

Patient information

Irvine Unit

Information leaflet for patients and families

About the service

The Irvine Unit at Bexhill Hospital offers intermediate care and rehabilitation. The unit specialises in short stay multi-disciplinary inpatient rehabilitation and nursing care for people suffering from a range of conditions including:

- **Stroke**
- **Orthopaedic**
- **Amputee**
- **Complex neurology**
- **Care of the elderly rehabilitation**

We also provide step up beds as required for patients in our community settings. We accept patients aged 16 and over who are registered with a General Practitioner (GP) in our catchment area. Referrals from out of area will be considered on a case by case basis.

The Irvine unit team includes medical support and care from:

- **Doctors**
- **Nurses**
- **Pharmacists**
- **Health Care Assistants**

Therapy support is provided by:

- **Physiotherapists**
- **Occupational Therapists**
- **Speech and Language Therapists**
- **Dietitians**
- **Rehabilitation Support Workers**

The Unit has up to 54 beds, which are arranged into gender specific bays of six patients and separate side rooms. Facilities, including level access bathrooms, are located near to each bay. The bays are arranged in two wings: Patients from the two wings are encouraged to socialise and spend mealtimes together in the communal atrium.

Important update - Due to COVID-19 we are operating an altered service with two metre distancing and strict mask wearing by staff and visitors until this period is over.

Our facilities include

- **Rehabilitation Gym**
- **Dedicated Therapy space**
- **Activities hub**
- **Friends Café/Shop**
- **Garden and Conservatory**

How to refer to Bexhill Irvine Unit

Referrals are made by GP's or Health professionals via Health and Social Care Connect or Email: HSCC@eastsussex.gov.uk - to discuss a referral please phone the Bexhill Irvine Unit – Tel: 0300 131 4406.

Referrals must include:

- Reason for referral
- Identified goals for rehabilitation

Sources of Information

Services we link into:

- The Stroke Association - www.stroke.org.uk
- Headway - The brain injury association - www.headway.org.uk
- STEPS - 1space.eastsussex.gov.uk/Services/812/STEPS-to-stay-indepe
- Care for the Carers - www.cftc.org.uk/
- Sensory Impairment Team - www.escis.org.uk/health/east-sussex-county-council-sensory-impairment-team/

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4500 Ext: 734731 or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4500 Email: esh-tr.AccessibleInformation@nhs.net

Reference

The following clinicians have been consulted and agreed this patient information:
Jane Purkiss, Teresa Dann, Joanna Byers, Julie-Anne Neuss, Emma Quigley, Amy Tennant, Kathryn Millicent, Karen Poole, Heather Klein.

Out of Hospital Care have agreed this patient information leaflet:

Next review date: August 2021
Responsible clinician/author: Alex Wengraf-Hewitt/Rehabilitation Coordinator

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