

Rehab Bulletin

Connecting staff across our rehabilitation services

Spring 2021

- Intermediate Care
- Acute Stroke Services
- JCR
- MSK
- FLS
- SaLT
- Adult Social Care
- Dietetics
- Hospices
- Sussex Partnership FT
- District Nursing
- Neuro Outpatients
- Rehab Co-ordinator
- RESPS
- Acute Rehab Teams
- Community Stroke Rehab
- Wheelchair Service
- Sussex Community FT



East Sussex Healthcare NHS Trust



Achieving the Rehab Transformation Programme: Celebrating the Recovery & Restoration of Services (Phase 2)

The Challenge

As the **COVID-19 pandemic** developed and restrictions came in to play, how to **deliver** the same excellent care for our patients under new **government guidelines**.

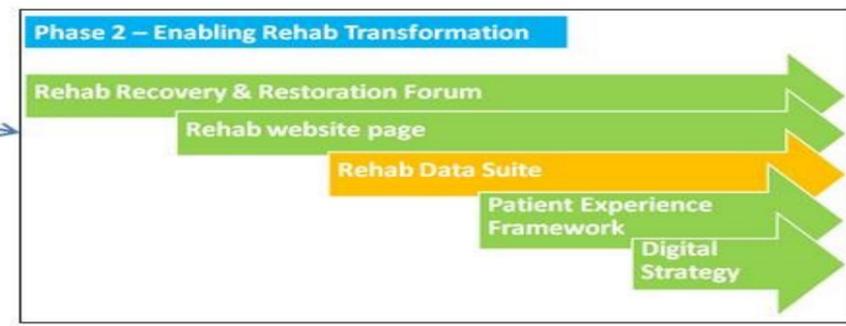
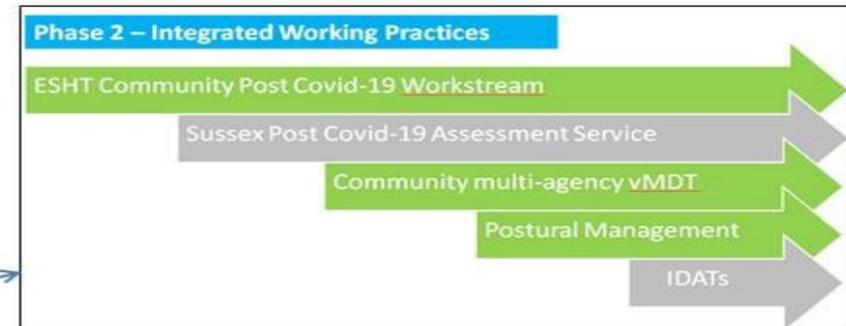
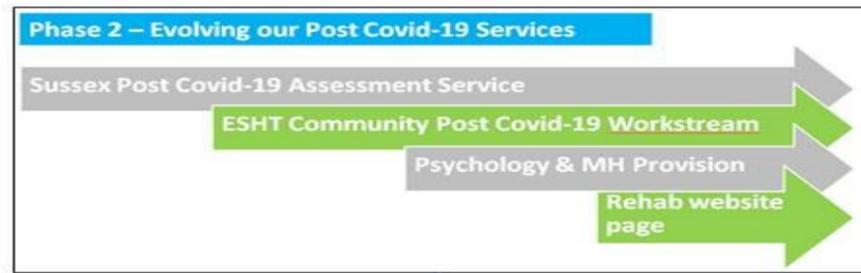
The How

The Programme launched in 2018 gave us the existing infrastructure to **engage with clinicians, adapt our processes** and **redesign our pathways** by looking at them through a new lens in the **post Covid landscape**

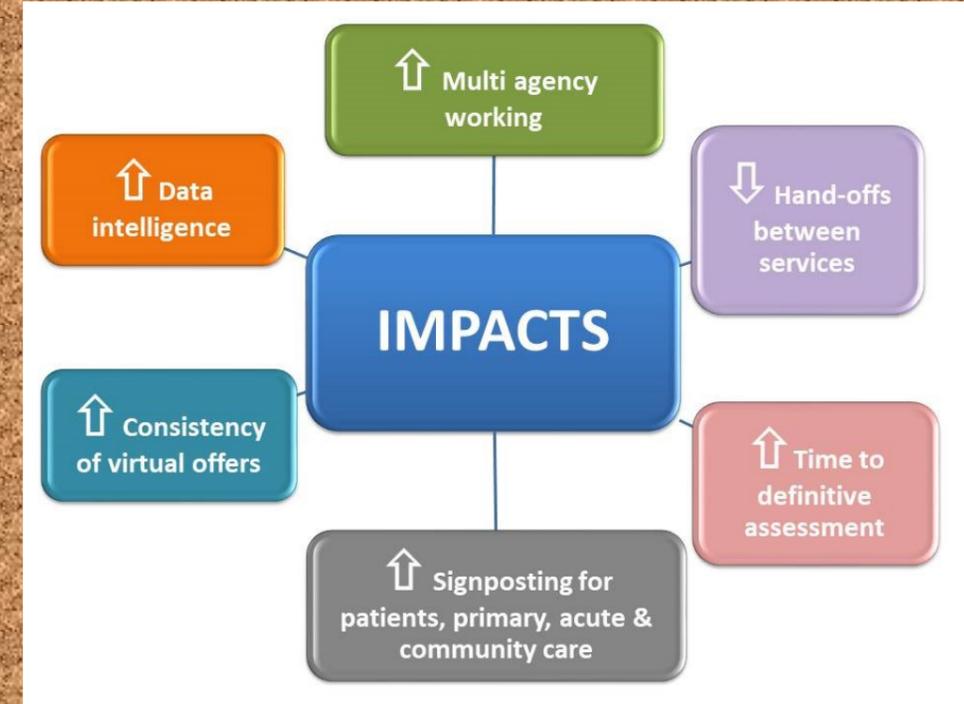


The Methodology

The RR&R Forum reviewed the **critical functions** needed to recover and restore services. **14 projects** were described, developed and embedded into an **integrated health and care pathway** using **QI methodology** and a **collaborative approach** (May20 to March21)



Key
Project completed
Project on target
Project delayed to Phase 3



Want to be involved?

RR&R Forums are held on **2nd Wednesday** of each month via Teams. Contact trish.richardson2@nhs.net to be added to the circulation list.



Next edition

Any ideas for content for our next edition? If so, please contact Karen Poole—karen.poole2@nhs.net

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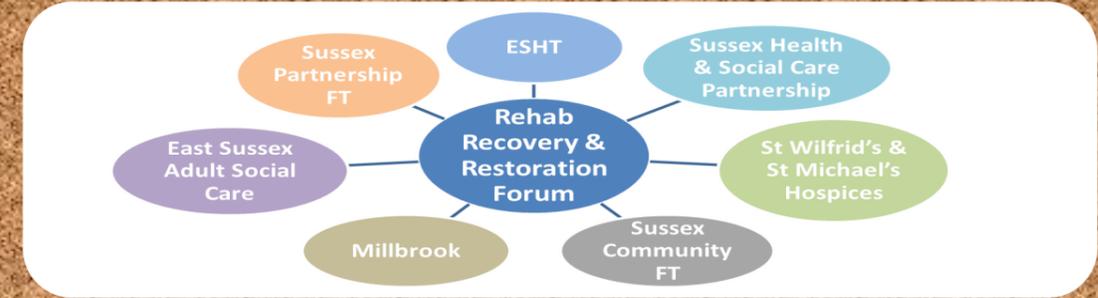
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Achieving the Rehab Transformation Programme: Delivering Community Sustainability (Phase 3)



The Challenge

Disability burden

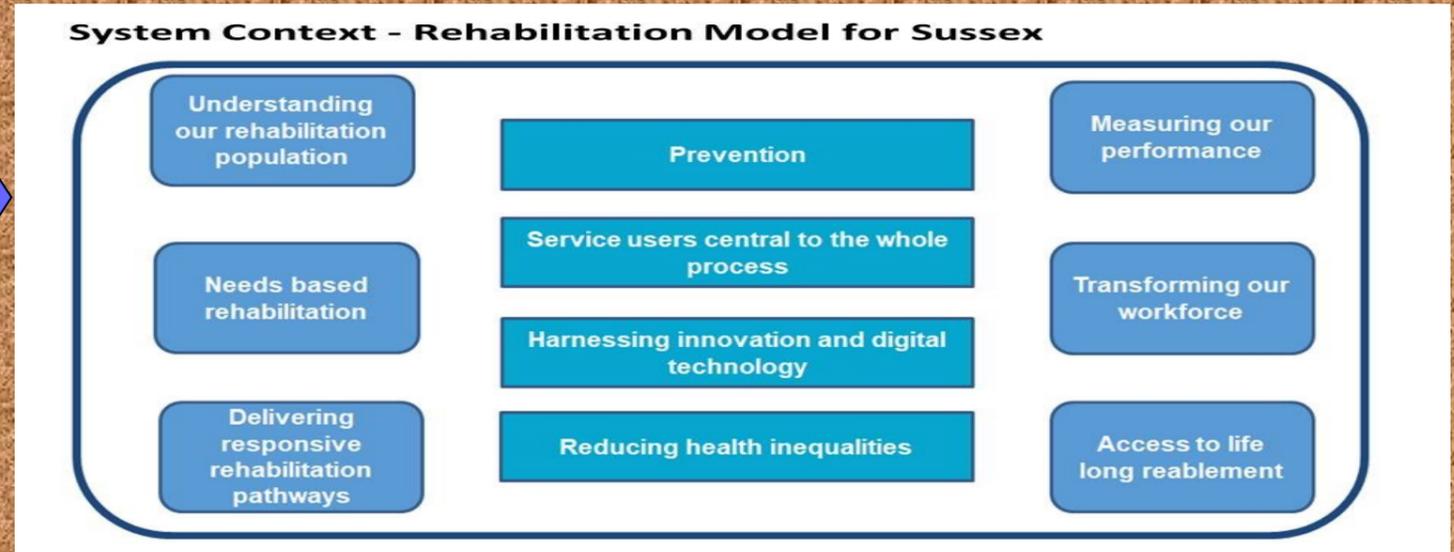
Quality of Life

Access to Rehab

Patient Experience

Common principles

- Tailored approach to individuals
- Needs based
- Integrated rehabilitation delivery



QI Projects identified so far

Understanding our Rehab population	Measuring our Performance	Responsive Rehab	Needs based rehab	Transforming our workforce	Lifelong Re-ablement
<ul style="list-style-type: none"> Rehab Survey Psychology in rehab – Gap analysis Rehab Data Suite Embed Rehab Data suite and stratification tools across community rehab 	<ul style="list-style-type: none"> Patient Experience Framework Rehab Data Suite Nerve centre for community rehab 	<ul style="list-style-type: none"> Rehab Decision Tool Rapid access rehab beds Ambulatory rehab model Patient led access to rehab Robust patient review process Review & Delivery of sustainable D2A model for rehab 	<ul style="list-style-type: none"> Sussex PCAS Community Post Covid-19 Pathway Rehab website page Embedding psychology into rehab Rehab into care homes 	<ul style="list-style-type: none"> Delivering Needs based rehab -Right clinician, right patient Engaging community assets to support self management 	<ul style="list-style-type: none"> Postural management pathway Integrated disability management pathway

Local Context – Target Operating Model

Living independently at home for longer	Prevent unnecessary hospital attendances and admissions	Reduce length of time in hospital by promoting timely discharge	System planning and design to optimise use of resources
<ul style="list-style-type: none"> Postural Management pathway Integrated disability management pathway Community multi-agency vMDT Embedding psychology into rehab Sussex PCAS Community Post Covid-19 pathway 	<ul style="list-style-type: none"> Self referral portal & rehab advice Pro-active review Rapid access rehab beds Ambulatory rehab 	<ul style="list-style-type: none"> Review & Delivery of sustainable D2A model for rehab 	<ul style="list-style-type: none"> Rehab Decision Tool Rehabilitation website page