.00pm – however please check our website for specific times for each ward
- Cookson Attenborough visiting times are from 6.00pm to 8.00pm. This is to allow our patients to recover from anaesthetic and ensure patients have privacy and dignity while recovering. The Post-Operative Ward opening times are Monday to Thursday 7.00am to 8.00pm and Friday: 7.00am to 7.30pm. The ward is closed weekends and bank holidays
- Please be aware that following a General Anaesthetic you are not legally insured to drive any vehicles for 24 to 72 hours, depending on your car insurance company and the operation you have had.

For day surgery operations

- If you are having a general anaesthetic and going home on the same day it is essential that you arrange for someone to collect you from the hospital. You must also have someone over the age of 18 staying with you overnight
- It is helpful if you can ensure that you have a supply of simple pain relief at home such as Paracetamol and/or Ibuprofen
- If you have certain dietary restrictions such as gluten/wheat or dairy intolerance or if you need caffeine free, then it is helpful for you to bring in some items for the day

We look forward to welcoming you to the Admission Lounge on Richard Ticehurst Surgical Unit. If you have any questions prior to your admission please call us – Tel: (01424) 755255 Ext : 7026 or 2735.

Surgery check list

Have you followed your pre-operative guidelines?	YES/NO
Have you organised your transport home and overnight care?	YES/NO
Do you have a supply of simple pain relief at home? For example: Paracetamol / Ibuprofen.	YES/NO

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: (01323) 417400 Ext: 5860 or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: (01424) 755255 - ask for the Equality and Human Rights Department.

Email: esh-tr.accessibleinformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following nurses have been consulted and agreed this patient information:

Matron Debbie Baker - Richard Ticehurst Admissions Lounge, Evette Davies - Deputy Head of Nursing, Matron Angela Hawley - Admissions Lounge, Matron Linda Budd - Firlie Assessment Unit, Sister Claire Adams - Litlington Ward, Sister Linda Law - Litlington Ward

The Clinical Specialty/Unit that have agreed this patient information leaflet:

Admissions Lounge/Litlington ward DAS

Next review date: December 2020

Responsible clinician/author: Deputy Head of Nursing DAS

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Admission check list:

Have you followed starvation guidelines if applicable?	Yes/No
Have you packed your day/overnight bag?	Yes/No
Day case procedures have you arranged for someone to collect you and stay overnight?	Yes/No
Have you removed any make up and nail varnish?	Yes/No
Day case procedures have you got a supply of pain relief at home - for example: Paracetamol / Ibuprofen?	Yes/No