



FOI REF: 23/838

3rd January 2024

Tel: 0300 131 4500

Website: www.esht.nhs.uk

FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act.

[The answers to your specific questions are detailed within the attached document.](#)

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department (esh-tr.foi@nhs.net), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Linda Thornhill (Mrs)
Corporate Governance Manager
esh-tr.foi@nhs.net

1. Please indicate if your Trust /Health Board provides the following training to all Health Visitors

	Yes / No
Mandatory training about providing trauma informed care	Yes – introduced in the mandatory training – safeguarding adults and children level 3
Mandatory training about the causes and consequences of sexual violence and sexual abuse	Training available via social care but not mandatory

2. Please indicate if your Trust /Health Board provides the following training to all physiotherapists who provide care within the maternity services

	Yes / No
Mandatory training about providing trauma informed care	Yes – introduced in the mandatory training – safeguarding adults and children level 3
Mandatory training about the causes and consequences of sexual violence and sexual abuse	Sexual abuse is part of the mandatory Safeguarding Training. Sexual violence as a specific topic is not.

3. Are women and birthing people routinely asked, or offered the opportunity to share, if they have experienced sexual violence or sexual abuse? [please circle]

Yes

No [please move to Q.4]

For physiotherapy - All patients seen in Pelvic Health physiotherapy are routinely asked if they have any problems with intercourse.

4. If yes, please provide detail about this process [e.g. at what point(s) in their maternity care does this happen; who is the person who makes this enquiry; is this required by any policies etc?]

At the booking appointment with the midwife, ideally before 10 weeks gestation, we ask about any history of childhood adverse life events which includes physical, sexual, and emotional abuse. We also ask regarding domestic abuse both current and in previous relationships, which also includes emotional, physical, emotional and sexual abuse. At every contact we are then required to ask again about previous and current domestic abuse. The trust guidance for booking and at each contact to ask about domestic abuse and our safeguarding training reiterates this policy.

5. Please state the name of the NHS organisation completing this survey

East Sussex Healthcare NHS Trust.

Thank you very much for completing this FOI request