

## Eastbourne Coronary Care Unit

### Coronary Care Unit

Coronary Care Unit (CCU) is a cardiac unit that is open 24 hours a day, 7 days a week for emergency admissions. Due to the acute nature of our Unit we must inform you that Coronary Care Unit operates as a mixed sex area.

### Staff

During your stay on CCU you will meet various multidisciplinary staff. These include: doctors, nurses, clinical support workers, student Nurses, physiotherapists, cardiac rehab nurses, cardiac technicians, Radiographers and House keepers. All of whom are here to help make your stay as pleasant as possible.

### What to expect

When first admitted to CCU please be aware that staff may be busy around you taking blood, ECGs, blood pressure etc. It can be daunting, but please do not worry as it is all necessary for your assessment and treatment. If appropriate you will be observed at all times with a heart monitor. Night times can be busy and sometimes noisy, however, ear plugs and eye masks are available to aid a good nights' sleep. Doctors do the ward round at 8:30 in the morning. Times do vary on weekends and bank holidays. In the mornings staff may take your blood and ECG at 0600 ready for the morning ward round.

### Property

Please ensure your valuable personal property stays at home. If you do choose to keep your property with you during your stay, it is against our advice & is your responsibility. A disclaimer will need to be signed on admission. Any electrical equipment you bring in must be tested by Trust engineers before being connected to the mains power supply. We recommend that you do bring in your current medications and any glasses, dentures, hearing aids or mobility aids etc. that you would normally use at home.

### Visitors' information

Visiting hours are from 2-8 pm, visiting outside these hours are allowed with prior arrangement from the nurse in charge. Please only two visitors at a time per patient, and visitors are kindly reminded that, due to infection control reasons, the sitting on patients' beds is not encouraged. We ask that you do not bring flowers due to Infection risk & the use of electrical equipment at the bedside.

### Sources of information

Coronary Care Unit – 0300 131 4500 ext 774134 / 735872

### Important information

This patient information is for guidance purposes only and is not provided to replace professional clinical advice from a qualified practitioner.

## Your comments

We are always interested to hear your views about our leaflets. If you have any comments, please contact the patient experience team on 0300 131 4784 or [esh-tr.patientexperience@nhs.net](mailto:esh-tr.patientexperience@nhs.net).

## Hand hygiene

We are committed to maintaining a clean, safe environment. Hand hygiene is very important in controlling infection. Alcohol gel is widely available at the patient bedside for staff use and at the entrance of each clinical area for visitors to clean their hands before and after entering.

## Other formats

**If you require any of our leaflets in alternative formats, such as large print or alternative languages, please contact the Equality and Human Rights Department on 0300 131 4434 or [esh-tr.AccessibleInformation@nhs.net](mailto:esh-tr.AccessibleInformation@nhs.net)**

After reading this information are there any questions you would like to ask? Please list below and ask your nurse or doctor.

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## Reference

The following clinicians have been consulted and agreed this patient information:

Professor Nikhil Patel Clinical Lead

Dr R Veasey Consultant Cardiologist

The Clinical Specialty/Unit that have agreed this patient information leaflet:

CORONARY CARE UNIT

Next review date: June 2027

Responsible clinician/author: Robert Springall (Charge Nurse)

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