

Rehab Bulletin

Connecting staff across our rehabilitation services

Welcome to our Autumn 2021 quarterly rehab bulletin

Welcome to the quarterly rehabilitation services bulletin. Published on a quarterly basis (Spring, Summer, Autumn and Winter), this platform has been designed to keep rehabilitation services colleagues informed of improvement activity and policy work along the rehabilitation pathway. We are keen to hear from you. Please reach out with suggested topics for discussion for our next bulletin via Trish Richardson (trish.richardson2@nhs.net).

What's the latest?

Re-imagining Community Services in South East England

Re-imagining community services for SE
Our vision, mission and guiding principles

✓ Aligned with ESHT Rehab Recovery programme



This programme of work led by Acosia Nyanin, Regional Chief Nurse for SE England, has recently kicked off with the mission of reshaping community services to meet the requirements of the NHS Long Term Plan. Our Chief Executive, Joe Chadwick-Bell, is the system lead for Sussex and has presented a number of exemplars which have been driven through our Rehab Transformation Programme, ie rehab risk stratification, accessibility matrix, the RR&R Forum, intermediate care pathways, workforce redesign.

Want to learn more – watch the video on the Rehabilitation Transformation Programme webpage: [Rehabilitation Transformation Programme – East Sussex Healthcare NHS Trust \(esht.nhs.uk\)](https://www.esht.nhs.uk/rehabilitation-transformation-programme)

It is encouraging that our thinking around the programme and projects complements the principles of the national and regional programme, and the Trust's strategic aims:

Rehab Transformation projects	ESHT STRATEGIC AIMS				RE-IMAGINING COMMUNITY SERVICES – GUIDING PRINCIPLES				
	Improving the health of our communities	Collaborating to deliver better care	Empowering our People	Ensuring innovative & sustainable care	Quality	Personalised Care	Equality	Collaboration	Prevention
Design & Implementation of an Ambulatory Rehab model	◆	◆		◆	◆			◆	◆
Design & Implementation of a Patient Access & Review Tool	◆	◆		◆	◆	◆	◆		◆
Design & Implementation of a Rehab Decision Tree		◆		◆	◆			◆	
Early Supported Discharge & Responsive Rehab		◆	◆	◆	◆	◆	◆	◆	◆
Embedding Psychology into Rehab	◆				◆		◆	◆	◆
Embedding psychology skills training for rehab workforce			◆		◆				
Identification and Implementation of Peer Leaders to support rehab services	◆	◆		◆	◆	◆		◆	◆
Identification of personalised care champions within community rehab	◆	◆		◆	◆	◆		◆	◆
Integrated Complex Disability Management Pathway	◆			◆	◆	◆	◆	◆	◆
PCAS/Long Covid Support & Recovery Service	◆	◆			◆			◆	◆
Rehab & Recovery Forum – QI projects			◆		◆				
Supporting Self Management	◆	◆			◆			◆	◆
vCommunity MDT	◆	◆	◆	◆	◆	◆	◆	◆	◆
Virtual Triage & Consultation Framework & SOP	◆		◆		◆				

National and Local Recognition for the Rehabilitation Transformation Programme
 It is pleasing to see that your work on the Programme has been recognised nationally and locally during the autumn period, and congratulations to:

The **Rehab Recovery & Restoration Forum** which was a shortlisted finalist for the **AHP Innovation and Delivery of Systems Award** in the **Chief Allied Health Professions Officer (CAHPO) Awards 2021** – the first time any of our submissions have been recognised! This award is for a practitioner or team of practitioners who relentlessly focus on driving quality improvement in their work and who have been strong advocates for quality improvement. A few of us represented the Forum at the Virtual Awards Ceremony and had an enjoyable evening!





Pride of ESHT Awards

The **Post Covid Assessment & Support Service** are the winners of the **Working in Partnership Award** in the **Pride of ESHT Awards** – see the link for their nomination and photo - [Pride of ESHT Awards presentations – Monday 29 November - news](#)

Other rehab colleagues recognised in the Awards are:

Ann Barrett, Team Lead OT at BIU – finalist runner-up in Enhancing Patient Safety Award

Speech & Language Therapy Team (with Learning & Development & Oakhouse Kitchens) – finalist runner-up in Working in Partnership Award

Congratulations to you all!

New Appointments

Welcome to the following colleagues taking up new posts:

- * **Suzy Davidson**, Long Covid Support Service Implementation Lead
- * **Liz Walisko**, Lead Nurse for Intermediate Care
- * **Fraser Walsh-Beney**, Specialist ABI OT

Programme Team – we are delighted to welcome **Sarah Rose** to our team as a Peer Leader support to give her perspective on ensuring that as we transform we are sighted on the principles of:

- ⇒ giving choice,
- ⇒ having control
- ⇒ supporting individuals to remain independent
- ⇒ working truly collaboratively

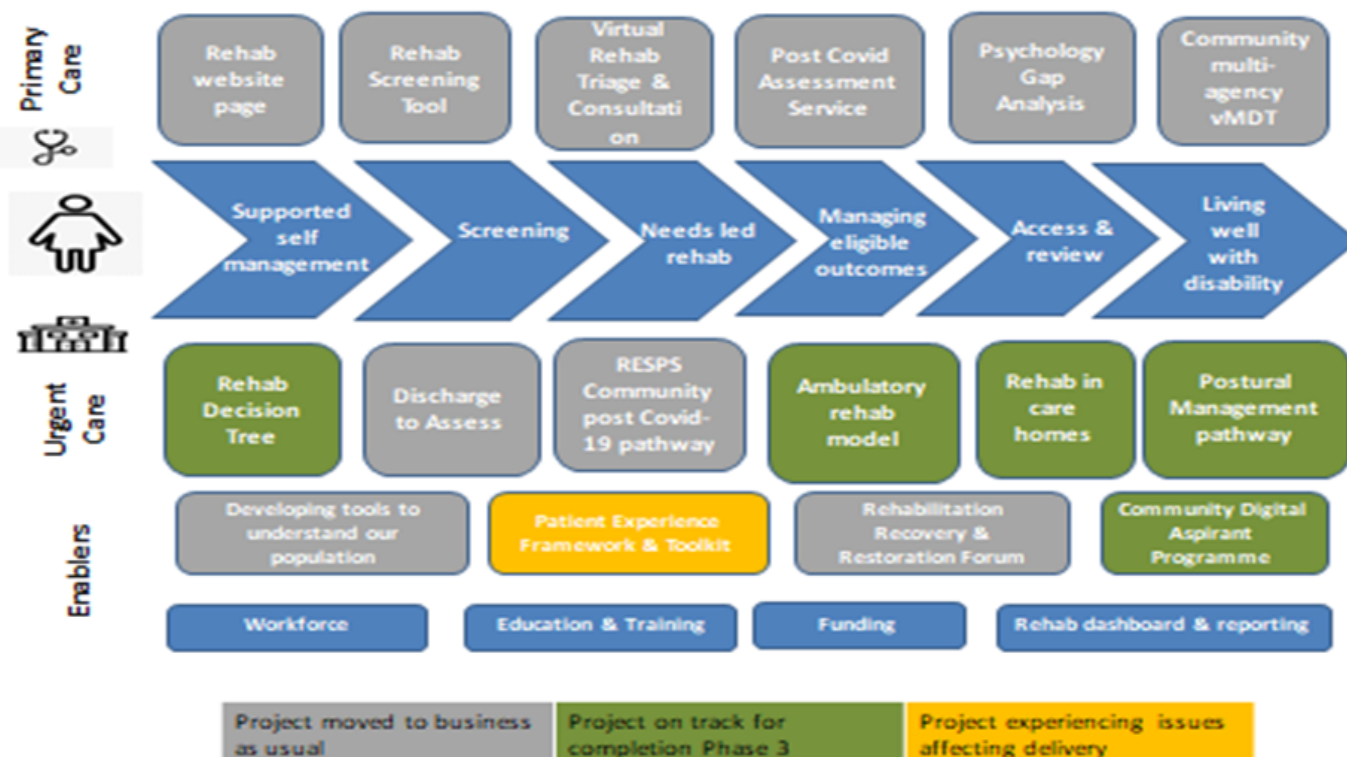
And also **Kayleigh Ridley**, Digital / Rehab Communications Officer, who will be assisting with communications for rehabilitation services and digital aspirant program throughout ESHT, to promote all the amazing progress our staff and patients have made, whilst enhancing our online presence on multiple platforms, such as social media and the Trust website.

Last, but definitely not Least from Karen!

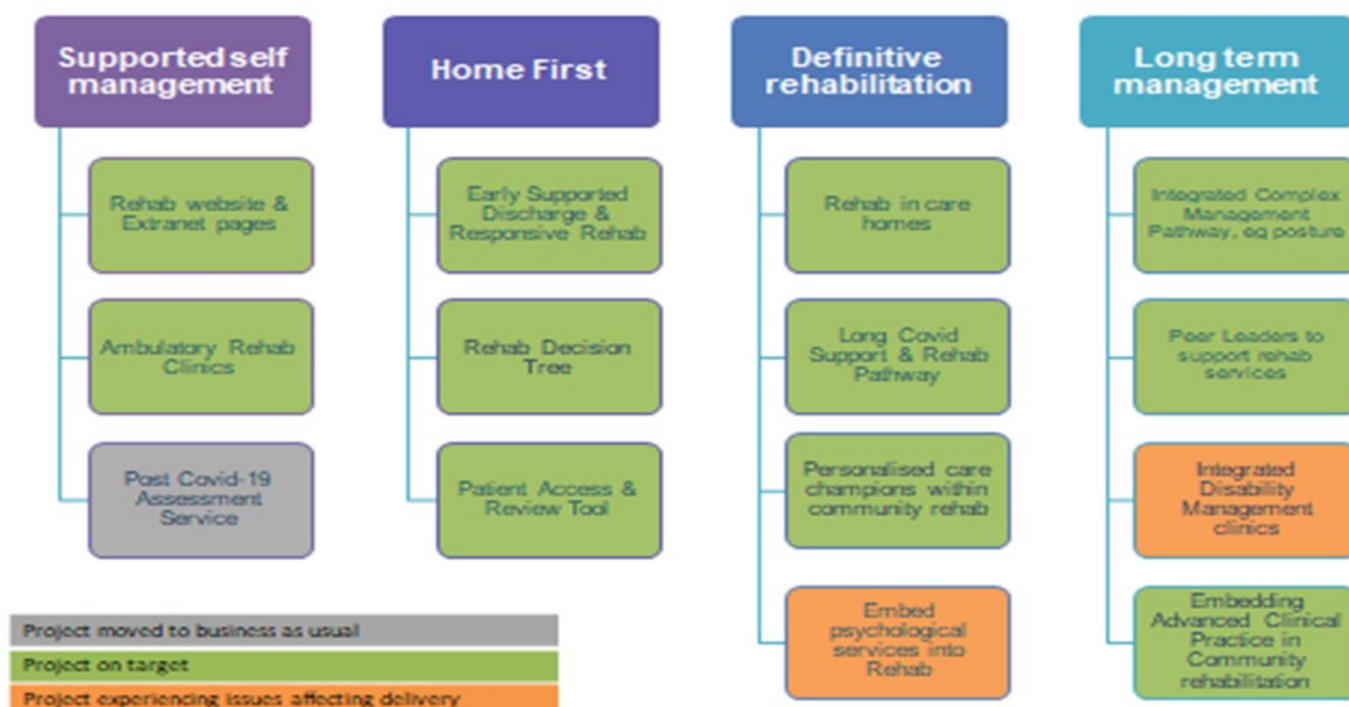
I remember writing in last year's bulletin that 2020 had been a year like no other in our lifetime, and I think 2021 has continued that trend!

But as I reflect back on the Programme over 2021 I am absolutely amazed at what you have all contributed as a group of engaged clinical experts from within and without the Trust who so readily continued to contribute and develop ideas and solutions to recover and restore services – just look at what you have all achieved in Phase 2, all alongside continuing with the day job! And your enthusiasm and commitment continues in embedding and developing the work into Phase 3.

RTP Phase 2 – Recovery & Restoration



Phase 3 – Keeping People Well at Home by realising our Community Investment and Achieving Sustainable Change



So, a big thank you from myself, Trish and Kayleigh to all staff
for your hard work in 2021.

