

Post Procedure Advice following a Bronchoscopy and EBUS (Endoscopic Bronchial UltraSound)

Following your examination today you are advised to go home and rest.

If your procedure was carried out with a conscious sedative injection or a general anaesthetic, it is important for the next 24 hours **you do not:**

Drive a car/motorbike or ride a bicycle
Operate any domestic appliances or machinery
Look after young children alone

Sign any legal documents
Drink alcohol
Take sleeping tablets

A responsible adult should stay with you for 12 hours following your procedure if you have been given sedation. One of the effects of sedation is that you may not remember having the procedure, this is normal.

How will I feel after the procedure?

Your nose and throat may feel a little sore for a short period of time after your bronchoscopy. If your procedure was carried out with sedation you may feel sleepy for the remainder of the day.

You can eat and drink as normal and take your usual medications.

When should I seek help/advice?

Serious side effects are rare however if any of the following occur within 48 hours after your bronchoscopy, consult a doctor immediately:

- **Excessive shortness of breath (if not relieved by your usual inhalers/medications)**
- **Coughing up large volumes of blood**
- **Chest pains or fast heart rate**
- **Fever**
- **Cyanosis (bluish discoloration of skin)**

Conquest Hospital contact numbers:

Endoscopy Unit – Tel: 0300 131 4500 Ext: 735297

Monday to Friday – 8.00am to 6.00pm (outside of these hours contact Baird Ward – 0300 131 4564)

Lung Specialist nurse

Gill Butcher – Monday to Friday – 9.00am to 5.00pm – Tel: 0300 131 4500 Ext: 734831

Eastbourne District General Hospital contact numbers:

Endoscopy Unit – Tel: 0300 131 4595

Monday to Friday – 8.00am to 6.00pm (outside of these hours contact Jevington Ward – 0300 131 4805)

Lung specialist nurses

Jackie Dawson – Tuesday to Friday - 8.30am to 6.30pm – Tel: 0300 131 4500 Ext: 464617 or Mobile: 07825 385210

Ann Markham - Monday – 9.00am to 5.00pm, Thursday – 12.00pm to 6.00pm – Tel: 0300 131 4500 Ext: 134617

Alternatively after 1800hrs and at weekends please contact your GP, attend your nearest Emergency Department or ring NHS 111.

Sources of information

NHS Website - www.nhs.uk

Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The Trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4500 Email: esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:
Respiratory Consultant Dr N. Sharma

Next review date: November 2023
Responsible clinician/author: JAG Lead Nurse T. Holmes-Ling

Endoscopy Discharge Report:

- You will be sent an outpatient appointment.
- You will be sent an appointment for a CT Scan / MRI.
- You will be sent an appointment to have this procedure again in approximately..... weeks.
- Biopsies/ brushings have been taken which will take approximatelyweeks to be analysed by the histopathology department. Results will be sent to your Consultant who will contact you or arrange a follow up appointment.
- You have been referred to a Clinical Nurse Specialist
- You have been given an information leaflet.
- You have been spoken to by an endoscopist/nurse regarding the results of your procedure.
- You can begin to eat and drink as normal from.....

If you have any further questions please ask a member of the nursing staff who will be happy to explain anything you are unclear about.

Completed by:

Print Name: Designation:

Signature: Date: