

After your Bladder Botox Treatment

What is bladder Botox Treatment?

This treatment is given by injecting Botox (Botulinum toxin) into the lining of the bladder. It is given to patients who have a clinical diagnosis e.g. overactive bladder, to manage their symptoms. Treatment is given via a telescope into the bladder and is usually undertaken in an Out Patient clinic under local anaesthetic. It may at times be administered under general anaesthetic.

What should I do when I go home?

Ensure you increase your fluid intake (by 2 – 3 glasses) , preferably water, for the first 24 hours to minimise the risk of a urinary tract infection.

You may notice:

- A small amount of blood in your urine eg, a few small blood clots or pale pink tinge to your urine for up to 24 hours
- Pain on passing urine for up to 24 hours.

You should notice an improvement in your bladder problem after 3-4 days but it can take up to two weeks for the full effects to develop.

If you notice an improvement in your symptoms and then begin to notice deterioration, it may be that you are not emptying your bladder completely and you are retaining urine in your bladder.

If this occurs pass a catheter into your bladder and record the amount of urine that drains (mls) out of your bladder. You will have been taught how to pass an intermittent catheter prior to having treatments. It is important to remember to cleanse the genital region with a cloth and warm water and to thoroughly wash your hands with soap and water prior to performing intermittent self catheterisation.

Two situations can occur

1. If a large volume of urine drains (more than 150mls), it may mean that you are required to use the catheters on a regular basis, several times a day (we will advise you).
2. If only a small amount drains, it may mean that you have a urinary Infection. You will need to get your urine tested and may need antibiotics.

Please contact the Urology Investigation Suite and explain the situation stating the amount that has drained via the catheter. The nursing staff will instruct you on which course of action may be appropriate for you.

If in any doubt please do not hesitate to contact us.

Please phone 0300 131 4525 and one of the nursing team will be able to help you.

Consent

Although you consent for this treatment, you may at any time after that withdraw such consent. Please discuss this with your medical team.

Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the Patient Experience Team – Tel: 0300 131 4784 or by email at: esh-tr.patientexperience@nhs.net.

Hand hygiene

The Trust is committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of the Trust leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department.

Tel: 0300 131 4434 Email: esh-tr.accessibleinformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:
James Moore - Consultant Urological Surgeon

The directorate group that has agreed this patient information leaflet:
Diagnosis, Anaesthetic and Surgery Governance

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Responsible clinician/author: James Moore – Consultant Urological Surgeon

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