

FOI REF: 25/507

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East Sussex
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6th August 2025

Tel: 0300 131 4500
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FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

- 1) **Does your NHS trust have specialist midwives dedicated to supporting women who use substances during the perinatal period?**

East Sussex Healthcare NHS Trust have no specialist midwives dedicated to supporting women who use substances during the perinatal period.

- **If so, please provide any documentation available for these services, such as referral guidelines, service protocols, or links to relevant webpages or online resources.**

East Sussex Healthcare NHS Trust's 'Clinical Guideline - Personalised Care' states: 'Substance misuse including alcohol and cannabis - Referral to STAR'.

Information regarding 'STAR' can be found via the following link: [Drugs - STAR Drugs and Alcohol Service - East Sussex](#)

- 2) **Are there any other dedicated services within your NHS trust area that provide care to women who use or are in treatment for substances during the perinatal period?**

STAR Drug and Alcohol Service East Sussex.

- **Please provide details on the service, including:**
 - a) **Who leads the service and which professionals are involved in delivering the care.**

Charity run by Change, Grow, Live (CGL).

Cont.../

b) Whether this service is a partnership between:

- i. NHS.**
- ii. Third sector organisations.**
- iii. Local authority.**
- iv. Other organisations.**

[Unknown, we do not hold this information.](#)

c) If applicable, whether the service involves a manualised intervention, is an outreach service, or has a specific location.

[2 Hubs \(Hastings and Eastbourne\).](#)

d) Whether the service is provided by a national organisation, or any other relevant details.

[CGL is a nationwide charity.](#)

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department (esh-tr.foi@nhs.net), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Freedom of Information Department
esh-tr.foi@nhs.net