

Important information about your visit to the Paediatric Hub at Eastbourne DGH for a BOSA assessment

Important Information for parents/carers:

- The address is Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD. Drive round the back of the building until you see Wimbledon Court (see pic 1) as our entrance (pic 2) is **opposite** this. We have a parking space here especially for you.



- Your child's appointment may take up to 2 hours, although you may be finished or have a short break after about half an hour.
- There are no facilities, other than toilets available in the department. You may, therefore, wish to bring a drink with you (no hot drinks please) and also a snack and drink for your child.
- We cannot provide toys other than the assessment so you may wish to bring something along, like a book, tablet or small toy, so your child does not get bored waiting.

- The assessment (Brief Observation of the Symptoms of Autism - BOSA) will consist of you playing games and chatting with your child, whilst the doctor and therapist observe; it may be video recorded with your consent. You will be given clear instructions about what to do and we will be on hand to guide you. **We send you the instructions in advance so please familiarise yourself with them but do not share them with your child.**
- **Please be sure to watch the BOSA video beforehand so you know what to do:**
 - [BOSA Instructional videos](#)
- The doctor and therapist will need to discuss the assessment before they are able to feedback to you. You have the choice of waiting at the hospital for about 30 minutes after the assessment and the doctor will then be able to give you some initial feedback and agree what needs to happen next. If you prefer to have this discussion without your child being present then a follow up telephone or video discussion can be arranged instead. It may be possible to do this on the day of your appointment, but if not a telephone follow up appointment will be arranged as soon as possible.

Information for children:

When you arrive at the door, your parent or carer will ring the bell



Someone like Bev might **measure** and **weigh** you.

Then you will go in with your parent or carer to see the doctor and therapist – here are some of their pictures:



Melanie Joseph Clare

You will be seen in a room that looks a bit like this...



You will get to do **games** and have a bit of a **chat** with the person you came with (often your **mum**), for about 15 minutes.

The doctor and therapist will watch from across the room and might video record it too.

They will be wearing face masks – they might look a bit funny, but you can just ignore them and enjoy playing games and chatting with mum.

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After that, you and your parent or carer can have a break while the doctor and therapist talk together.

We can't provide any toys so you will need to **bring** something along, like a **book**, tablet or small **toy**, so you don't get bored waiting. Maybe bring a snack and drink too.



Then your parent or carer will see the doctor again to have a chat and you might come in too.

Once you and your parent or carer have spoken to the Doctor it will be time to go home or back to school.

