

Rehab Bulletin

Connecting staff across our rehabilitation services

Welcome to our December 2021 monthly rehab bulletin

Welcome to the monthly rehabilitation services bulletin. Published on a monthly basis, this platform has been designed to keep rehabilitation services colleagues informed of improvement activity and policy work along the rehabilitation pathway. We are keen to hear from you. Please reach out with suggested topics for discussion for our next bulletin via Trish Richardson (trish.richardson2@nhs.net).

What's the latest?

Building for the Future Programme (BFF)

Katey Ma, Programme Lead for Building For the Future, attended the Rehab Recovery & Restoration Forum on 9th December 2021 to give an update on progress with the above programme, and outline the impacts for rehabilitation services.

Background to the Programme

In October 2019 the Government announced the Health Infrastructure Plan to build 40 new hospitals by 2030, and ESHT was one of 40 hospitals selected for funding to significantly refurbish the acute and community hospitals, ie Conquest, Bexhill and Eastbourne. The Trust is part of phase 4 – full adopters of the Health Infrastructure Plan. The New Hospital Programme (NHP) have advised that the Trust's scheme is considered to be suitable for delivery in the latter half of the decade meaning that **construction will start in the period January 2025 to September 2026 and completion between 2027 and 2030.** The Trust submitted the Strategic Outline Case (SOC) to NHSEI on 26 March 2021 and is waiting for feedback and approval.

BFF Programme

East Sussex Healthcare NHS Trust

Trust mission, vision and strategic aims, and local, regional and national strategies that set the context and framework for the BFF Programme Objectives

Building for our Future (BFF) Programme

BFF Programme spending objectives and strategic outcomes aligned to the Trust Strategic Aims and core priorities

BFF Programme Benefits

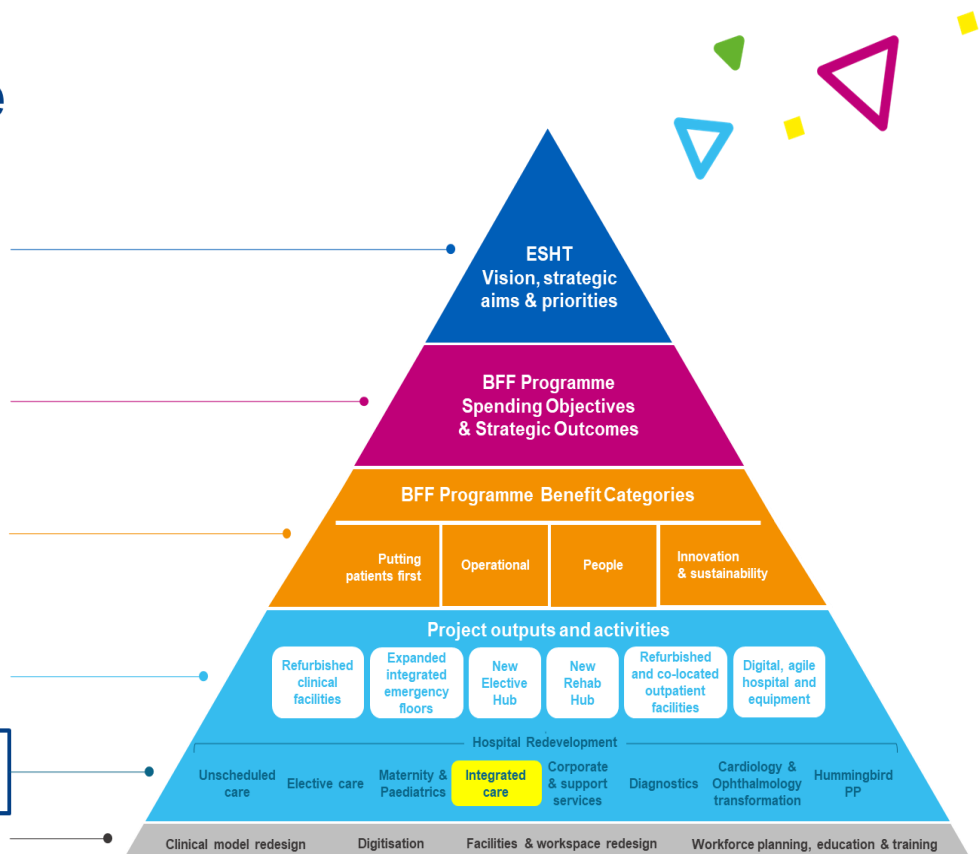
Aligned to the Programme strategic outcomes and categorised to enable benefit definition, measurement and tracking

Physical Outputs

From BFF hospital redevelopment delivering project benefits and contributing to project and programme objectives and outcomes

BFF Transformation Projects with defined objectives that are aligned to the BFF Programme Objectives and Strategic Outcomes

BFF Project Activities that deliver project outputs



Next Steps

Work has commenced on developing the **clinical models of care and pathways** that can deliver the Trust vision and continue to meet the needs of our local population in the future. The clinical models of care will inform the design of the hospital buildings and infrastructure at all three centres. Nine transformation projects are in progress, including one for **integrated care** which incorporates CHIC division (80%) but also includes other community service providers within other divisions.

The Trust is committed to being an integrated acute and community provider and a set of guiding planning principles for hospital redevelopment have been drawn up:

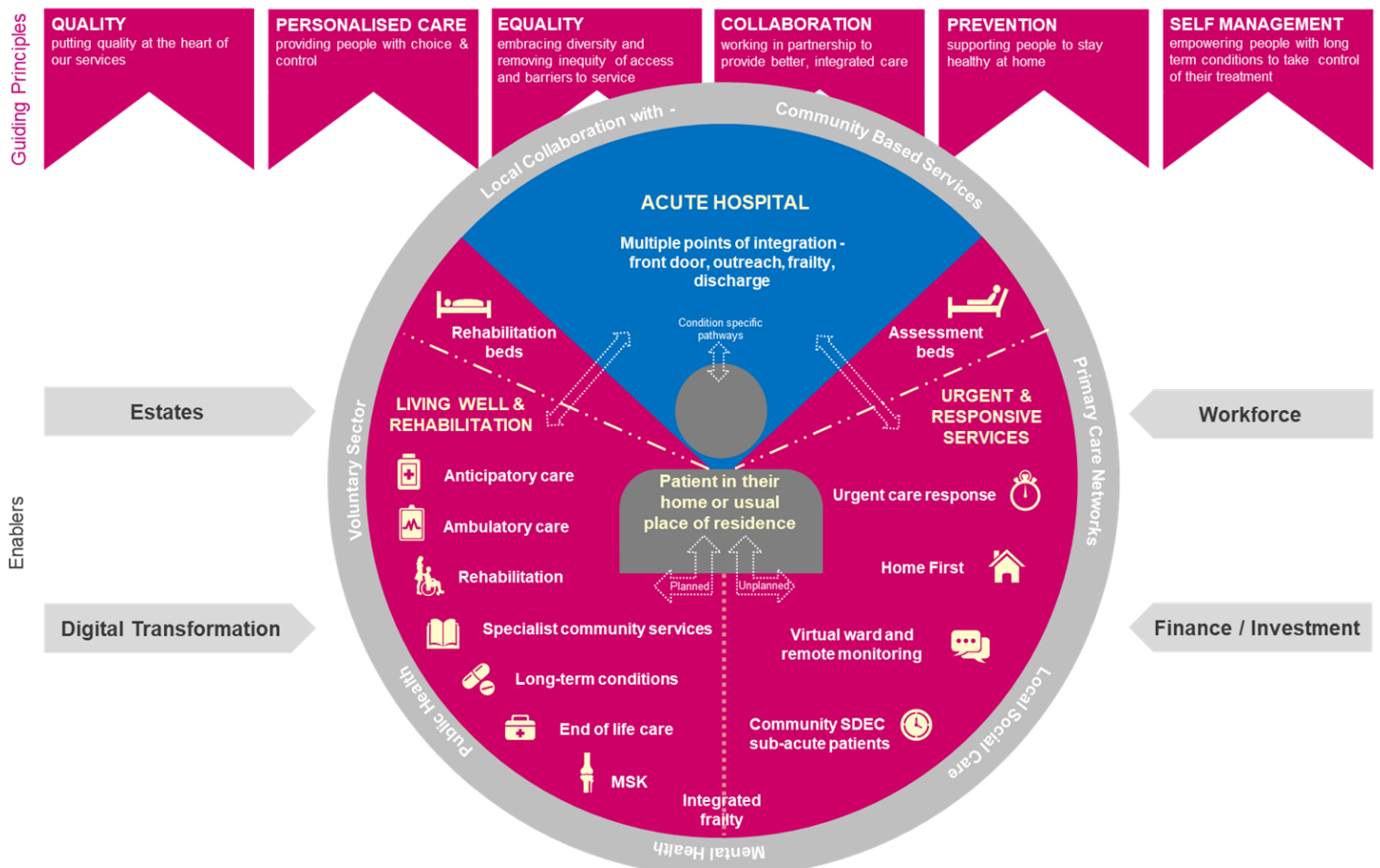
Core planning principles for BFF



- Minimum of 71% single rooms, increased number of bathrooms
- Standardised, repeatable room design that is flexible and adaptable for future requirements
- Separation of elective and emergency flows
- Enhance clinical co-locations and adjacencies
- Enhance same day emergency care
- Enhance integration between acute and community and shift acute activity into the community where appropriate
- Application of digital technologies
- Separation of clinical and administrative areas, where appropriate
- Enhanced staff facilities including rest areas and wellbeing space

These are supported by a set of enablers including estates, digital transformation, workforce, skill-mix and finance/investment to support delivery.

Integrated Care Strategy



The challenge for the Trust is to work out how the models of care and clinical pathways will need to be transformed so that over time we reduce the blue wedge of hospital based services, shift activity out into the community where appropriate, and also ensure that the links between acute/community and vice versa are improved.

It is recognised that estates is a huge enabler for the division in order to better transform pathways and a high level community estates plan is starting to be developed for where services should be going forward and supporting the transformation of pathways. This should bring opportunities to bring teams together to support improved team working and collaboration but it is understood this needs to be balanced with providing local and accessible services closer to the patient.

Options being explored are:

- ⇒ development of a specialist rehab hub within Bexhill location
- ⇒ a centralised admin hub alongside it
- ⇒ satellite provision within localities
- ⇒ local provision aligned to Primary Care Networks.

Karen noted that the Rehab Transformation Programme work has started to be fed into the development of the structure for the future, ie whole pathway approach, one stop shop clinics, step down beds, supported self-management approaches.

Working groups are being set up in the near future to start the detailed planning, and here is a link to further information on the BFF programme on Extranet - [Building for our Future \(esht.nhs.uk\)](https://www.esht.nhs.uk).

If you are interested in being involved in the planning groups once set up, please let Trish Richardson know (trish.richardson2@nhs.net) and she will pass your name onto Katey Ma.