

FOI REF: 25/223

24th March 2025

Tel: 0300 131 4500
Website: www.esht.nhs.uk

FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

This is an information request relating to sick days taken by nurses.

- **Please include the following information for the following financial years: 2021/22, 2022/23, 2023/24, and 2024/25:**

1) Total number of days lost due to sick leave taken by NHS Nurses.

		Calendar Days Lost
2021-2022		55313
2022-2023		51411
2023-2024		48465
2024-2025		49637

2) The total number of NHS nurses who took sick leave.

		Number of Nurses with sickness
2021-2022		2035
2022-2023		2055
2023-2024		2239
2024-2025		2159

Cont.../

3) Total number of days lost to mental health issues taken by NHS nurses.

	S10 Anxiety/stress/depression/other psychiatric illnesses	Calendar Days Lost
2021-2022		11031
2022-2023		8156
2023-2024		9766
2024-2025		8664

4) The total number of nurses who required sickness absence on mental health grounds.

		Calendar Days Lost
2021-2022		242
2022-2023		210
2023-2024		234
2024-2025		253

5) The number of NHS nurses taking more than seven days of absence without a sick note.

We cannot answer this question as the staff group identification field is not complete for too many of the entries and so our figures would not be accurate.

6) The total number of days lost in excess of the seven days.

Please see answer to Q5.

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department (esh-tr.foi@nhs.net), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely
Freedom of Information Department
esh-tr.foi@nhs.net