

Patient information

Your Macmillan Dermatology Clinical Nurse Specialist and Dermatology Cancer Support Worker:

How can we help you?

My name is **Julie Smithson** and I am a Macmillan Dermatology Clinical Nurse Specialist for skin cancer.

There are several different types of skin cancer. Often the more common types of skin cancers are less serious and the surgery you have already had to diagnose your skin cancer, may also have treated it at the same time and so management for this is complete. You may have received a letter confirming your result or someone from the team may not have been present when your result was discussed with you

Sometimes the diagnosis of skin cancer is more serious.

Whatever the result has been, you may have questions or concerns. A major part of my role is to be your key worker, offering support, information and guidance for patients with a diagnosis of skin cancer. I can also provide support for your family.

My name is **Ami Thunder** and I am a Dermatology Cancer Support Worker. I am here to provide additional support alongside your medical team and your Clinical Nurse Specialist. I will be your point of contact through your cancer journey and am here to help you with any concerns you may have.

Who else is in our support team?

We form part of a team of health care professionals, specialising in different aspects of care. This includes topical management (creams applied to treat the skin cancer), surgery, radiotherapy, systemic anticancer therapy (management with drugs) and supportive care. We work closely together to provide patients with the best possible treatment.

Our local team has links with the plastic surgeons at Queen Victoria Hospital, East Grinstead and the oncology team at University Hospitals NHS Foundation Trust. We are also in regular contact with the specialist nurse teams at these hospitals.

Where are we based?

We work cross site at Eastbourne District General Hospital and Conquest Hospital, Hastings. We can be contacted as follows:

Julie Smithson: Clinical Nurse Specialist:

Monday to Thursday 09:00-17:00 on 07970595975.

There is an answerphone if I am in clinic or away from the office.

Ami Thunder: Dermatology Cancer Support Worker:

Monday to Friday 09:00- 17:00 (Day off on Wednesdays) on 07974044511.

There is an answerphone if I am in clinic or away from the office.

Email: esht.macmillandermatologynurses@nhs.net

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the patient experience team on 0300 131 4784 or esh-tr.patientexperience@nhs.net.

Hand hygiene

We are committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Sources of information

Macmillan Counselling Service: Provision of free, confidential, emotional & Psychological support	01323 414918 Ext: 3252 Email: esht.macmillancounselling.edgh@nhs.net
The Sara Lee Trust: The Sara Lee Trust supports people in Hastings and Rother who have been diagnosed with cancer or another life-threatening illness by providing free counselling, complementary therapies and group activities specifically designed to work alongside medical treatment.	01424 456608 www.saraleetrust.org
Macmillan Cancer Support:	0808 808 0000 Website: www.macmillan.org.uk
Melanoma Focus Helpline:	0808 801 0777 Duty hours 7pm-9pm each working day
British Association of Dermatologists:	http://www.bad.org.uk/for-the-public/skin-cancer
Cancer Research:	https://www.cancerresearchuk.org/about-cancer/skin-cancer/about-skin-cancer
DermNet NZ:	https://www.dermnetnz.org/topics/skin-cancer/
SKCIN (The Karen Clifford melanoma & skin cancer charity):	http://www.skcin.org/
Melanoma Focus:	https://melanomafocus.org/about-melanoma/

This patient information is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Other formats

If you require any of our leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department on 0300 131 4434 or esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:
Consultant dermatologists; maxillofacial surgeons & plastic surgeons, Dermatology doctors and Dermatology specialist nurses

The Clinical Specialty/Unit that have agreed this patient information leaflet: Medicine
Dermatology

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