

FOI REF: 25/608

27th August 2025

Tel: 0300 131 4500
Website: www.esht.nhs.uk

FREEDOM OF INFORMATION ACT

I am responding to your request for information under the Freedom of Information Act. The answers to your specific questions are as follows:

- 1. Please confirm if the trust uses digital Remote Patient Monitoring and/or Virtual Ward solutions in Weight Management.**

East Sussex Healthcare NHS Trust does not have a weight management Virtual Ward pathway nor dedicated weight management remote monitoring. Also, we don't have a paper-based version of this specifically for weight management

The Trust does not provide a weight loss service; however, patients who are seen for other clinical conditions may have weight monitored but it is not specifically for weight management alone.

- 2. If yes, please confirm the name of the solution and its contract end date**

Not applicable.

- 3. If paper-based, please advise of this also.**

Not applicable.

If I can be of any further assistance, please do not hesitate to contact me.

Should you be dissatisfied with the Trust's response to your request, you have the right to request an internal review. Please write to the Freedom of Information Department (esh-tr.foi@nhs.net), quoting the above reference, within 40 working days. The Trust is not obliged to accept an internal review after this date.

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Should you still be dissatisfied with your FOI request, you have the right of complaint to the Information Commissioner at the following address:

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire SK9 5AF

Telephone: 0303 123 1113

Yours sincerely

Freedom of Information Department
esh-tr.foi@nhs.net