

Patient information

Coronary Care Unit (CCU)

Coronary Care Unit

The Coronary Care Unit (CCU) is a cardiac unit that is open 24 hours a day, 7 days a week with both emergency and booked admissions. Due to the acute nature of our unit we must inform you that the Coronary Care Unit operates as a mixed sex area.

Staff on the unit

During your stay on CCU you will meet various members of staff. These include: Doctors, Nurses, Health Care Assistants, Student Nurses, Physiotherapists, Cardiac rehab nurses, Cardiac Technicians, Radiographers and House keepers. All of whom are here to help make your stay as pleasant as possible.

What to expect

When first admitted to CCU please be aware that staff may be busy around you taking blood, ECGs, blood pressure etc. It can be daunting, but please do not worry as it is all necessary for your assessment and treatment. If appropriate you will be observed at all times with a heart monitor. Night times can be busy and sometimes noisy, however, ear plugs and eye masks are available to aid a good nights' sleep. Doctors carry out a ward round at 8:30am in the morning. Times do vary on weekends and bank holidays. In the mornings staff may take your blood and ECG at 6.00am ready for the morning ward round.

Personal property

Please ensure your valuable personal property stays at home. If you do choose to keep your property with you during your stay, it is against our advice and is your responsibility. A disclaimer will need to be signed on admission. Any electrical equipment you bring in that needs to be plugged in, is required to be tested by Trust engineers prior to being plugged in to the mains power supply. We recommend that you do bring in your current medications and any glasses, dentures, hearing aids or mobility aids etc. that you would normally use at home.

Information for visitors

Visiting hours:

- Conquest Hospital CCU - 2:30pm until 8:00pm
- Eastbourne DGH CCU - 2.00pm to 8.00pm

Visiting outside of these hours is allowed with prior arrangement with the nurse in charge. Only two visitors are allowed at a time per patient, and visitors are kindly reminded that, due to infection control reasons, the sitting on patients' beds is not encouraged. Please do not bring flowers due to Infection risk or use electrical equipment at the bedside.

Sources of information

Coronary Care Unit - Conquest Hospital - Tel: (01424) 755255 Ext: 8436

Coronary Care Unit - Eastbourne DGH - Tel: (01323) 417400 Ext: 6634

Important information

This patient information is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team - Tel: (01323) 417400 Ext: 5860 or by email at: esh-tr.patientexperience@nhs.net

Visit East Sussex Healthcare NHS Trust - NHS Choices at: www.nhs.uk

Search: East Sussex Healthcare NHS Trust

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: (01424) 755255 Ext: 2620

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:

Professor Nikhil Patel Clinical Lead

Dr R Veasey Consultant Cardiologist

The Clinical Specialty/Unit that have agreed this patient information leaflet:

Coronary Care Unit

Next review date: April 2022

Responsible clinician/author: Robert Springall (Senior Staff Nurse)

© East Sussex Healthcare NHS Trust – www.esht.nhs.uk