

Patient information

Use of Entonox

What is ENTONOX?

ENTONOX is a medical gas also known as gas and air. ENTONOX offers safe and effective pain relief for situations where rapid onset and offset is indicated.

Why would I need ENTONOX?

ENTONOX provides pain relief for a variety of short-term procedures, such as colonoscopy and flexi-sigmoidoscopy. It is commonly used during childbirth.

What are the expected benefits of use?

The pain relief effective and sedative effect is rapid and once it has stopped being inhaled the effect wears off rapidly allowing faster and safer recovery allowing patients to return to their normal activities quickly. ENTONOX is:

- Non invasive
- Conscious sedation
- Easy to administer by the individual
- Can be used with other pain relief medication

What are the potential side effects?

When used correctly side effects of ENTONOX are minimal, however some patients may experience:

- Dizziness
- Mild nausea
- Dry mouth

How is ENTONOX administered?

ENTONOX is self-administered, via a mouthpiece. The patient should hold the demand valve and inhale through the mouthpiece. Breaths in and out should be deep and slow. The patient can breathe the ENTONOX as often as they require dependant on the amount of discomfort they are experiencing.

How long will I be in hospital?

If all your observations are stable you will be able to go home 30 minutes after your procedure. Patients are able to drive home 30 minutes after being administered ENTONOX.

Consent

Although you consent for this treatment, you may at any time withdraw such consent. Please discuss this with your medical team.

Sources of information

BOC Healthcare

Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 (direct dial) or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4434 Email: esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

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The following clinicians have been consulted and agreed this patient information:
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