

FOI REF: 22/733

13th January 2023

FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

I am writing to you under the Freedom of Information Act 2000 to request the following information from East Sussex Healthcare NHS Trust Perinatal Mental Health Team.

I'm interested in data held between 2020 and the present day.

Please can you tell me:

1. The number of patients referred or self-referred to the service and accepted for treatment, broken down by year

	2020	2021	2022 (to end November)
Number of referrals to Perinatal Mental health services	111	324	372

2. The number of patients referred or self-referred to the service and rejected, broken down by year.

	2020	2021	2022 (to end November)
Number of rejected referrals.	No data available.		2

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3. A list of the reasons patients were rejected from the service, by year, broken down by proportion.

Not Severe and enduring mental health condition: i.e.

Bipolar Schizophrenia

Schizophrenia

Effective Disorder History of psychosis including postpartum psychosis

History of severe perinatal mental illness including severe PND (requiring secondary services)

Severe anxiety disorder and OCD Severe depression

Active eating disorder

Emotionally Unstable Personality Disorder EUPD (Joint Clinic if medicated)

Previous birth trauma

Tocophobia

Severe PTS

4. The number of appointments per year held by phone, online and in person broken down by type.

	Phone	Online	In Person
2020	No data available.		
2021	419	157	222
2022	313	39	165

5. The average waiting time for a patient between referral and first appointment, broken down

	<1 week	<2 weeks	3 weeks	4 weeks	5 weeks	>5 weeks
2020			X			
2021				X		
2022					X	

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department (esh-tr.foi@nhs.net), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Linda Thornhill (Mrs)
Corporate Governance Manager
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