

FOI REF: 21/288

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21<sup>st</sup> June 2021

## FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

**1. How many staff do you employ?**

7,714 substantive staff headcount, as at 28 May 21.

**a. How many doctors?**

687.

**b. How many nurses?**

2,217 Registered Nurses & Midwives.

**c. How many healthcare assistants?**

1,128 Unregistered Nurses.

**d. How many porters?**

77.

**e. How many cleaners?**

323.

**f. How many physiotherapists?**

202.

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**g. How many occupational therapists?**

99.

**h. How many social workers?**

0.

**i. How many administrative staff?**

1,580.

**2. How many staff are on site during a typical 12hr day?**

Best estimate (excluding staff working in the Community, off sick or on annual leave) is, on average. 4,746 headcount on all sites on weekdays.

**3. How many working computers do you have in clinical areas?**

We do not distinguish between clinical and administrative devices; but there are approximately 3,343 desktops and approximately 3,000 laptops in the Trust.

**4. How many parking spaces do you have specifically for staff?**

Conquest Hospital 918, Eastbourne District General Hospital 1365 & in the Community 186.

**5. How much do you charge for staff parking?**

No charge currently.

**a. How long is the average application period for a staff parking permit?**

We do not have waiting lists for permits, all staff can apply but are not guaranteed a space.

**b. Do you have secure bike storage for staff?**

We have secure bike storage at both Conquest Hospital and Eastbourne District General Hospital.

**c. How many bikes can be securely stored on site at any one time?**

In total approximately 48 bikes.

**6. How many on site nutritious food options are there?**

Every day there are 19 healthy choices on the patient catering menu. There are 15 healthy options available through the restaurant and the vending for staff.

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**7. Is hot food available 24 hours a day?**

Yes.

**a. Are food preparation and storage facilities available to all staff?**

The restaurant provides a free to use microwave dependent upon the area or department.

**8. How many access points to free drinking water are there on site?**

Every ward area plus the restaurant and coffee shops.

**9. Do you routinely provide free tea and coffee making facilities for staff in clinical areas?**

No.

**10. How many staff lockers and secure storage areas do you have?**

Conquest have approximately 300 and Eastbourne over 300. Many departments and wards have further lockers in their staff changing rooms.

**11. Do staff have access to on site changing facilities 24 hours a day?**

Yes.

**12. Do staff have access to on site showering facilities 24 hours a day?**

Yes.

**13. Are rest facilities available to staff if too tired to drive home following a night shift?**

Yes – rooms are available on both main sites.

**14. How many staffroom or 'mess' facilities are there on site?**

2x general ones on each site, plus each ward plus every department.

**15. Do you have any dedicated outdoor space for staff?**

Yes.

**16. What welfare and wellbeing services are available to staff?**

We have an established Wellbeing & Health promotion team with trained advisors. We also have a dedicated Employee Support Manager who supports staff who are Carers and staff with children. This person is also able to offer support with financial/ benefits/ housing information.

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Staff are offered a variety of support around wellbeing:  
Mental Health First Aid Training.  
Time to Talk service.  
Calm rooms open 24/7 chaplaincy and wellbeing support.  
Team presentations on resilience/ compassion without burnout.  
Wellbeing advisors linked to HR business partners and divisional leads - monthly meetings - targeted wellbeing support when needed.  
Wellbeing checks for all international nurses.  
Discounts and benefits for health & wellbeing services locally and nationally (gyms and services) .  
Carers passport  
Health promotion drop ins  
Menopause support and guidance  
Men's health - physical and mental Health  
Reflections from COVID facilitated presentation

**17. Is psychological support routinely offered to staff?**

Staff have open access to an Employee Assistance Programme – Care First – where they will be offered in the moment Counselling and ongoing therapy if indicated.

Information and resources for staff to self-refer into are available through a variety of media's including the Staff Wellbeing extranet pages, social media, staff networks, posters etc.

As part of the COVID recovery package all teams of staff are being offered psychological debrief with a trauma therapist. They can then go on to access GTEP and EMDR based therapy specifically for the management of PTSD. There is also a pathway for staff to access individual trauma therapy as a result of work-related trauma, once assessed by Occupational Health.

The Trust is also implementing TRiM – Trauma Risk Management – within the organisation so that staff can be offered a TRiM intervention immediately following a traumatic event at work and for up to 3 months following this. TRiM is also offered to staff who have experienced an accumulation of work related trauma.

**18. Does the trust organise Balint groups or Schwartz rounds for all staff?**

Yes to Schwartz rounds – open to all staff as well as Schwartz concept used for specific teams.

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, please write to the Freedom of Information Department ([esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)), quoting the above reference.

Yours sincerely

Linda Thornhill (Mrs)  
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