

An introduction to the Breast Multi-Disciplinary team - Eastbourne

Introduction

We would like to introduce you to the multi-disciplinary team for breast cancer at Eastbourne District General Hospital. We work closely with Sussex Cancer Centre at Brighton.

What is a multi-disciplinary team?

Diagnosis and treatment of breast cancer requires a team of experts called a multi-disciplinary team (MDT). The team brings together skills and expertise from a range of professionals with specialist training in the diagnosis, treatment and management of cancer and its impact on individuals and their families.

How we work?

The MDT meets weekly to discuss individual cases to plan the most effective treatment and care for patients. Having discussed your case at the meeting your Consultant will discuss all the appropriate treatment options with you. The Macmillan Breast Clinical Nurse Specialists (CNS) will be present at this consultation to support you in making decisions and they will provide you with written information.

Who are the multi-disciplinary team?

The roles of the MDT members are described below:

Consultant Breast Surgeon: this is a specialist doctor who is an expert in breast disease and its treatment. The Consultant Breast Surgeon will discuss the results and treatment options with you. They will perform any operations needed to remove the cancer and perform any reconstructive procedures that may be relevant. The Consultant Breast Surgeon will also discuss the results of surgery with you and will provide follow up.

Associate Specialist Breast Surgeon: this is a specialist doctor who is a permanent member of the team. It is the highest position that a doctor, not seeking to be a Consultant, can be. Associate Specialists can have their own clinic lists and are able to carry out all forms of breast surgery independently.

Macmillan Consultant Nurse: this is a senior specialist nurse who has trained to examine patients, request imaging, make a diagnosis, plan treatment and provide follow up. She has a special interest in breast cancer genetics. The Consultant Nurse has a leadership role and is involved in education and training.

Trainee Advanced Nurse Practitioner: this is a senior nurse who is undertaking training at Masters level. They are training to undertake nurse-lead clinics to examine patients, request imaging, make a diagnosis, plan treatment and provide follow up.

Consultant Radiologist: this is a doctor who specialises in the interpretation and use of diagnostic tests such as x-rays, mammograms, ultrasounds, MRI, CT scans and isotope bone scans. They also perform image-guided biopsies.

Mammographer: this is a radiographer who is skilled in the use of mammographic equipment to produce images/pictures for the Radiologist to interpret.

Histopathologist: this is a doctor who specialises in diagnosing disease by examining tissue samples under a microscope.

Consultant Clinical Oncologist: this is a doctor who specialises in the non-surgical treatment and management of breast cancer. The treatments may include radiotherapy (high-energy x-rays), drug treatment with chemotherapy and hormones or newer targeted agents.

Consultant Medical Oncologist: this is a doctor who specialises in the non-surgical treatment and management of breast cancer. Medical Oncologists do not supervise radiotherapy but has an interest in developing and testing new drug treatments in clinical trials.

Macmillan Breast Clinical Nurse Specialist (CNS): this is a nurse who is an expert in the care and support of people with breast problems. The Macmillan Breast CNS will provide you with information to help you understand your diagnosis and treatment. They will provide support for you and your family throughout your treatment and follow up and can direct you to other organisations who can help with practical issues such as finances and benefits. The Macmillan Breast CNS will act as your 'Key Worker': they can talk to other members of the MDT on your behalf, if you wish, and will guide you through your continuing follow up.

Research Nurse: this nurse identifies patients who are eligible for clinical trials, provides information about the trials and supports you if you are taking part in a trial.

The names of the Eastbourne MDT are below:

Consultant Breast Surgeons: Vacant Position Mr Ash Subramanian	Contact Numbers Sec: 0300 131 5385
Associate Specialist Breast Surgeon: Mr Pravin Sangle	Sec: 0300 131 5385
Macmillan Consultant Nurse: Lis Grimsey	0300 131 5387
Trainee Advanced Nurse Practitioner Connie Bowyer	0300 131 5385
Consultant Radiologists: Prof David Howlett Dr Ulla Raudsepp Dr Paula McKenzie	
Mammographers: Louise Richards, Lauren Head, Aleks Nasir, Naomi Hubbard-Cole, Nancy Lappa, Donna Kamatay, Rachel Pankhurst, Hema Ponnusami	

Pathologists: Dr Zainab Ali	
Clinical Oncologist: Dr Simmcock	Sec: 0300 131 4804
Medical Oncologist: Provided by Brighton	Sec: 0300 131 4804
Macmillan Breast Clinical Nurse Specialists: Heather Driver Emma Robb Katy Hollobon	0300 131 4604
Research Nurses:	Jo-Anne Taylor

Breast Cancer treatments

Depending on your particular breast cancer you may be offered one or a combination of treatments. These can include surgery, radiotherapy (high energy x-rays), chemotherapy (drug treatment) and hormone therapy (daily tablet). The treatments may involve attending hospital as an outpatient, inpatient or a day patient.

Clinical Trials

These are research studies which compare new or different treatments with existing ones. If you are asked to take part in a clinical trial you are free to choose whether or not to take part. A research nurse will provide you with the information you need to make that decision. A decision not to take part in a clinical trial will not prejudice your care.

Someone to talk to

The diagnosis and subsequent treatment of breast cancer can have an emotional effect on you. The Macmillan Breast CNSs are here to provide you with supportive care, advice and information for you and your family.

Sources of information

Breast Cancer Now: Helpline: 0808 800 6000 (freephone)
Website: www.breastcancernow.org.uk

Macmillan Cancer Support: Helpline: 0808 808 00 00 (freephone)
Website: www.macmillan.org.uk

Macmillan East Sussex Welfare and Benefits Advice Service: 01323 635989

Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 or by email at: esh-tr.patientexperience@nhs.net

Hand Hygiene

The Trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other Formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4500 Email esh-tr.Accessibleinformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

Written by: Lis Grimsey Macmillan Consultant Nurse

The following clinicians have been consulted and agreed this patient information:
Breast MDT

The directorate group that have agreed this patient information leaflet:
Eastbourne MDT

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Responsible clinician/author: Lis Grimsey Macmillan Consultant Nurse

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