



FOI REF: 21/538

8th November 2021

FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

1. Does the NHS Trust authorise the use of any kind of mechanical restraint?

No.

2. What types of Mechanical Restraint is authorised? e.g. Handcuffs; Soft Cuffs; Velcro Leg restraints; Emergency Response Belts (ERB). Spit hoods

Not Applicable.

3. Is the necessary training to apply the authorised form of mechanical restraint linked to a nationally recognised training qualification?

Not Applicable.

4. Does the NHS Trust authorise the use of Posey Mitts, if a risk assessment deems them to be a reasonable and proportionate response?

No.

5. Total number of recorded incidents of mechanical restraint usage (of any type) if in use for the period September 2020 -September 2021

None.

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, please write to the Freedom of Information Department (esh-tr.foi@nhs.net), quoting the above reference.

Yours sincerely

Linda Thornhill (Mrs)
Corporate Governance Manager
esh-tr.foi@nhs.net