



INTEGRATED EDUCATION

LIBRARY AND KNOWLEDGE SERVICES BULLETIN

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Welcome to our May Bulletin!

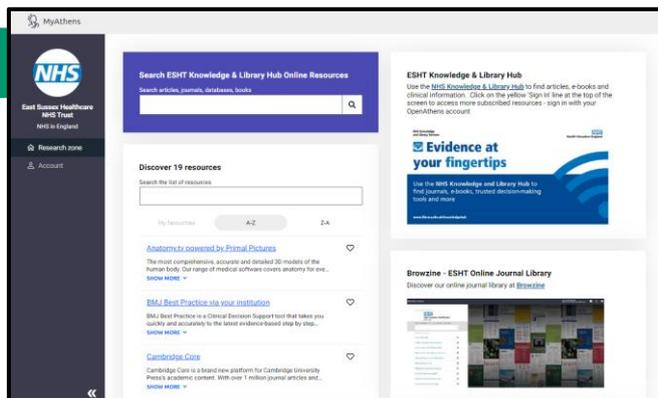
In this issue, get inspired by yet another innovative way to access knowledge resources through MyAthens Plus! You can find out about the key resources you can access through NHS OpenAthens, as well as the new unified search system – the NHS Knowledge and Library Hub. All of this you can access with just one login!

We also celebrate Myriam Nelmes who, after serving as a Librarian for thirteen years at ESHT, has decided to retire. Read her farewell article on the next page.

Finally, a new addition to our bulletin – a Learning Zone where we will be letting you know all about upcoming events and the related opportunities and services you have access to! In particular, this issue focuses on Mental Health Awareness Week – an especially important event that has come into prominence due to the effects of the COVID-19 pandemic.

Thank you for reading, and if there are stories you would like added to the bulletin, please contact the Library team!

Sabelo Mapasure
Head of Library and Knowledge Management



Resource of the Month: MyAthens

Visit [MyAthens](#) to discover and explore our electronic resources! There are easy links to useful resources available for many different staff roles. Save yourself time by searching for resources in one place.

You can also go directly to the [NHS Knowledge and Library Hub](#) (our library search discovery tool) where you can access clinical information, e-books and journals, you can also link directly to [Browse](#) (our online journal library), [ClinicalKey](#) (for clinical overviews, images, procedural videos, e-books and e-journals) and many more resources!

To access MyAthens visit my.openathens.net and sign in using your NHS OpenAthens username and password (register [here](#) or contact the library team if you have forgotten your details). Click on the tab, links or images to explore the resources available to you!



Myriam Nelmes has retired!

Our wonderful librarian, Myriam Nelmes, has retired after thirteen years at ESHT. We wish her happiness in all her new adventures.

Myriam has written this lovely farewell piece for our bulletin..

Looking Back and Looking Forward

I started my NHS librarian life in Medway NHS Trust in 2004.

As an outreach librarian, I trained community based health workers in how to find good quality evidence online.

At first, I knew very little about the NHS, or health, and remember training a nurse who wanted to find information about pyrexia. When I asked her to explain what pyrexia was, her eyes popped open, her chin hit the ground in astonishment and she said 'but I thought librarians know EVERYTHING!' I assured her librarians do indeed know about everything - except pyrexia.

My second job was as a site library manager at Maidstone & Tunbridge Wells Trust and in 2009, I moved to ESHT as the deputy librarian.

I have loved working here with the fabulous library team and library users, but it is now time to say goodbye.

However, I retire with a good vibe about the future. As we move forward in this increasingly digital age, the format of library resources will certainly change, but the need for qualified and knowledgeable staff, to purchase, maintain and promote these resources will not change.

As the flood of information increases, so the need for library staff to manage and navigate this information will increase. Library staff will continue to underpin quality, and evidence based practice throughout the Trust, which in turn results in better patient care. That is why the future is bright and why I love libraries!



Not a member? Join the library now!

Library membership is open to all Trust staff, including students on placement. To join the library, simply complete our [online form](#) or contact the Library Team. We are located in the Education Centres at Eastbourne and Conquest Hospital sites.

5 May is International Midwives Day

For an easy way to stay up to date with current topics in midwifery, why not sign up to receive journal alerts for The Practising Midwife and the British Journal of Midwifery? [Contact us](#) to sign up for alerts.

E-books such as 'Midwifery emergencies at a glance' can be accessed on the [NHS Knowledge and Library Hub](#). Log in with your OpenAthens username and password - search 'midwifery' and filter by eBooks under 'Source Type'. Alternatively, you can request physical midwifery books from either library.

12 May is International Nurses Day

Access illustrated step-by-step guides to clinical procedures online at [ClinicalSkills.net](#). You can also access the [Royal Marsden Manual Online](#) - simply log in via OpenAthens.

Sign up to KnowledgeShare to keep up to date in your chosen subject! You will receive a fortnightly newsletter with updated guidelines and research. To register, complete the [online form](#) or contact the Library Team at: esht.libraryservices@nhs.net

9-15 May is Mental Health Awareness Week

Health Education England (HEE) and Beat, eLearning for Healthcare (ELFH) and partners are pleased to announce that new [eating disorder training for nurses](#) is now available. This online training will help the workforce in identifying and supporting people suffering with an eating disorder. The training is composed of three sessions that take approximately 30-60 minutes each to complete and can be done at the learner's pace.

Eating disorders are extremely common and Anorexia Nervosa has the highest mortality rate of any mental illness. The COVID-19 pandemic has taken a massive toll on people's mental health and NHS staff have responded rapidly to help those who need care, including treating record numbers of children and adults with eating disorders.

Mental health services, including eating disorder services, will see an additional £2.3 billion every year as part of the NHS Long Term Plan ambitions and an expansion of community-based mental health care to provide support for 370,000 adults.

Alongside the expansion, HEE, NHS England and NHS Improvement are working in partnership to develop and deliver a comprehensive training programme. This programme will improve the support received by those with eating disorders, including training in NICE-recommended psychological therapies, whole team training and training for non-specialist staff to improve identification and support throughout the system.

For further information, visit the [eating disorders elearning programme webpage](#) or contact mentalhealth@hee.nhs.uk.

Contact us

Email the Library Team: esht.libraryservices@nhs.net

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The Education Centre, Eastbourne District General Hospital // Tel: 0300 1314500 Ext: 770593

w: <https://www.esht.nhs.uk/service/library-services/library-resources/>