

Bexhill Health Centre - Information for Children:

When you arrive you will come into this building and your parent/Carer will say your name at reception:



You will meet a doctor and therapist – here are their pictures:



or



and



Isabelle

Joseph

Clare

You will get to do **games** and have a bit of a **Chat** with the person you came with (often your **mum**), for about 15 minutes, in this colourful room:



The doctor and therapist will watch from across the room and might video record it too.

They will be wearing face masks – they might look a bit funny, but you can just ignore them and enjoy playing games and chatting with mum.

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After that, you and your parent/carer can wait in this room while the doctor and therapist talk together in a different room.

We can't provide any toys so you will need to bring something along, like a book, tablet or small toy, so you don't get bored waiting. Maybe bring a snack and drink too.



Then the doctor and therapist will come back in to talk to your parent/carer and you.

The doctor might do some simple checks, like **measure** and **weigh** you or get you to walk a few steps.

Once you and your parent/carer have spoken to the Doctor it will be time to go home or back to school.

