

# Important information about your visit to the Paediatric Hub at Eastbourne DGH for a one-stop clinic/autism assessment

## Important Information for parents/carers:

- The address is Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD. Drive round the back of the building until you see Wimbledon Court (see pic 1) as our entrance (pic 2) is **opposite** this. We have a parking space here especially for you.



- Your child's appointment may take up to 3 hours, although you will have a break within that time
- There are no facilities, other than toilets available in the department (although there are in the wider hospital). You may, therefore, wish to bring a drink with you (no HOT drinks please) and also a snack and drink for your child.
- The appointment will consist of you talking to the doctor to give a case history and your child being seen alone for the ADOS-2 (Autism Diagnostic Observation Schedule) assessment. Sometimes these two things happen at once or they may be done separately; if needed we have a healthcare assistant to look after your child in another room whilst you speak to the doctor. We cannot provide toys so you may wish to bring something along, like a book, tablet or small toy for your child.
- The doctor and therapist will need to discuss the assessment before they are able to feedback to you, so you and your child can have a break together at this time.

## Information for children:

When you arrive at the door, your parent or carer will ring the bell



Someone like Bev might **measure** and **weigh** you.

Then you will go in with your parent or carer to see the doctor and psychologist – here are their pictures:



or



and



or



Melanie

Joseph

Anita

Sarah

You will be seen in a room that looks a bit like this...



You will get to do **games** and have a bit of a **chat** with Anita or Sarah for about an hour.

The doctor might watch from across the room and might video record it too.

They will be wearing a face mask - they might look a bit funny, but you can just ignore them and enjoy playing games and chatting with Anita or Sarah.

.....

After that, you and your parent or carer can have a break while the doctor and psychologist talk together.

We can't provide any toys so you will need to **bring** something along, like a **book**, tablet or small **toy**, so you don't get bored waiting. Maybe bring a snack and drink too.



Then your parent or carer will see the doctor again to have a chat and you might come in too.

Once you and your parent or carer have spoken to the Doctor it will be time to go home or back to school.

