

Patient information

CT Colon Aftercare Advice

Advice Post CT Colon scan

Please use the toilet and take your time before you leave the hospital. The Carbon Dioxide we have used to inflate your bowel is absorbed quickly by your body and any mild pain and bloating should not take long to pass.

You can return to your normal eating and drinking pattern. We recommend that you drink plenty of fluids for the following 2-3 days.

You should not experience any after effects from this procedure. If you experience any severe pains or prolonged discomfort in your abdomen after you have left the hospital, you should attend your local Accident and Emergency (A&E) Department or contact your GP explaining you have recently undergone a CT Colonography.

Advice Post Hyoscine Butylbromide (Buscopan) Injection

If you have been given an injection of Hyoscine Butylbromide (Buscopan), which is used to relax the muscles in the bowel wall, you may have blurred vision. This side effect is short lived, usually about 30 minutes.

If you do experience this blurring, please make sure your vision has returned to normal before driving. It is very rare but if you develop a red painful eye, you should attend your local Accident and Emergency (A&E) Department or contact your GP explaining you have recently had Buscopan for a CT Colonography.

Results

Your images will be reviewed by a Radiologist and a full report will be sent to the referring doctor within 1 - 2 weeks. An appointment will then be arranged to discuss your results with your doctor.

Contact us

If you have any queries, please contact the CT Scanning Department 7 days a week 8am – 8pm.

Eastbourne District General Hospital: Tel: 0300 131 4500 Ext 771838/77183

Conquest Hospital: Tel: 0300 131 4500 Ext 773248/773247

You can also contact your GP, or NHS 111 which is a service that offers medical advice over the phone 24 hours a day.

Consent

Although you consent to this treatment, you may at any time after that withdraw such consent. Please discuss this with your medical team.

Sources of information

For further information regarding your condition please refer back to the Doctor who has sent you for your scan. If you have internet access, you can find out more about this scan here: -

Patient CT scan information: <https://patient.info/treatment-medication/ct-scan>

Patient CTC information: [CT Colonography: Use, Preparation, and Side-Effects | Patient](#)

For information about bowel cancer screening: [Bowel cancer screening: having a CT colonography \(CTC\) scan - GOV.UK \(www.gov.uk\)](#)

Important information

The information in this leaflet is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the patient experience team on 0300 131 4784 or esh-tr.patientexperience@nhs.net.

Hand hygiene

We are committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

Other formats

If you require any of our leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department on 0300 131 4434 or esh-tr.AccessibleInformation@nhs.net

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

Reference

The following clinicians have been consulted and agreed this patient information:

Emma Gardner, Senior CT Practitioner

Dr Gillian Watson, Consultant Radiologist

Dr Yap, Consultant Radiologist

The directorate group that has agreed this patient information leaflet:

Core Services Division

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Responsible clinician/author: Emma Gardner Senior CT Practitioner

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