

Patient information

After Trauma Team

ESHT After Trauma Team (ATT)

The ESHT After Trauma Team (ATT) is a team of multidisciplinary clinicians based primarily at our East Sussex Trauma Unit at Conquest Hospital, but covering the whole of East Sussex.

The team is responsible for those patients who have been admitted to our hospitals for treatment and support following a major traumatic injury. Major Trauma can include significant isolated injuries or serious multiple injuries which may result in disability.

The team includes specialist Medical, Nursing and Therapeutic clinicians who meet weekly to discuss these admissions and any specialist rehabilitation needs that they may require.

The team work within the wider Sussex Trauma Network to ensure those patient needing medical care at the Sussex Major Trauma centre in Brighton are transferred seamlessly and those returning from Brighton or from out of area receive the support they need upon their arrival and with their longer term medical management and rehabilitation needs.

The After Trauma Team includes support and care from:

- **Trauma Nurse Service Co-ordinator**
- **Rehabilitation Consultant Therapist**
- **Rehabilitation Co-ordinator**
- **TARN Co-ordinator**
- **Specialist Acquired Brain Injury (ABI) Occupational Therapist**
- **Specialist Orthopaedic Physiotherapists**
- **Specialist Neurological Physiotherapists**
- **Orthopaedic Specialist Nurse Practitioners**

About Major Trauma

In England, approximately 20,000 adults and children are seriously injured each year. Major trauma is any injury that has the potential to cause long-term disability.

There are many causes of major trauma, including road traffic accidents, falls or accidents at work. Injuries are severe and complex, often with multiple fractures, nerve and soft tissue damage and sometimes traumatic limb loss. Traumatic brain injury and spinal cord injury are specific types of major trauma.

How to contact the After Trauma Team

Email: esht.aftertraumateam@nhs.net

Phone: Rehabilitation Co-ordinator – 07976 566 725

(If unable to contact then please leave a message and we will respond as soon as we are able within working hours: - Mon-Fri 8.30am - 4.30pm)

My Health and Care Records

Any patient who has been admitted to one of our acute hospitals may have already been invited to join and create a profile within My Health and Care records.

The After Trauma team will be using My Health and Care Record to follow up with some patients following recent treatment at either Conquest Hospital or Eastbourne DGH.

My Health and Care Record will be used to provide patients with information to support their recovery and may also ask patients to complete a questionnaire to see how they are getting on and identify if any additional support is required. Patients may be contacted through a letter, inviting them to register. If patients choose not to register then the follow up questionnaire will be sent through the post.

If you want to know more please see our trust webpage for more details:

My Health and Care Record webpage:

www.esht.nhs.uk/my-health-and-care-record/

STRIPE (Sussex Trauma Recovery & Patient Engagement group)

STRIPE could benefit those who have suffered potentially life-threatening or life-changing Injuries that have affected any aspect of life. This includes patients and their families/carers. Have you or a family member recently received treatment in hospital following a traumatic injury? Would you like to share your experiences – good or bad - and help shape healthcare in your community? If so we'd love to hear from you.

We aim to keep improving our care and the best way for us to learn how to do this is hearing directly from patients, families, and carers just like you! Sharing your stories means we can improve care and outcomes for current and future sufferers of trauma related injury and illness.

If you would like to get involved or get more information, please contact us on:

Email – uhsussex.sussestrauma@nhs.net

Twitter [@sussestrauma](https://twitter.com/sussestrauma)

Facebook [@sussestraumanetwork](https://www.facebook.com/sussestraumanetwork)

Services we link into:

ESHT Rehabilitation Services: www.esht.nhs.uk/service/rehabilitation/

Sussex Trauma Network: www.bsuh.nhs.uk/stn/

Spinal Injuries Association: www.spinal.co.uk

Headway: The brain injury association: www.headway.org.uk

Important information

This patient information is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 (direct dial) or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4434 Email: esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:
Alex Wengraf-Hewitt Rehabilitation Coordinator
James Flaherty Trauma Service Coordinator

The Clinical Specialty/Unit that have agreed this patient information leaflet:
After Trauma Team
Community Health and Integrated Care (CHIC)

Next review date: November 2024
Responsible clinician/author: Alex Wengraf-Hewitt Rehabilitation Coordinator

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