

FOI REF: 25/340

27<sup>th</sup> May 2025

Tel: 0300 131 4500  
Website: [www.esht.nhs.uk](http://www.esht.nhs.uk)

## FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

**Do you offer Tier 3 weight management services (sometimes called specialist weight management services)?**

No.

**If yes, do you offer consultant-led Tier 3 weight management services?**

Not applicable.

**For each non-consultant-led Tier 3 weight management service:**

1. **How many patients were waiting for treatment at the start of April 2024?**

Not applicable.

2. **How many referrals to the Tier 3 weight management service were received per month from April 2024 to March 2025? (Please complete attached spreadsheet)**

Not applicable.

3. **How many patients started treatment per month from April 2024 to March 2025? (Please complete attached spreadsheet)**

Not applicable.

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**For each consultant-led Tier 3 weight management service:**

1. **Please confirm whether these referrals and activity are submitted in the Trust's RTT submissions.**

Not applicable.

2. **Please confirm which Treatment function code (TFC) is used for this activity.**

Not applicable.

3. **How many patients were waiting for treatment at the start of April 2024?**

Not applicable.

4. **How many referrals were received per month from April 2024 to March 2025? (Please complete spreadsheet)**

Not applicable.

5. **How many clock starts were there per month from April 2024 to March 2025 (Please complete attached spreadsheet)**

Not applicable.

6. **What are the mechanisms used to record clock stops/first definitive treatments (e.g. appointment, information provided etc)?**

Not applicable.

7. **Please provide the number of clock stops per month by mechanism from March 2024 to April 2025 (Please complete attached spreadsheet)**

Not applicable.

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department ([esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Freedom of Information Department  
[esh-tr.foi@nhs.net](mailto:esh-tr.foi@nhs.net)