

Friston Outpatients Information for Children

When you arrive, your parent or carer will say your name at



the reception desk.



Helen or Sandra might measure and weigh you and you might have to wait for a short while in the waiting room.



Then you will go in with your parent or carer to see the doctor and therapist – here are some of their pictures:



Melanie



Joseph

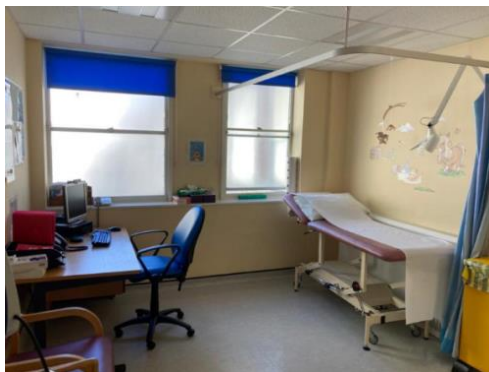


Clare



Track

You will be seen in a room that looks a bit like this...



You will get to do **games** and have a bit of a **chat** with the person you came with (often your **mum**), for about 15 minutes.

The doctor and therapist will watch from across the room and might video record it too.

They will be wearing **face masks** – they might look a bit funny, but you can just ignore them and enjoy playing games and chatting with mum.

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After that, you and your parent or carer can have a break while the doctor and therapist talk together.

We can't provide any toys so you will need to **bring** something along, like a **book**, tablet or small **toy**, so you don't get bored waiting. Maybe bring a **snack** and drink too.



Then your parent or carer will see the doctor again to have a chat and you might come in too.

Once you and your parent or carer have spoken to the Doctor it will be time to go home or back to school.

