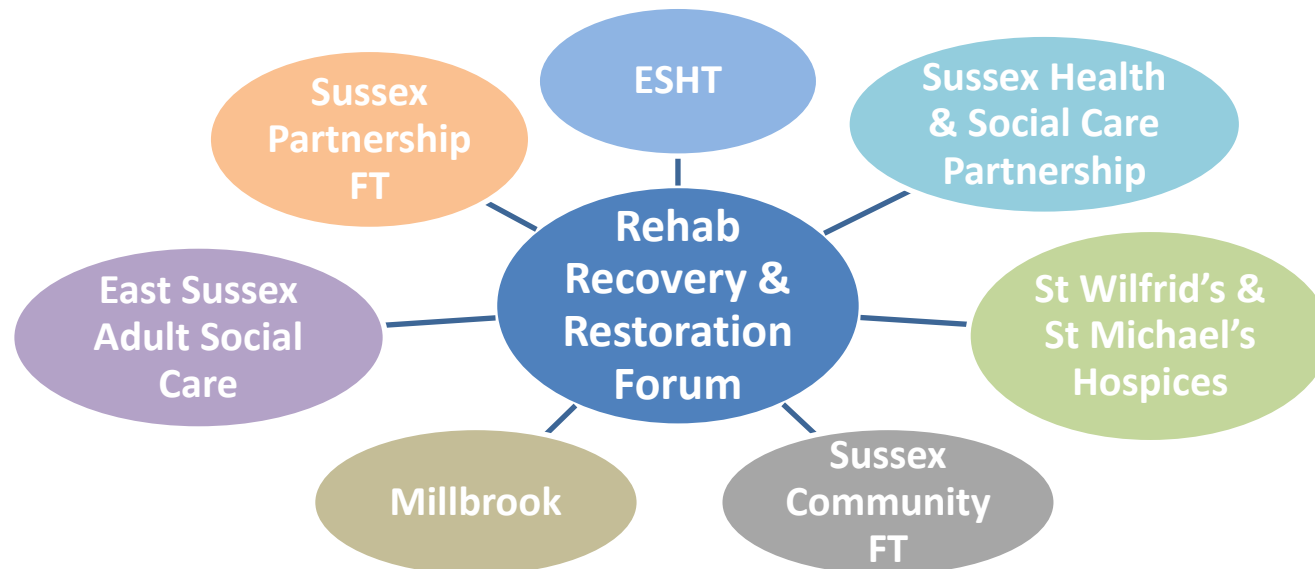


# RECOVERY & RESTORATION OF REHAB SERVICES (Phase 2)

## CELEBRATING OUR ACHIEVEMENTS



The Rehab Recovery & Restoration (RR&R) Forum was formed in the early summer of 2020 and allows colleagues from **all agencies** across the patch to come together virtually and discuss **what has worked well, what hasn't** and **what steps** can be taken in the future to **improve service**.

The Forum reviewed the **critical functions** needed to recover and restore services into an **integrated health and care pathway**, and identified an initial **10** projects which increased to **14** as the work developed.

Using **quality improvement methodology** and a **collaborative approach**, we were able to successfully upscale the changes that we had made during the first wave of the pandemic.

## Critical Functions Review June 2020

### Triage & Co-ordination

*Tools: SPOA & community duty teams, Discharge & Rehab Co-ordination team, ESHT Rehab Matrix – Covid-19 Priority 1-4 patients*

Pro-active rehab & Supported Self Management	Enhancing Digital Technology	Post Covid-19 Rehab	Access & Review	Needs based rehab
<ul style="list-style-type: none"> <li>• ESHT Rehab Advice Line</li> <li>• ESHT Rehab website page</li> <li>• E-rehab Resource pack</li> <li>• Community signposting</li> </ul>	<ul style="list-style-type: none"> <li>• Stratifying risk for patient</li> <li>• Attend Anywhere</li> <li>• TEAMS</li> <li>• Skype</li> <li>• Telephone</li> </ul>	<ul style="list-style-type: none"> <li>• Needs based groups</li> <li>• Fatigue/pacing</li> <li>• Breathlessness (RESPS)</li> <li>• Community Exercise</li> <li>• Social care/Volunteer collaboration</li> <li>• Post ITU rehab</li> </ul>	<ul style="list-style-type: none"> <li>• Face to face</li> <li>• Care home support</li> <li>• Ambulatory rehab models</li> </ul>	<ul style="list-style-type: none"> <li>• NHSE patients</li> <li>• Step up/step down</li> <li>• Post ITU rehab</li> <li>• Community deterioration</li> <li>• In reach &amp; outreach models to support changing complexity profile in community</li> </ul>

### Managing Mental Health & Well-being

### Patient Tracking & Outcome - Understanding our patient population

Integrated System trackers, System One, UKRoc min dataset, Rehab prescription, TARN, SSNAP

### Supporting our Workforce

Integration across health, social care & mental health, 7/7 rotas across all services

# Rehabilitation Transformation Programme

## Rehabilitation Recovery & Restoration Forum Integrated Health & Care Rehabilitation Pathway

### Primary Care



Sussex  
Post-Covid  
Assessment  
Service (PCAS)

East Sussex  
Multiagency  
vMDT

Single  
Community  
rehabilitation  
function

Tele-Rehab  
Models

Joint Health &  
Social care  
clinics

Self referral  
&  
opt-in approach

Rehabilitation  
Passport

Self supported  
management

Screening

Joint health  
&  
social care  
assessment

Needs led  
rehabilitation

Managing  
eligible  
outcomes

Access &  
review

Living well  
with disability

### Urgent Care

ESHT  
Rehabilitation  
Support portal  
[www.ESHT.nhs/rehabilitation](http://www.ESHT.nhs/rehabilitation)

Sussex Post Covid  
screening tool  
across all  
rehabilitation

IDATS

Place based Gap  
analysis of access  
to psychology  
within East Sussex

Implementation  
of place based  
Postural  
Management  
pathway

Digital strategy to  
support  
rehabilitation  
reviews

Patient  
experience  
Framework

### Enablers

Rehabilitation Stratification &  
Rehab data suite

Rehabilitation Decision Tool

Rehabilitation Recovery & Restoration  
Forum

workforce

Education & Training

Rehab dashboard & reporting

# Rehabilitation Transformation Programme

