

Medicines Optimisation in a Domiciliary Setting (MODS)

MODS is a new service that aims to support people with their medication in their own home. We are a team made up of two clinical pharmacists and two pharmacy technicians.

After receiving a new patient referral, a member of the MODS team will contact you via telephone to arrange an appointment in your own home.

During the appointment:

- A pharmacist or pharmacy technician will visit you at home and talk to you about your medicines.
- During the visit, you can ask a family member or friend to be present if you would like to.
- If we find that you have any difficulties with your medicines, we will work with you to try to help solve these problems.
- It would be of great benefit if you could have all your medicines available to discuss at our visit.

How we can help:

- Look at your medicines and check that you have everything that has been prescribed for you.
- Explain what your medicines are for.
- Comprehensive review of all your medicines.
- Make sure you know how to take your medicines correctly.
- Show you how to use your inhalers, eye drops or other devices.
- Check that you have a routine for taking your medicines.
- Discuss any side effects that you may be experiencing.
- Provide you with written information about your medicines.

After the appointment:

- We will communicate with your GP.
- We will arrange any future appointments if necessary.
- We can send you further information about your medicines if needed, for example medication reminder charts.

Contact details

Base: Bexhill Health Centre (1st floor)
Holliers Hill
Bexhill-on-Sea
TN40 2DZ

Email address: esht.mods@nhs.net

Contact number: 0300 131 4407 (answerphone service that is monitored on working days)

Sources of information

MODS team: 0300 131 4407
Your own GP
Your own Community Pharmacy

Important information

This patient information is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4731 (direct dial) or by email at: esh-tr.patientexperience@nhs.net

Hand hygiene

The trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4434 Email: esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:

Ceri McEwan- Medicines Optimisation Pharmacist and Independent Prescriber
Beth Harries-Medicines Optimisation Pharmacist and Independent Prescriber

The Clinical Specialty/Unit that have agreed this patient information leaflet:
Core Services

Next review date: March 2025
Responsible clinician/author: Suzanne Lloyd - Senior Pharmacy Technician

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