

FOI REF: 24/734

12<sup>th</sup> November 2024

Tel: 0300 131 4500  
Website: [www.esht.nhs.uk](http://www.esht.nhs.uk)

## FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

- 1) How many NHS Staff have taken at least one day off work due to mental health issues in the past three years? (Broken down by years: 2021/22, 2022/23, 2023/24)**

2021-2022: 451

2022-2023: 512

2023-2024: 634

- 1a) Could these issues be broken down into specific types of mental conditions such as stress, work-related stress, anxiety, depression, low mood, etc.? (Broken down by years: 2021/22, 2022/23, 2023/24)**

Under Section 1 (1) (a) of the Freedom of Information Act, East Sussex Healthcare NHS Trust can confirm that this information is not held.

The Trust is not able to break down the figures (given in response to question 1) into specific types of mental health conditions.

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department ([esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

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Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Freedom of Information Department  
[esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)