

# KNOWLEDGE & LIBRARY SERVICES BULLETIN

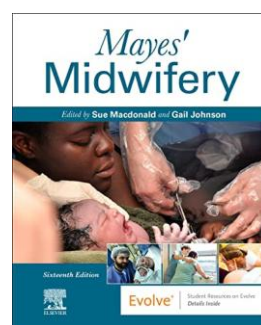
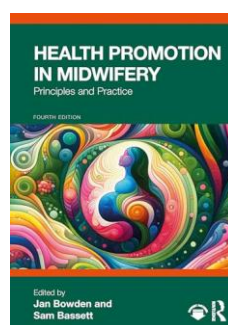
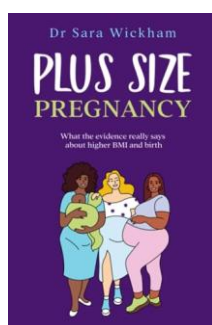
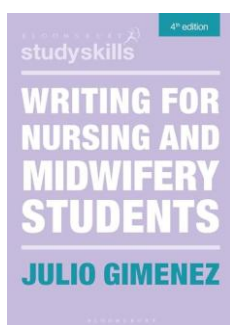
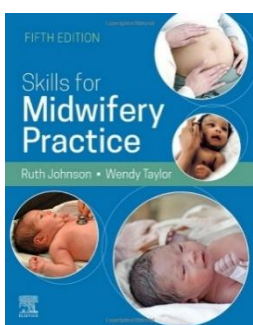
Issue 22 // May-June 2026



## International Day of the Midwife 2026

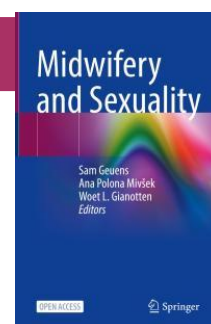
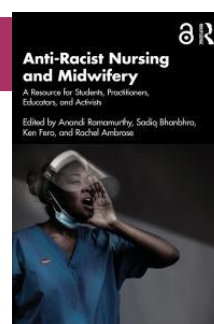
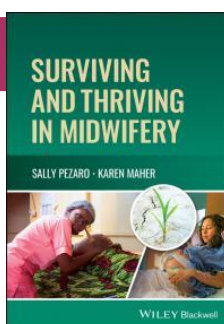
May 5<sup>th</sup> is **International Day of the Midwife**. On this day we celebrate the indispensable support midwives provide across the world and, with this year's theme of '*One Million More Midwives*', highlight the necessity to invest in midwifery in order to meet global health needs.

The library has a wide range of resources for midwives to explore! Click on the images below to reserve via the [library catalogue \(OPAC\)](#):



## e-books

Click on the book covers on the right to start reading these e-books! Sign in with your NHS OpenAthens account – if you don't have one yet, [register here for free](#)



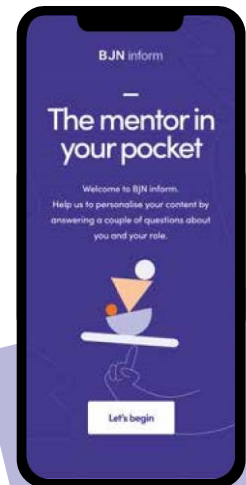
## Table of Contents alerts

Sign up for email alerts from **The Practising Midwife** and the **British Journal of Midwifery** to hear about new articles. Contact us at [esht.libraryservices@nhs.net](mailto:esht.libraryservices@nhs.net) if you would like to join the mailing list.

**BJN Inform - the new resource for nursing staff!** The digital learning platform provides access to bite-sized content to support all aspects of nurses' practice.

**BJN Inform** aims to support nurses to:

- **Build confidence in practice:** via peer-reviewed guides on conditions and procedures available at their fingertips
- **Enhance patient-centred care:** understand all aspects of patient care and implementing evidence-based best practices
- **Access career and wellbeing advice:** supplementing personal and professional growth, with tips on resilience
- **Access content in a simple format:** learn in bite-sized chunks via the web on any device, with the help of accessibility tools
- **Boost CPD progress for nurse revalidation:** fulfil personal CPD requirements for revalidation – simply track reading hours on BJN Inform and download CPD logs to add to any portfolio



### How to access BJN Inform:

Visit [www.bjninform.com](http://www.bjninform.com) and click 'Login'

> select 'Login via your Institution'

> type 'East Sussex Healthcare NHS Trust'

> select this and then enter your NHS OpenAthens username and password (don't have an OpenAthens account? Register at [openathens.nice.org.uk](http://openathens.nice.org.uk))

For more information please contact the library team at: [esht.libraryservices@nhs.net](mailto:esht.libraryservices@nhs.net)

## International Nurses' Day

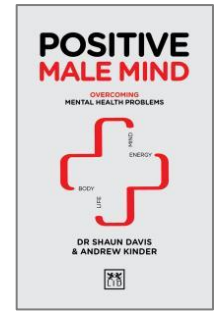
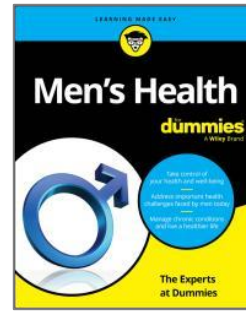
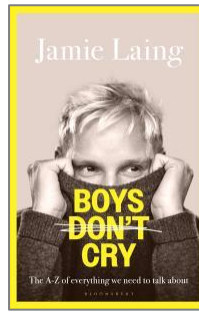
**International Nurses' Day** is being celebrated on May 12<sup>th</sup> and this year the Royal College of Nursing is emphasising both the wide impact that the care nurses provide has across the globe, as well as the challenges that transcend borders in the nursing community.

Take a look at some of the resources the Knowledge and Library Services provide for nursing:



## Men's Health e-books

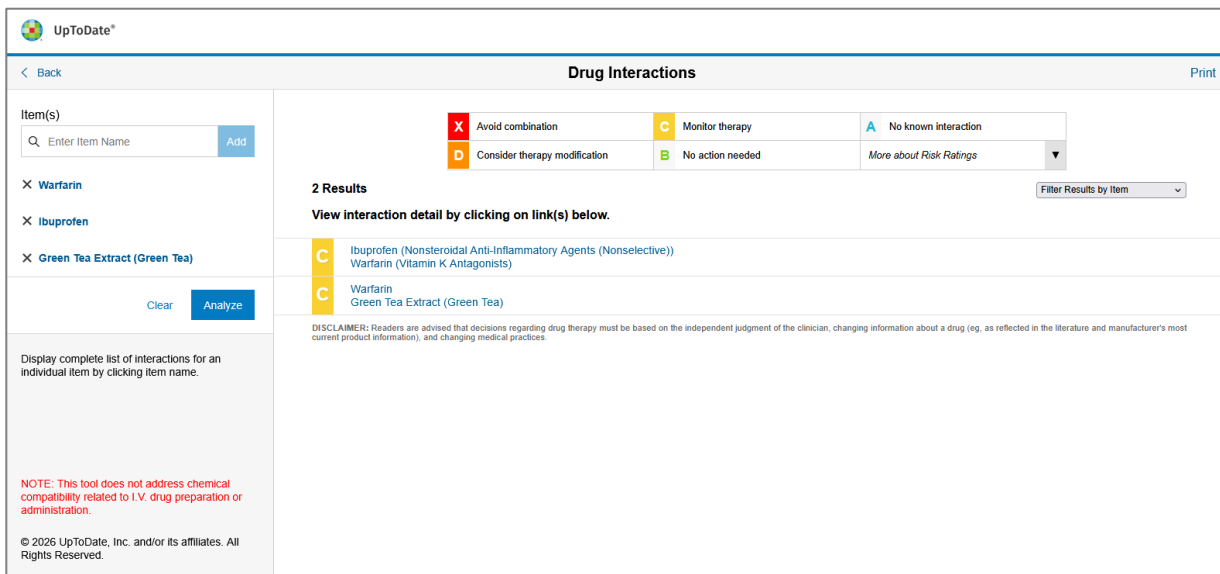
**15-21 June is Men's Health Week.** We've recently netted a new haul of e-books – simply click on the book covers to start reading! You will need to sign in with your NHS OpenAthens account – if you don't have one yet, [register here for free!](#)



You can also visit the [Men's Health](#) Extranet page which has details of the Trust's Men's Health workshops, [DIY Man MOT](#), the [Men's Health Forum](#) and much more.

 Try out the popular [UpToDate® Drug Interactions Tool!](#)

Our subscription to [UpToDate](#) gives you access to a comprehensive evidenced-based tool to help you identify and manage potential drug interactions. The Drug Interactions database includes over 7,600 drugs and herbs and adds another level of knowledge to clinical practice to help improve the quality and safety of care.



UpToDate®

Drug Interactions

Item(s)

Enter Item Name Add

X Warfarin

X Ibuprofen

X Green Tea Extract (Green Tea)

Clear Analyze

Display complete list of interactions for an individual item by clicking item name.

NOTE: This tool does not address chemical compatibility related to I.V. drug preparation or administration.

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2 Results

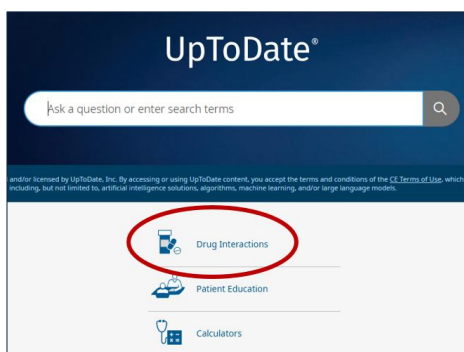
View interaction detail by clicking on link(s) below.

C Ibuprofen (Nonsteroidal Anti-Inflammatory Agents (Nonselective)) Warfarin (Vitamin K Antagonists)

C Warfarin Green Tea Extract (Green Tea)

DISCLAIMER: Readers are advised that decisions regarding drug therapy must be based on the independent judgment of the clinician, changing information about a drug (eg, as reflected in the literature and manufacturer's most current product information), and changing medical practices.

### How to access the Drug Interactions Tool:



You can find the tool on the [UpToDate](#) homepage under the search bar or visit:

[uptodate.com/drug-interactions](https://uptodate.com/drug-interactions)

Login with your NHS OpenAthens account, or access UpToDate via the [Extranet](#) (no login required).

For further information, visit the [How to Guide and Video](#)

## Useful Resources for ODPs

To celebrate **National Operating Department Practitioner (ODP) Day** on May 14th, we're featuring some useful resources for our ODPs:



**Anatomy TV** – a 3D look at human anatomy, this interactive resource includes quizzes, 3D models that can be rotated and you can also strip away layers of anatomical detail

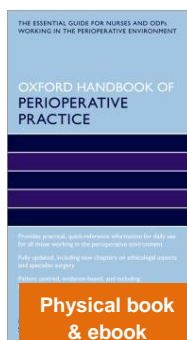
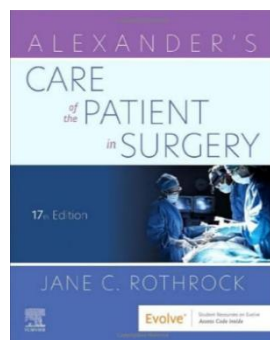
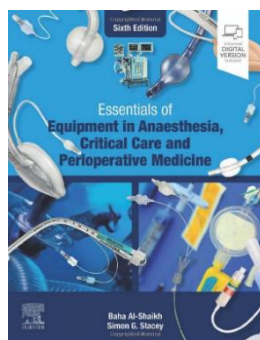
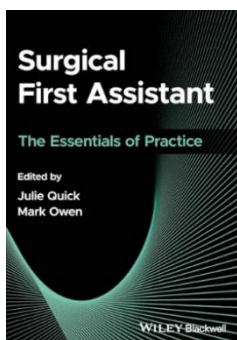


**ClinicalSkills.Net** – step-by-step guides to clinical procedures such as surgical hand preparation

**NHS Knowledge and Library Hub** – search for articles, books and clinical information. Click on the grey 'Sign in' line at the top of the page and enter your OpenAthens username and password to access more subscribed content.

Access the resources with your **NHS OpenAthens account** (don't have an account? Register [here](#)).

### Books and journals of interest



### Keeping up-to-date

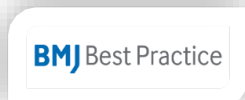
- Browse perioperative journals in [Browzine](#) - click on the PDF icon to read the full text article, or click on 'Request this item' if you can't get access
- [Join KnowledgeShare](#) - receive fortnightly email alerts, advising you of any high impact documents that have been published in the field (alternatively utilise the '[Table of Contents](#)' alert feature)
- Sign up to our electronic table of contents (etoc) service - ask to be added to our email alerts for titles such as **Journal of Perioperative Practice**. Each time a new issue is published, we'll email you to let you know what articles are available

### Clinical decision support tools

These resources provide healthcare professionals with fast and easy access to the latest evidence-based information when making diagnosis and treatment decisions:



**UpToDate** – access current information on 1,000s of clinical topics – includes diagnosis, treatment options, differential diagnosis and a [Drug Interactions Tool](#)



**BMJ Best Practice** – access guidance on diagnosis, prognosis, treatment and prevention, alongside a [Comorbidities Manager](#)

## Join the Library



Library membership is open to all Trust staff, including students on placement.

By joining the library you can get access to a wide range of physical and online resources, as well as training or assistance with literature searches, and 24/7 access to a comfortable and quiet place to study and relax.

To become a member, come see us in the libraries or complete our [online registration form](#).

## Contact us

Email the Library Team: [esht.libraryservices@nhs.net](mailto:esht.libraryservices@nhs.net)

Education Centre, Conquest Hospital // Tel: 0300 131 5221 Ext: 770493

Education Centre, Eastbourne DGH // Tel: 0300 131 4500 Ext: 770593

w: <https://www.esht.nhs.uk/service/library-services/library-resources/>

X [@ESussex\\_NHSLibs](#)