

# Rehab Focus On

Connecting staff across our rehabilitation services

## Accessibility Matrix for Community Services

August 2021

### Issue:



- How do we ensure patients/clients living with complex disability are able to access timely rehab?
- How do we ensure equity of access for this cohort of patients/clients?

### Aim:

Develop a tool to identify risk of unplanned admissions in those patients/clients with complex disability



### QI Methodology

#### Research:

- ⇒ Personalised care
- ⇒ Tools available to measure morbidity, disability, dependency



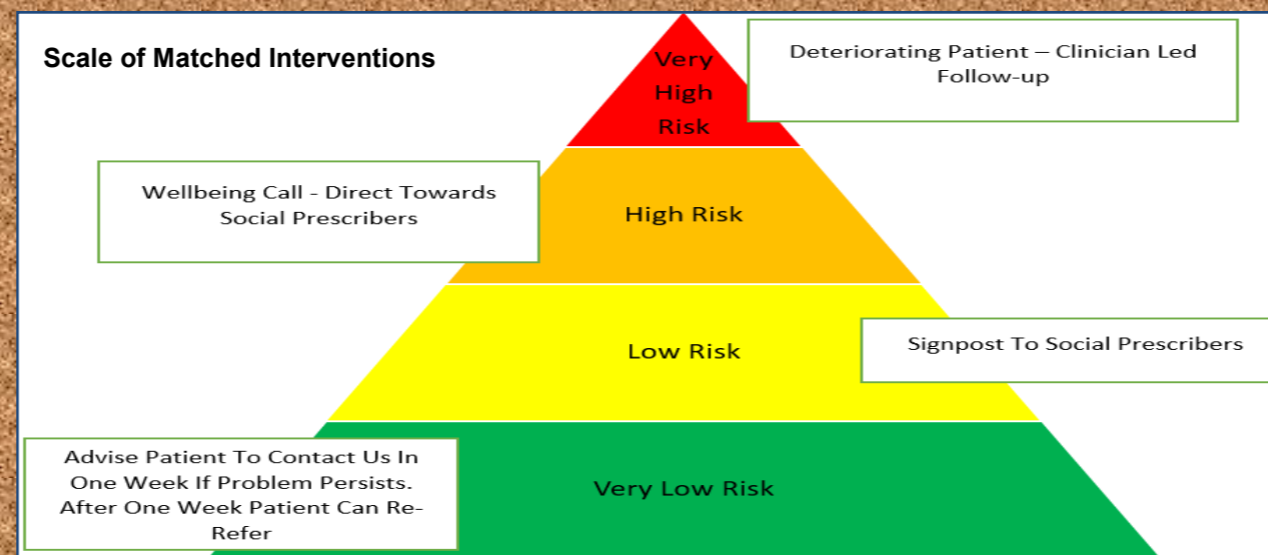
### Get involved

RR&R Forums are held on 2nd Wednesday of each month via Teams. Contact trish.richardson2@nhs.net to be added to the circulation list.

The Stratification Tool				
	4 points	3 points	2 points	1 Point
1 Multimorbidity	Four or more health conditions	Three health conditions	Two health conditions	One health condition
2 Patient Activation (PAM)	<47.0 - Disengaged and overwhelmed	47.1-55.1 - Lack of knowledge/confidence	55.2-67.0 - Good use of preventative care	>67.1 - Very good use of preventative care
3 Social Support (MSPSS)	12-24 - Little to no social support	25-48 - Some social support	49-72 - Good social support	73-84 - Very well supported socially

Project undertaken by Luke Zubiena, Final year Physio student, Brighton University

Risk Stratification Matrix
Very Low Risk (3 Points)
Low Risk (4-6 Points)
High Risk (7-9 Points)
Very High Risk (10-12 Points)

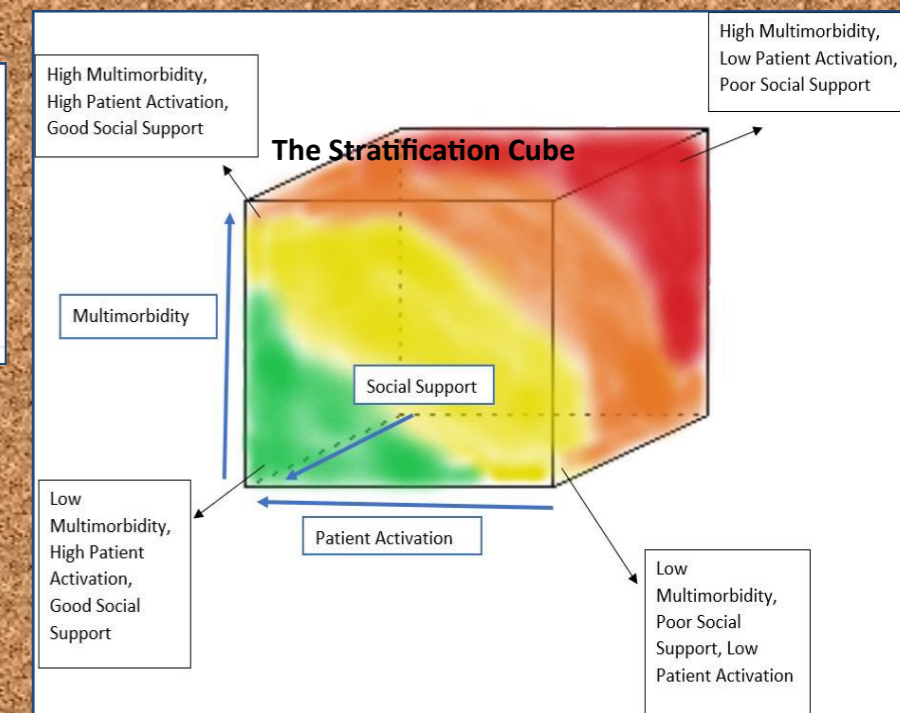


### Outcome:

Accessibility matrix which:



- ◇ Identifies those patients/clients at greatest need
- ◇ Delivers needs based rehab in a responsive way
- ◇ Reduces unplanned admissions



### Next Steps

Test viability of matrix on small cohorts of patients within various rehab services

### For further information—contact:

Luke Zubiena (now B5 Physio)—  
l.zubiena1@nhs.net  
Karen Poole, Consultant AHP - Rehab—  
karen.poole2@nhs.net



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