

FOI REF: 22/322

29<sup>th</sup> June 2022

## FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

**Please could you answer the following questions on the attached spread sheet. These are for Conquest Hospital - Sleep Unit, Outpatients Level 3 A1**

**1 How many Obstructive Sleep Apnoea home sleep studies do you perform per week? ( pprox..)**

Approximately 25 home studies are performed a week.

**2 In your Sleep and Respiratory Services which diagnostic methods (not brand) do you routinely use (first-line) for the diagnosis of Obstructive Sleep Apnoea? (e.g. Polysomnography, polygraphy, Oximetry) (Could be multiple choice)**

Polygraphy  
Peripheral Arterial Tonometry (PAT)

**3 For the diagnosis of Obstructive Sleep Apnoea, which manufacturer's technology do you use? (e.g. ResMed, Nox, Nonin, Watch PAT Itamar) (Could be multiple choice)**

ResMed.  
Nox.  
Watch PAT (Itamar).  
Somnomedics (S-Med).

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- 4 **For sleep apnoea home sleep studies, how do you most commonly provide diagnostic equipment to patients? (e.g. Patient collects, courier, combination)**

The patient (or representative) picks up and drop off from the clinic.

Sent via courier, pickup and drop off (patient needs).

- 5 **In your service, please indicate the approximate percentage (%) of new patients who are setup with a CPAP device via:**

**Face to face setup (patient in hospital)**

96%

**Virtual telephone/video call setup (patient at home)**

2%

**Self-guided, using instructions provided with the device (patient at home)**

0%

**Via third party service provider**

0%

**Other (please state)**

2% Patient may require home visit to set up.

- 6 **During the first 90 days of CPAP therapy, on average how many times do you proactively follow-up with patients to support them?**

2

- 7 **For the ongoing management of compliant Obstructive Sleep Apnoea patients, what is your most common follow-up process? (e.g. scheduled virtual follow-up, scheduled face to face follow up, reactive)**

Patient Initiated Follow Up (PIFU).

- 8 **How do you most commonly distribute CPAP consumables and accessories (masks, tubing etc.) to patients? (e.g. Patient collects, post)**

Patient collects from the clinic.

Via post / courier.

If I can be of any further assistance, please do not hesitate to contact me.

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Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department ([esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

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