

Uro-Oncology Wellbeing clinic

This leaflet answers questions you may have about the Uro-Oncology Wellbeing clinic. If you have any further questions or concerns, contact details are listed below.

What is the Uro-Oncology Wellbeing clinic?

You have been invited to attend the Uro-Oncology Wellbeing clinic. You have been referred to this clinic by your Consultant Oncologist or Clinical Nurse Specialist (CNS).

You will complete a Holistic Needs Assessment at your appointment with the CNS.

The HNA ensures that your physical, practical, emotional, spiritual and social needs are met. It will allow you to highlight the most important issues to you in order to develop a care and support plan. Evidence shows that completing a HNA contributes to a better understanding and identification of a person's concerns. It also enables early intervention and diagnosis of side effects or consequences of treatment.

You may have been asked to have your bloods taken prior to this clinic appointment. If so, these will be reviewed at your appointment.

At the end of the appointment a follow up plan will be agreed with you.

Who will I see at the clinic?

You will see the Macmillan Uro-Oncology Clinical Nurse Specialist.

What should I do before I come into hospital?

It is useful to make a note of any questions you may have prior to the clinic appointment. There is space on the reverse side of this leaflet for you to make a note of anything you wish to discuss.

Please bring a list of your current medications. If you have been asked to have your bloods taken prior to this appointment please do so within 72 hours of your appointment.

How long will I be in hospital?

The appointment will last for 45 minutes.

Sources of information

If you wish to discuss the contents of this leaflet please contact:

Macmillan Uro-Oncology Clinical Nurse Specialist – Tel: 0300 131 4500 Ext: 5671/4723

Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The Trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4500 Email: esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:
Dr Aspasia Soultati Consultant Medical Oncologist. The Clinical Specialty/Unit that have agreed this patient information leaflet: Specialist Medicine, Oncology

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Responsible clinician/author: Gemma Ingram-Adams Macmillan Uro-Oncology Clinical Nurse Specialist

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