Patient information



Service improvement feedback - Podiatry

The ESHT Musculoskeletal Podiatry team provide treatments to improve lower limb health and the wellbeing of service users within East Sussex.

We analyse our provided treatment effectiveness, by using Patient Reported Outcome Measures (PROM's). These are patient self-completed questionnaires, that collect information about how well treatments work and how they influence patients' pain and quality of life.

Our team use the Manchester / Oxford Questionnaire (MOXFQ), which compares pain symptoms before and after treatment.

This informs how well our treatments help patients' and compare our treatments against other NHS podiatry services. This ensures we provide the best treatments, help to develop staff and create new ways of working to deliver excellent care.

How do we get the information we need?

Your appointment letter comes with the MOXFQ questionnaire (see below). You will receive two questionnaires, one for the left or right foot.

Complete the appropriate one only for the painful foot or both if problems exist in each side.

- Before your initial consultation, we require you to complete the questionnaire (s).
 This records your symptoms before treatment. It is important to ensure you bring it with you on the day of your consultation.
- We record all data anonymously
- 3 months after your last consultation, we may book a telephone follow up appointment and a team member will speak with you and complete another questionnaire. This records your symptoms after treatment.
- We then compare your before and after pain symptoms.

This helps us better understand if our treatments are helping or if we need to change the way we treat patients'.

What do we do with this information?

There is no requirement for personal information, so data is anonymised. It is used only for Podiatry Service clinical improvement and stored securely in line with Information Governance Guidelines.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the patient experience team on 0300 131 4784 or esh-tr.patientexperience@nhs.net.

Other formats

If you require any of our leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department on 0300 131 4434 or esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.	ţ

Reference

The following clinicians have been consulted and agreed this patient information: Graeme Hadlow MSK Advanced Practitioner (ESHT)

Next review date: July 2025

Responsible clinician / author: Graeme Hadlow MSK Advanced Practitioner. (ESHT)

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Manchester-Oxford Foot Questionnaire (MOxFQ)

P	rior to	completing the Quest	ionnaire please c	omplete the following	:-	
Т	odays	' Date:				
N	Day: Month: 'ear: 2	0				
		ch side of your body is circle the appropriate of		for which you are re	ceiving/have rece	ived treatment.
L	.eft	Right	Both			
		said `both', please o			nking about the	<u>right side</u> . A
S		questionnaire, for the le as appropriate	Right /		Please tic	ck (√) one box
	1.	During the pa	st 4 weeks	this has applie	d to me:	
		I have pain in n	ny foot/ankle			
		None of the time	Rarely	Some of the time	Most of the time	All of the time
			rarery			
	2.	During the pa	st 4 weeks	this has applie	d to me:	
		I avoid walking	long distance	es because of pa	in in my foot/	'ankle
		None of the time	Rarely	Some of the time	Most of the time	All of the time
	3.	During the pa	st 4 weeks	this has applie	d to me:	
		I change the wa	ay I walk due	to pain in my fo	oot/ankle	
		None of the	5 .	Some of the	Most of the	AU 6.1
		time	Rarely	time	time	All of the time
	4.	During the pa	st 4 weeks	this has applie	d to me:	
		I walk slowly be	ecause of pai	n in my foot/ank	de	
		None of the	D '	Some of the	Most of the	A11 - C 11 11
		time	Rarely	time	time	All of the time

5.	During the past	t 4 weeks	this has applie	d to me:	
	I have to stop an	nd rest my f	oot/ankle becau	se of pain	
	None of the time	Rarely	Some of the time	Most of the time	All of the time
6.	During the past	t 4 weeks	this has applie	d to me:	
	I avoid some har	d or rough	surfaces because	e of pain in m	y foot/ankle
	None of the		Some of the	Most	
	time	Rarely	time	of the time	All of the time
7.	During the past	t 4 weeks	this has applie	d to me:	
	I avoid standing	for a long t	•		t/ankle
	None of the	5 1	Some of the		A.I. C.I
	time	Rarely	time	time	All of the time
_					
8.	During the past				
	I catch the bus o foot/ankle	r use the ca			of pain in my
	None of the time	Rarely	Some of the time	Most of the time	All of the time
9.	During the past	t 4 weeks	this has applie	d to me:	
	I feel self-conscio				
	None of the		Some of the	Most of the	
	time	Rarely	time	time	All of the time
10.	During the past	t 4 weeks	this has applie	d to me:	
	I feel self-conscio	ous about tl	ne shoes I have	to wear	
	None of the		Some of the	Most of the	
	time	Rarely	time	time	All of the time

11.	During the pa	st 4 weeks	this has applie	d to me:	
	The pain in my	foot/ankle is	more painful in	the evening	
	None of the	Dowali	Some of the		All of the times
	time	Rarely	time	time	All of the time
12.	During the pa	st 4 weeks	this has applie	d to me:	
	I get shooting				
	None of the		Some of the		
	time	Rarely	time	time	All of the time
13.	During the pa	ist 4 weeks	this has applie	d to me:	
	•		events me from	carrying out	my
	work/everyday	activities			
	None of the time	Rarely	Some of the time	Most of the time	All of the time
14.	During the pa	st 4 weeks	this has applie	d to me:	
		·	cial or recreation	al activities be	ecause of pain
	in my foot/ank	le	Some of the	M = = + = £ + = =	
				IVINCT OF TOA	
	None of the time	Rarely			All of the time
	None of the time	Rarely	time	time	All of the time
		Rarely			All of the time
15.			time		All of the time
15.	time During the pa	nst 4 weeks.	time	time	
15.	time During the pa	nst 4 weeks.	time	time	
15.	During the pa	st 4 weeks	time pain you <u>usuall</u>	time y have in your	foot/ankle?
	During the part How would you None	sst 4 weeks I describe the Very mild	time pain you <u>usuall</u> Mild	time y have in your	foot/ankle?
	During the particle None During the particle During the During the particle During the Dur	nst 4 weeks I describe the Very mild	time pain you <u>usuall</u> Mild	time y have in your Moderate	foot/ankle? Severe
	During the part How would you None During the part Have you been	nst 4 weeks I describe the Very mild st 4 weeks troubled by p Only 1 or 2	time pain you <u>usuall</u> Mild and bain from your fo	time y have in your Moderate oot/ankle in b	foot/ankle? Severe defined at night?
	During the particle None During the particle During the During the particle During the Dur	st 4 weeks I describe the Very mild st 4 weeks troubled by p	time pain you <u>usuall</u> Mild	time y have in your Moderate oot/ankle in b	foot/ankle? Severe
	During the part How would you None During the part Have you been	nst 4 weeks I describe the Very mild st 4 weeks troubled by p Only 1 or 2	time pain you <u>usuall</u> Mild and bain from your fo	time y have in your Moderate oot/ankle in b	foot/ankle? Severe defined at night?

Manchester-Oxford Foot Questionnaire (MOxFQ)

Prior to	completing the Question	onnaire please o	complete the following	:-	
Todays	s' Date:				
Day: Month: Year: 2					
	ch side of your body is the circle the appropriate cl		for which you are re	ceiving/have rece	ived treatment.
Left	Right	Both			
	said 'both', please co			nking about the	<u>right side</u> . A
	le as appropriate	Right /		Please tic	k (✓) one box
1.	During the pas	t 4 weeks	this has applie	d to me:	
	I have pain in m	y foot/ankle	9		
	None of the time	Rarely	Some of the time	Most of the time	All of the time
		Marery —	———	—	All of the time
2.	During the pas	t 4 weeks	this has applie	d to me:	
	I avoid walking l	ong distanc	es because of pa	in in my foot/	'ankle
	None of the		Some of the		
	time	Rarely	time	time	All of the time
3.	During the pas	t 4 weeks	this has applie	d to me:	
			e to pain in my fo		
	None of the		Some of the	Most of the	
	time	Rarely	time	time	All of the time
4.	During the pas	t 4 weeks	this has applie	d to me:	
	I walk slowly be	cause of pai	n in my foot/ank	de	
	None of the	Doroly	Some of the	Most of the	All of the time -
	time —	Rarely	time —	time —	All of the time

5.	During the pas	t 4 weeks	this has applie	d to me:		
	I have to stop ar	nd rest my f	oot/ankle becau	se of pain		
	None of the time	Rarely	Some of the time	Most of the time	All of the time	
		Marery			All of the time	
6.	During the pas	t 4 weeks t	this has applie	d to me:		
	I avoid some har				y foot/ankle	
	None of the		Some of the	Most	All 6.1	
	time	Rarely	time	of the time	All of the time	
7.	During the pas	t 4 weeks	this has applie	d to me:		
	I avoid standing	for a long ti	ime because of p	oain in my foo	t/ankle	
	None of the	Daroly	Some of the		All of the time	
	time	Rarely	time	time	All of the time	
8.					- 6	
	I catch the bus of foot/ankle	or use the ca	ar instead of wai	king, because	or pain in my	
	None of the	David	Some of the	Most of the		
	time	Rarely	time	time	All of the time	
_	.					
9.	During the pas			a to me:		
	I feel self-consci-	ous about II	Some of the	Most of the		
	time	Rarely	time	time	All of the time	
					_	
10.	During the pas					
	I feel self-consci	ous about th				
	None of the time	Rarely	Some of the time	Most of the time	All of the time	
		,	-	-		

11.	During the pa	ast 4 weeks t	his has applie	d to me:	
			more painful in		
	None of the time	Rarely	Some of the time	Most of the time	All of the time
12.	During the pa	ast 4 weeks t	:his has applie	d to me:	
	I get shooting	pains in my fo			
	None of the time	Rarely	Some of the time	Most of the time	All of the time
12	During the na	est 4 weeks t	:his has applie	d to me:	
13.			events me from		mv
	work/everyday		events me nom	carrying out	y
	None of the time	Rarely	Some of the time	Most of the time	All of the time
14.	During the pa	ast 4 weeks t	his has applie	d to me:	
14.	I am <u>un</u> able to	do all my soc	this has applied it is in the contract the c		ecause of pain
14.		do all my soc		al activities b	ecause of pain All of the time
14.	I am <u>un</u> able to in my foot/ank None of the	do all my soc le	ial or recreation Some of the	al activities be Most of the	
	I am <u>un</u> able to in my foot/ank None of the time	do all my soc le Rarely	Some of the time	al activities be Most of the	
	I am <u>un</u> able to in my foot/ank None of the time During the pa	do all my sociale Rarely ast 4 weeks	Some of the time	al activities be Most of the time	All of the time
	I am <u>un</u> able to in my foot/ank None of the time During the pa	do all my sociale Rarely ast 4 weeks	Some of the time	al activities be Most of the time	All of the time
	I am <u>un</u> able to in my foot/ank None of the time During the particle How would you	Rarely ast 4 weeks u describe the	Some of the time pain you usually	al activities be Most of the time	All of the time
15.	I am <u>un</u> able to in my foot/ank None of the time During the particle How would you	Rarely ast 4 weeks U describe the Very mild	sial or recreation Some of the time pain you usually Mild	al activities be Most of the time	All of the time
15.	I am unable to in my foot/ank None of the time During the particle. During the particle. During the particle.	Rarely ast 4 weeks Very mild ast 4 weeks at troubled by p	sial or recreation Some of the time pain you usually Mild	al activities be Most of the time where in your moderate	All of the time
15.	I am unable to in my foot/ank None of the time During the particle. During the particle. During the particle.	Rarely ast 4 weeks Very mild ast 4 weeks	Some of the time pain you usually Mild	Al activities be Most of the time y have in your Moderate Doot/ankle in b	All of the time
15.	I am unable to in my foot/ank None of the time During the part How would you None During the part Have you been	Rarely ast 4 weeks Very mild ast 4 weeks troubled by p Only 1 or 2	Some of the time pain you usually Mild about from your for	Al activities be Most of the time y have in your Moderate Doot/ankle in b	All of the time r foot/ankle? Severe ded at night?

Thank you very much.